



March 28, 2019

Dear Ms. Ray,

We watched your segment today on Good Morning America on the return of your “30 Minute Meals.” Your ability to connect people over delicious and creative food is so fun to watch!

In the segment, you mentioned the importance of people learning the skills to cook since “home economics” wasn’t taught in schools any longer. We’d love the chance to have a conversation with you – perhaps on your show? – that includes meeting some of our educators who teach family and consumer sciences (formerly known as home economics).

There are **more than 27,000 family and consumer sciences secondary educators who teach more than 3 million students nationwide.** These teachers - and often their students, too - are passionate about the subject, but, as your segment demonstrated, **we continue to need more public awareness about our field and its role in helping create healthy and sustainable families.**

Ms. Ray, we need vocal advocates like you to help spotlight how important family and consumer sciences is. *It’s not only a school subject, it’s the science and the art of living and working well in our complex world.* By including the family and consumer sciences curriculum in schools, students learn how to prepare healthy meals, how to budget and spend their money, how to maintain healthy relationships, and how to communicate effectively and make meaningful contributions to our communities. ***In short, they are equipped to lead better lives.***

The American Association of Family & Consumer Sciences (AAFCS) is honored to represent educators and future educators who believe in the impact of family and consumer sciences. On behalf of them, we appreciate your time in learning more about our field. We would love to work with you on a follow-up piece highlighting some of our exemplary teachers. I can be reached at cjackson@aafcs.org or 703-706-4611.

Thank you again for your continued work in advocating for people to learn how to cook -- for the pleasure, the taste, and the health benefits! We’d love to add “Family and Consumer Sciences Advocate” to your role, as well!

Sincerely,

A handwritten signature in black ink that reads "Cindy Miller".

Cindy Miller, CFCS, CPFFE
2018-2019 President

A handwritten signature in black ink that reads "Carolyn W. Jackson".

Carolyn W. Jackson, CFCS
Chief Executive Officer