

Tuesday, June 21, 2016

9:00am-5:00pm AAFCS Board of Directors Meeting (Lunch 12-1)

6:00pm-7:00pm AAFCS Board of Directors Dinner (*Invitation Only*)

Wednesday, June 22, 2016

8:30am-2:00pm Leadership Council Meeting (Registration at 8:30am, Official start at 9:00am, Lunch 12:00-1:00pm)

8:30am-4:00pm Pre-Conference Workshop: Accreditation: From Self-Study Report to Site Visit (open to all)

8:45am-3:00pm EDUCATIONAL EXCURSION: Food and Drink of Seattle: A Tour of the Starbucks Reserve Roastery and Pike Place Market (*Ticket Purchase Required*)

9:00am-12:00pm IHES Board of Directors Meeting

9:15am-3:00pm EDUCATIONAL EXCURSION: Global Perspectives on Wellness and Textiles: A Visit to the Gates Foundation and the Nordic Heritage Museum (*Ticket Purchase Required*)

10:00am-3:00pm EDUCATIONAL EXCURSION: Tour Bellevue: Uwajimaya and the Bellevue Botanical Garden (*Ticket Purchase Required*)

1:45pm-2:45pm Leaders in Family & Consumer Sciences Advisory Committee Meeting

3:00pm-4:00pm NCBDFCS Board of Directors Meeting

3:00pm-4:00pm IFHE-US Board Meeting Part 1

3:00pm-4:00pm Awards and Recognition Committee Meeting

Help us Kick Off the 107th AAFCS Annual Conference at our Opening Reception Event!!



4:00pm-6:00pm



The Elevate Your Health Reception is included in all Full, Student, and Thursday-only registrations.



Kick off your conference experience with fun, fitness and healthy snacks!



Meet local health and wellness vendors, engage in fun exercise activities, relax and catch up with colleagues!



Help AAFCS launch our Signature Initiative - *FCSfit!* Active-wear and casual attire are encouraged. Additional tickets may be purchased for \$45.

6:00pm-7:00pm National Coalition of Family & Consumer Sciences Educators Business Meeting

7:00pm-9:00pm IFHE-US Cultural Evening – “International Tea-less Tea Party” (*RSVP Required*)

Thursday, June 23, 2016

6:00am-7:00am Morning Exercise Options: Zumba, Downtown Walk

7:00am-8:45am NCBDFCS Business Meeting

7:00am-8:30am IFHE-US Board Meeting – Part 2

7:30am-8:30am ESAE Community Business Meeting

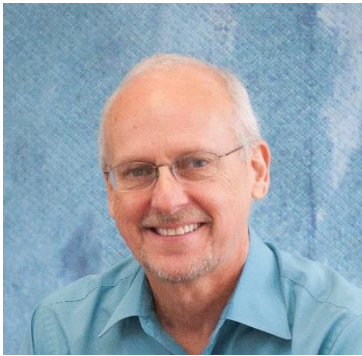
7:30am-8:30am Breakfast Events:

- Extension Community Breakfast: "Focus on Health" (*Ticket Purchase Required*)
- FRHD Community Breakfast: "Teaching Resources to Support Child and Family Well-Being" (*Ticket Purchase Required*)

Sponsored by:


Thursday Opening General Session
9:00am-10:30am

Featuring Dr. James Painter



Dr. James Painter, a Registered Dietitian, has authored and co-authored more than 100 professional, peer-reviewed papers and abstracts on the topics of nutrition and well-being. He has also co-authored a text book, *The Art of Nutritional Cooking, 3rd ed.* He currently serves as professor emeritus for the school of Family and Consumer Sciences at Eastern Illinois University. He is also an Adjunct Professor at the University of Texas School of Public Health and serves on the Scientific Nutrition Research Panel for the California Raisin Marketing Board and Paramount Pistachios. He consults for the National Pasteurized Egg Board, the Dairy Council, and Sun-Maid Corporation.

10:30am-11:45am AAFCS Community Showcase and Networking Coffee Break**Fifteen minutes to transition to Ticketed Luncheon Events-Tickets must be purchased by May 31st, 2016.****12:00pm-1:15pm Ticketed Luncheon*:*****Responding to the Needs of Unaccompanied Children Entering the United States***

A panel of members from the Global Perspectives Community will present highlights from the 2015 AAFCS Resolution on "Unaccompanied Children Entering the United States." They will describe ways in which members can address the issues and implement strategies for improving the well-being of these vulnerable children in their communities.

* Ticket Purchase Required to Attend

12:00pm-1:15pm Ticketed Luncheon*:***ESAE and National Teacher of the Year Luncheon, Sponsored by Goodheart-Willcox Publisher***

Sarah Puddy, founder of the Family and Consumer Sciences Group on Facebook, will speak, and the 2016 National Teacher of the Year will be honored.

* Ticket Purchase Required to Attend

12:00pm-1:15pm Ticketed Luncheon*:***The Legalization of Marijuana in Washington State: Big Business or Big Headache?***

Washington became one of the first states to legalize cannabis for recreational use in 2012. There have been challenges: the state licensing system for growers, processors and sellers, an enforcement system, education programs for adults on the hazards of recreational drug use and the documented effects of marijuana on the bodies of children and young adults. The speakers in this session will present the pros and cons of state legalization of a potentially harmful recreational drug. Sponsored by the Communities of Business & Entrepreneurship, Partners in Home & Community, and Non-Traditional Careers.

* Ticket Purchase Required to Attend

12:00pm-1:15pm Ticketed Luncheon*:***Mealtime Conversations: What's on the Plate of the New 2015 Dietary Guidelines for Americans?***

Making the right food and nutrition choices is important for good health and to improve our quality of life. Finding the most up-to-date information can be confusing. The Dietary Guidelines for Americans (DGA) was designed to provide evidence-based nutrition information and advice for people in developing a healthy eating plan. Please join us in breaking down the newly released 2015 Dietary Guidelines.

* Ticket Purchase Required to Attend

Thursday, June 23rd - Learning Tracks

Learning Track 1: Uses of Technology to Promote Wellness	Learning Track 2: Strategies to Improve Well-Being of Children & Youth	Learning Track 3: Healthy Practices for Boomers and Beyond	Learning Track 5: Financial Aspects of Health and Fitness	Learning Track 6: Spotlight on Mental and Emotional Health
1:30pm-2:30pm Apps for a Healthy, Motivated You	1:30pm-2:30pm The AAFCs "Dining In" on Family & Consumer Sciences Day Initiative: Exploring the Power of Family Meals	1:30pm-2:30pm Creating and Maintaining Family Traditions	1:30pm-2:30pm Taking FCS to the Streets: Resources to Improve the Well-Being of Military Families	1:30pm-2:30pm Taking Care of YOU! Strategic Goal-Setting for Self-Care and Well-Being of Busy FCS Professionals
Fifteen minutes to transition				
2:45pm-3:45pm Digital Leadership: Using the Internet & Social Media to Improve the Lives, Well-Being & Circumstances of Others	2:45pm-3:45pm The "Me" Not "We" Generation: Encouraging Empathic Behavior in Parents, Children & Teens	2:45pm-3:45pm How to Talk to Your Doctor for Older Adults: Effective Patient-Doctor Communication Skills	2:45pm-3:45pm Rural Single Mothers and Extension Educators: Building Relationships	2:45pm-3:45pm Best Practices in Stress Management for Healthy Living
Fifteen minutes to transition				
4:00pm-5:00pm #Twitter101	4:00pm-5:00pm Strategies to Enhance Health and Wellness in Minority Communities	4:00pm-5:00pm Implementing Sustainable Meal Planning Through Meal Mentoring at an East Texas Food Bank	4:00pm-5:00pm Meeting Life Literacy and Financial Literacy Needs of Children and Youth in Family & Consumer Sciences Classrooms	4:00pm-5:00pm Integration of Faith: Adjusting the FCS-BOK Lens to Focus on Well-Being

Filling the FCS Educator Pipeline: Summit for Action II **Friday, June 24th 10am-5:30pm**

AAFCs convened the *Filling the FCS Educator Pipeline: Summit for Action!* as part of the 2015 Annual Conference and is working with other stakeholders in the national **Say Yes to FCS** campaign focused on recruitment of educators for the discipline. Consistent with the need for sustained effort over time and building on findings, strategies, and momentum from the Summit for Action in 2015, **Filling the FCS Educator Pipeline: Summit for Action III!** will take place at the 2016 Annual Conference & Expo. *Summit II* will enable those new to the educator recruitment effort to design and implement campaigns specific to their circumstances. Likewise, *Summit II* will showcase, support, and advance successful educator recruitment models and strategies to help campaign veterans maximize the initiative's impact.

Thursday, June 23rd (continued) - Sessions of Special Interest and Evening Events

<i>Sessions of Special Interest</i>	<i>Sessions of Special Interest</i>	<i>Sessions of Special Interest</i>	<i>Sessions of Special Interest</i>
1:30pm-2:30pm Learning from Legends in Our Field	1:30pm-2:30pm Family & Consumer Sciences Research Journal Presentation of Best Paper Awards		
Fifteen minutes to transition to Educational Breakout Sessions			
2:45pm-3:45pm Learning from Legends in Our Field	2:45pm-3:45pm FCSRJ Panel on Seeking Funding, Collaborating on Research, and Preparing an Article	2:45pm-3:45pm Recruiting High School Students/Getting Others to Say Yes to FCS	2:45pm-3:45pm The MN Story: Building a Case for FCS, Creating a Persuasive Message, and then Batting the Programming Out of the Stadium!
Fifteen minutes to transition to Educational Breakout Sessions			
4:00pm-5:00pm NASAFACS Revisions for Standards in Family & Consumer Sciences Education	4:00pm-5:00pm FCS: Knowledge You Can't Live Without	4:00pm-5:00pm Surviving Your First Year of Teaching	4:00pm-5:00pm Teacher Shortage Data Clarity: An Update
4:00pm-5:00pm Afternoon Yoga			
EXPO GRAND OPENING Community of Colleges, Universities, and Research and Assembly of Higher Ed Poster Presentations 5:15pm-7:00pm			
6:15pm-7:00pm	Reception: Kappa Omicron Nu and AAFCS Honor the Legends of Our Field: Let's All Celebrate Our Colleagues' Achievements! (Ticket Purchase Required - * 1 ticket included with FCS Legends Full and Limited Registrations*)		
7:15pm-9:15pm	Dinner: Spotighting Legends in Family & Consumer Sciences, Sponsored by Kappa Omicron Nu, Phi Upsilon Omicron, & AAFCS: Join us for this special recognition! (Ticket Purchase Required - *1 ticket included with FCS Legends Full or Limited Registrations*)		

Friday, June 24th, 2016

6:00am-7:00am Morning Exercise Options: Zumba, Downtown Walk

7:00am-8:00am Community of CUR Breakfast (*Ticket Purchase Required*)

7:00am-8:00am Business Meetings:

- Family Economics and Resource Management (FERM) Community 2016 Education Award Presentation and Business Meeting
- International Federation for Home Economics -US (IFHE-US) Business Meeting
- Family & Consumer Sciences Research Journal Editorial Board Meeting

**8:00am -
10:00am****Expo Hall Special Events:**

- ➔ **Expo Coffee Break** – Meet and Mingle with Exhibitors who are providing cutting edge information, tools and resources to advance the field of Family & Consumer Sciences!
- ➔ **Learning from Legends** – Network with recognized legends of the field of Family & Consumer Sciences. Hear their stories, ask your questions and make the connections you need to propel your career!
- ➔ **AAFCS Showcase Your Work** – Back by popular demand! Our showcases and displays will be combined into one big event to highlight the integrative nature of our content areas. *This event includes the ESAE Curriculum Showcase and Silent Auction, the ATD Juried Showcase, Research Poster Presentations, the Twice as Nice Accessories Swap and the Student Unit Service Project.* Grab a cup of coffee and network with your peers while learning about their amazing work over the past year!

EXPO HALL OPEN 8:00am-12:30pm**Meet Our 2016 Exhibitors!**

- [American Cleaning Institute](#)
- [American Egg Board](#)
- [The Art Institutes](#)
- [CATCH \(Coordinated Approach to Child Health\)](#)
- [Goodheart-Willcox Publisher](#)
- [Haan Crafts](#)
- [Kappa Omicron Nu](#)
- [Learning ZoneXpress](#)
- [Nasco](#)
- [Sun-Maid Growers of California](#)
- [Take Shape for Life](#)

Thank you, Conference Sponsors**10:00am-5:30pm Filling the FCS Educator Pipeline: Summit for Action II**

Friday, June 24th - Learning Tracks

<i>Uses of Technology to Promote Wellness</i>	<i>Strategies to Improve W-B of Children & Youth</i>	<i>Healthy Practices for Boomers and Beyond</i>	<i>Financial Aspects of Health and Fitness</i>	<i>Spotlight on Mental and Emotional Health</i>	<i>Effective Design for Healthy and Active Living</i>
10:00am-11:00am Navigating Nutrition-Related Technology to Promote Health and Wellness	10:00am-11:00am iGrow Readers: Utilizing an EC Curriculum to Connect Admins & University Researchers to Enhance Healthy Behaviors	10:00am-11:00am Keep on the Sunny Side: Using Music to Enhance Social Connections and Mental Acuity in Aging Populations	10:00am-11:00am Improving Health and Increasing Wealth: Research Findings and Program Resources	10:00am-11:00am Creating Collaborative Relationships Among Universities, Teachers and Student Teachers: Best Practices	10:00am-11:00am Design of Healthier Interior Spaces: Impact on Wellness and Well-Being
Fifteen minutes to Transition					
11:15am-12:15pm Using Technology to Disrupt and Transform Teaching Practices	11:15am-12:15pm Children's Picky Eating and the Role of Family Environments	11:15am-12:15pm Understanding and Addressing the Impact of Elder Fraud	11:15am-12:15pm Can Simplifying Financial Behavior Lead to Financial Satisfaction?	11:15am-12:15pm Friend, Enemy, or Frenemy: Developing Healthy Relationships in Adolescence	11:15am-12:15pm Intersections of Interior Design, Well-Being, and the Home Environment
12:30pm-1:30pm					
Family and Consumer Sciences "Great Conversations" Luncheon (one ticket included in Full & Friday Registrations)					
<i>Uses of Technology to Promote Wellness</i>	<i>Strategies to Improve Well-Being of Children & Youth</i>	<i>Healthy Practices for Boomers and Beyond</i>	<i>Financial Aspects of Health and Fitness</i>	<i>Spotlight on Mental and Emotional Health</i>	<i>Effective Design for Healthy and Active Living</i>
	1:45pm—2:45pm Strategies for Integrating Physical Activity into Nutrition Education Programs	1:45pm—2:45pm Environmental & Nutritional Improvements to Reduce Falls Risk Among the Elderly	1:45pm—2:45pm 25 Financial Health Metrics		1:45pm-2:45pm Strategies for Promoting Health & Well-Being in Interior Environments
Fifteen minutes to Transition					
3:00pm-4:00pm Using Technology to Support Family Meal Time Initiatives	3:00pm-4:00pm Improving Youth Outcomes: FCS in Afterschool Programming	3:00pm-4:00pm Individualizing the Right Diet for 50 and Beyond	3:00pm-4:00pm Leveraging A Developmental Model For Teaching Youth Financial Capability	3:00pm-4:00pm The Influence of Stress on Child and Adolescent Obesity: Prevention & Intervention Strategies	3:00pm-4:00pm New Technology in Home Appliances: Helping Individuals & Families Improve Health & Well-Being
Fifteen minutes to Transition; 4:00pm-5:00pm Afternoon Yoga					
		4:15pm-5:15pm Financial Planning for the Second Half of Your Life	4:15pm-5:15pm Understanding Latino Families' Strengths: Lessons to Transform a Tough World Through FCS Practice		

Friday, June 24th (continued) - Sessions of Special Interest

<i>Sessions of Special Interest</i>	<i>Sessions of Special Interest</i>	<i>Sessions of Special Interest</i>	<i>Sessions of Special Interest</i>	<i>Sessions of Special Interest</i>
10:00am-11:00am Tackling Program Assessment: What You are Doing, What You Need to be Doing, and How to Do it Better	10:00am-11:00am Applying for AAFCs Awards, Grants, Fellowships and Scholarships	10:00am-11:00am Success Stories on The Affiliate Level: Leadership Academy Alumni Making a Difference	10:00am-11:00am How AAFCs Professionals Advocate for FCS Throughout the Country	10:00am- 11:30am Oral Research Presentations Part 1
Fifteen minutes to Transition				
		11:15am-12:15pm Accreditation: Evidence-Based Perception of Value – Let's Update	11:15am-12:15pm FCSfit: Be a Part of Something Bigger	
12:30pm-1:30pm				
Family and Consumer Sciences "Great Conversations" Luncheon (one ticket included in Full & Friday Registrations)				
<i>Sessions of Special Interest</i>	<i>Sessions of Special Interest</i>	<i>Sessions of Special Interest</i>	<i>Sessions of Special Interest & Special Event</i>	<i>Sessions of Special Interest</i>
		1:45pm—2:45pm Learning from Legends in Our Field	1:45pm—2:45pm Teaching 21 st Century Careers with Technology	1:45pm- 3:15pm Oral Research Presentations Part 2
Fifteen minutes to Transition				
3:00pm-4:00pm Collegiate Assembly: Refocusing the Perceptions of AAFCs Accreditation	3:00pm-4:00pm Public Policy Collaboration for Family & Consumer Sciences Education in a Changing Society	3:00pm-4:00pm Learning from Legends in Our Field	3:00pm-4:00pm Inclusion and Technology Together in the Classroom – It Works!	3:30pm-5:30pm Putting Research into Practice
Fifteen minutes to Transition; 4:00pm-5:00pm Afternoon Yoga				
4:15pm-5:15pm Assembly of Higher Education – AAFCs Strategic Directions & Implications for Higher Ed	4:15pm-5:15pm Connecting with School Counselors for the Well-Being of Your Local FCS Program		4:15pm-5:30pm Special Event Gratitude Reception: Honoring our 50-Year Members (Ticket Purchase Required)	4:15pm-5:15pm Lessons in Leadership – The Power of Three on December Third
5:30pm-6:30pm	FCS Alliance Liaisons: Let's Get (Re) Acquainted (By invitation only)			
6:00pm-7:00pm	Community of Partners in Home and Community Business Meeting			
6:00pm-7:00pm	Student Unit Social Night			
7:00pm-9:00pm	National Coalition for Black Development in Family & Consumer Sciences Banquet (Ticket Purchase Required)			
7:00pm-9:00pm	NASAFACS Family & Consumer Sciences Standards Workshop			

Saturday, June 25th, 2016

7:00am-9:00am	AAFCs Completes the Circle Fun Run/Walk (<i>Ticket Purchase Required</i>)
7:00am-10:30am	AAFCs Competency Exams (<i>Exam Purchase Required</i>)
8:30am-9:30am	Community of Business & Entrepreneurship Business Meeting
8:30am-9:30am	Calling All Collaborators for the Honduras Initiative: Developing the Initiative Together
8:30am-10:30am	"Hooking Up" to Help Others and Make a Real Difference
8:30am-10:30am	Assessment 102: Best Practices for Assessment of Student Learning in Higher Education
9:00am-10:45am	"Let's Talk" Fair
9:45am-10:45am	Past Presidents Unit Meeting
9:45am-10:45am	Professional Credentials Matter
9:45am-10:45am	Community of Global Perspectives Business Meeting

**11:00am-12:30pm Pacesetter Luncheon**

Join your colleagues as we recognize our Distinguished Service Award Winners, hear from leaders in our field and connect with peers, mentors and friends. The Pacesetter Luncheon is included in all Full, Student and Saturday One-Day Registrations.

1:00pm-2:00pm	Community of Apparel, Textiles and Design Business Meeting
1:00pm-2:00pm	NATEFACS Board Meeting
1:00pm-2:00pm	Community of Non-Traditional Careers Business Meeting
2:15pm-3:15pm	NATEFACS Business Meeting
2:30pm-6:00pm	FCS Alliance Part 1 (<i>Invitation Only</i>)
2:00pm-6:00pm	EDUCATIONAL EXCURSION: A Visit to Pike Place Market
2:00pm-6:00pm	EDUCATIONAL EXCURSION: Chihuly Garden & Glass
2:00pm-7:30pm	EDUCATIONAL EXCURSION: Chihuly Garden & Glass and Space Needle

Sunday, June 26th, 2016

8:00am-10:30am	FCS Alliance Part 2 (<i>Invitation Only</i>)
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AAFCs 107th Annual Conference & Expo Concludes

SAVE THE DATE!

AAFCs 108th Annual Conference & Expo

Dallas, Texas – June 25-28, 2017

Hyatt Regency Dallas

