

# The Many Faces of Family and Consumer Sciences (FCS)



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“My journey into Family & Consumer Sciences (FCS) began unexpectedly during my time as a Career and Technical Education (CTE) administrator.

While observing secondary FCS classrooms, I was struck by how seamlessly the curriculum intertwined life skills, professional readiness, and personal development. I realized that everything these teachers imparted to their students was not just academic—it was equipping them with the essential tools to transition successfully into adulthood and thrive in life beyond high school.

Today, I have the privilege of serving as an FCS teacher-educator, where I strive to make that same impact by preparing undergraduate and graduate students to carry forward the mission of this essential field.

What I find most rewarding is how FCS bridges personal growth and professional success. It’s not just about academics—it’s about developing compassionate, competent, and well-rounded individuals who can navigate life’s challenges and contribute meaningfully to society. I love the fact that the field touches so many areas—nutrition, financial planning, child development, housing, interior design, hospitality, and more—while always coming back to the core mission of enhancing quality of life.”