

Suggested Preparation Resources

This reference list is not intended to endorse any particular source or author. Use of a specific reference does not guarantee successful completion of the test. However, development panel members have identified resources that they feel would be resources to address the domains and competencies within the assessment.

Books

Chamberlain, V. M., & Cummings, M. N. (2003). *Creative Instructional Methods for Family and Consumer Sciences*. New York: Glencoe/McGraw-Hill.

Galbraith, M. W. (2004, 3rd edition) *Adult Learning Methods: A Guide for Effective Instruction*. Malabar, FL: Krieger Publishing.

National Institutes of Health. *Theory at a Glance: A Guide for Health Promotion Practice*. Bethesda, MD: National Institutes of Health, National Cancer Institute; 1995.

Thompson, J. & Manore, M. (2012) *Nutrition: An Applied Approach*. San Francisco: Pearson Education, Inc.

Thompson, J. & Manore, M. (2013) *Nutrition for Life*. San Francisco: Pearson Education, Inc.

Web Sites

My Plate <http://www.choosemyplate.gov/>

<http://health.gov/dietaryguidelines/2015/>

<https://www.healthypeople.gov/2020/leading-health-indicators/Leading-Health-Indicators-Development-and-Framework>

<http://www.foodinsight.org/Content/6/Improving-Public-Understanding-Guidelines-For-Communicating-Emerging-Science-on-Nutrition-Food-Safety-and-Health.pdf>

<http://www.ncbi.nlm.nih.gov/>

<http://www.webmd.org>

<https://www.presidentschallenge.org/informed/digest/docs/200112digest.pdf>

<http://www.health.gov/paguidelines/>

<http://www.nutrition.gov>

<http://ndb.nal.usda.gov>

<http://www.foodsafety.gov>

<http://www.fda.gov/Food/default.htm>

Professional and Trade Organizations

Academy of Nutrition and Dietetics, <http://www.eatright.org>

American Association of Family and Consumer Sciences, <http://www.aafcs.org>

National Society for Nutrition Education and Behavior, <http://www.sneb.org>

National Association of Extension Family and Consumer Sciences, <http://www.neafcs.org>

National Association of School Nurses, <http://www.nasn.org>

American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD),
<http://www.shapeamerica.org>

American Public Health Association, <http://apha.org>