

AAFCS Awards of Excellence

Alexandria, Va. – August 9, 2021 – The following family and consumer sciences professionals were honored in the [Awards of Excellence program](#) at the American Association of Family & Consumer Sciences (AAFCS) Virtual Conference, held June 16-18.



Nicole Heflin

Professional Member, Indiana
Westfield High School FCS Teacher/FCCLA Academic Coach
Ivy Tech Community College Adjunct Instructor



Rebekah Luong, CFCS

Professional Member, Arkansas
Clinical Instructor of Nutrition and Family Sciences
University of Central Arkansas



Janine M. Duncan, CFCS

Professional Member, Kansas
Assistant Professor FCS Education, CTE Coordinator, Dept. of Curriculum & Instruction,
Kansas State University



Sharon "Sha" Pate

Emeritus Member, Florida
Management Consultant
AAFCS Community of Apparel, Textiles, & Design



Jeanne Schwass-Long, CFCS

Emeritus Member, Wisconsin
Coordinator, Stoughton United Methodist Food Pantry
& Former FCS Teacher



Nancy M. Shepherd

Professional Member, Texas
Former Assistant Professor,
Stephen S. Austin University



Alice Spangler, CFCS-Retired

Emeritus member, Indiana
Professor Emeritus, Ball State University
Foods and Nutrition Co-editor, FCSRJ

About the American Association of Family & Consumer Sciences (AAFCS) Based in the Washington, D.C., area, AAFCS was founded in 1909 as the American Home Economics Association and is the only association for family and consumer sciences students and professionals across multiple practice settings and content areas. For 112 years, AAFCS has focused its mission on providing leadership and support for professionals whose work assists individuals, families, and communities in making more informed decisions about their well-being, relationships, and resources to achieve optimal quality of life. Through research, experiential education, and technology, our members help people develop the essential knowledge and skills to lead better lives, be work and career ready, build strong families, and make meaningful contributions to our communities.

About Family and Consumer Sciences (FCS) Family and consumer sciences or FCS is the field of study focused on the science and the art of living and working well in our complex world. The field represents many areas, including human development, personal and family finance, housing and interior design, food science, nutrition, and wellness, textiles and apparel, and consumer issues.