

The Many Faces of Family and Consumer Sciences (FCS)



Cara Simmons

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“My history with Family and Consumer Sciences (FCS) goes back to my 8th-grade home economics class. I really became involved in FCS in 2014 when I was hired as the director of the Student Success and Advising Center in the

College of Family and Consumer Sciences at the University of Georgia. My involvement deepened through my role as a board member with the Georgia Affiliate starting in 2015.

I love that FCS is always a relevant and timely discipline that is holistic and can be applied across the lifespan in various settings. I love the global impact of this field. The knowledge we share empowers individuals, families, and communities to thrive. Whether it's improving nutrition, managing finances, or strengthening communication skills, we're equipping people to build better lives, which has a ripple effect throughout society. It's a privilege to be part of something that makes such a positive difference on a global scale.

The skills and knowledge we share in Family and Consumer Sciences have the power to transform lives.”