AAFCS DSA Honoree Karen Bergh, Ph.D.


The DSA was established by the American Home Economics Association (AHEA) Foundation in 1979 as a living tribute to members to recognize superior achievements in family and consumer sciences, outstanding contributions to the family and consumer sciences profession, and sustained association leadership at both state and national levels.

Dr. Bergh, an Emeritus member, holds 21 years of AAFCS membership and was nominated by her fellow members in the Washington Affiliate of AAFCS. She has held professional positions as a Family and Consumer Sciences secondary teacher and higher education Family and Consumer Sciences teacher educator and program administrator since 1966. Throughout this time, she has been actively engaged in sustained leadership roles to advance Family and Consumer Sciences at the local, state, and national levels.

She believes in networking and collaborative problem solving and has served in various positions to that end, including chairing the AAFCS Annual Conference and Expo. Dr. Bergh has given conference and workshop presentations on the state, national, and international levels. She served on the task force to develop the National Standards for Teachers of Family and Consumer Sciences.

"Dr. Bergh’s selfless work and her lifelong commitment to give back to our profession have had a significant impact on our ability to recruit, prepare and support our FCS educators at the national level."

~ Jan Bowers, CFCS, National CEO, FCS Education Association and AAFCS member

As a teacher educator at Central Washington University, Dr. Bergh connected with interested institutional partners to develop an FCS Education graduate teacher certification program with the Great Plains IDEA. She has been the Summit Project Manager for a USDA grant, The National Partnership for Recruiting, Preparing, and Supporting Family and Consumer Sciences Educators. She believes in the importance of modeling leadership for her students, supporting them and encouraging them to network and to be active participants in professional organizations. AAFCS is honored to celebrate Dr. Bergh for her Distinguished Service to AAFCS and FCS!

About the American Association of Family & Consumer Sciences (AAFCS) Based in the Washington, D.C., area, AAFCS was founded in 1909 as the American Home Economics Association and is the only association for family and consumer sciences students and professionals across multiple practice settings and content areas. For 112 years, AAFCS has focused its mission on providing leadership and support for professionals whose work assists individuals, families, and communities in making more informed decisions about their well-being, relationships, and resources to achieve optimal quality of life. Through research, experiential education, and technology, our members help people develop the essential knowledge and skills to lead better lives, be work and career ready, build strong families, and make meaningful contributions to our communities.

About Family and Consumer Sciences (FCS) Family and consumer sciences or FCS is the field of study focused on the science and the art of living and working well in our complex world. The field represents many areas, including human development, personal and family finance, housing and interior design, food science, nutrition, and wellness, textiles and apparel, and consumer issues.