

The Many Faces of Family and Consumer Sciences (FCS)



Lorna Saboe-Wounded Head South Dakota

AAFCS President, 2022-2023

“I was involved in 4-H in my youth and took FCS classes in high school. I was a member of our student organization (FHA now FCCLA) as an officer and participant in the events.

My involvement in FCS activities in my youth instilled a desire to work in the FCS profession. In college, I majored in FCS Education. My career has evolved from teaching at a middle school to working for Cooperative Extension, specializing in personal finances.

I love FCS because as FCS professionals, our work meets the needs of individuals, families, and communities to improve their well-being. I love knowing I am having a positive impact on the lives of our citizens.

My current work focuses on increasing knowledge and developing financial management skills. Everyone needs to manage their finances to meet their needs and to achieve goals. One content area of FCS is personal finance, but it impacts physical, mental, and nutritional health, relationships, and development. Our profession encompasses a lot of knowledge and skills that improve the well-being of individuals, families, and communities.”