Living Well in a Challenging World

Today, our society is faced with unprecedented challenges: from record rates of obesity and chronic disease, to staggering consumer debt and the ever-evolving future of work, to the complexities of navigating family life. Americans are faced with more hurdles to success than ever before.

While these challenges are daunting, a solution is already well within reach: Family & Consumer Sciences (FCS).

What is FCS?

In short, FCS is the key to success in today’s complex and challenging world. FCS provides the tools, the know-how and the resilience to meet any challenge head-on. From learning the value of a dollar, knowing how to prepare healthy meals and having the confidence to seek out and grasp opportunities, a foundation in FCS is a foundation for a successful life.

From the classroom to the boardroom, and everywhere in between, FCS professionals use an evidence-based approach to help people lay the groundwork for long, healthy and successful lives.

Our Focus Areas:

• Culinary arts, hospitality and tourism
• Education and training
• Food science and nutrition
• Health management and wellness
• Housing and interior design
• Human/child development and family relations
• Personal and family finance
• Textiles, apparel and retail

Our Practice Areas:

• Academic education:
  • Early childhood
  • Elementary
  • Secondary
  • Higher education
• Community education for adults and youth, including Cooperative Extension programs
• Business and industry
• Government
• Health and human services

Our Success is Your Success

FCS professionals are the coaches helping people overcome real-world obstacles. We are mentors making common sense out of complex issues. We are preparing people today for tomorrow’s challenges. We are architects of resilience and builders of success. We are FCS.

Build Success— Stand with FCS