

Pre-PAC Instructional Resource Directory

Family and Community Services

The Pre-PAC Instructional Resource Directory provides a list of suggested resources that address the domains, competencies, and content of Pre-PAC assessments. Use of the references and resources do not guarantee successful completion of the assessment. AAFCS does not endorse any external products (textbooks, curriculum, etc), vendors, consultants, or documentation that may be listed in the Directory. While every effort will be made to ensure accuracy and reliability of content, AAFCS assumes no responsibility for errors or for use of the information provided. Additionally, AAFCS disclaims any and all liability for any claims or damages that may result from providing information contained on the site, including any Web sites maintained by third parties and linked to the Pre-PAC site. The responsibility for content rests with the organizations that provide the information. The inclusion of links from the site does not imply endorsement by AAFCS.

Books

Careers in Focus – Family and Consumer Sciences

Author: Lee Jackson

Publisher: Goodheart-Willcox

Description: This textbook, appropriate for use in secondary programs, addresses the variety of careers in family and consumer sciences. Several of the chapters focus on careers related to food service and culinary arts.

Contemporary Living

Author: Verdene Ryder; Marjorie B. Harter

Publisher: Goodheart-Willcox

Description: The text, appropriate for secondary programs, addresses the decisions, skills, abilities, and knowledge necessary for optimal personal and family development. The topics emphasized in the text are typically addressed through a variety of family and community service programs.

Developing Career and Living Skills

Author: Mary Sue Burkhardt

Publisher: EMC Publishing

Description: This text, appropriate for use in secondary programs, addresses the skills necessary to explore a variety of careers and to succeed in a professional work environment.

Dictionary of Social Work: The Definitive A to Z of Social Work and Social Care

Author: Martin Thomas

Publisher: McGraw Hill

Description: The comprehensive reference dictionary offers concise explanations of terminology and theories relevant to providing child and adult services. It has a wide range of uses in settings, such as social work, community care, residential care, child care, and other human service career areas.

Families Today

Author:

Publisher: Glencoe-McGraw-Hill

Description: The text, appropriate for secondary programs, addresses the decisions, skills, abilities, and knowledge necessary for family members to build relationships, fulfill various roles, adjust to challenges and crises, and manage resources. These topics are typically addressed through a variety of family and community service programs.

Foundations of Social Work Practice in the Field of Aging

Author: Roberta R. Greene; Harriet L. Cohen; Colleen M. Galambos; Nancy P. Kropf

Publisher: National Association of Social Workers Press

Description: This comprehensive reference addresses the knowledge and skills necessary to serve the older adult population through human service and social service agencies and programs.

OSHA Activity Workbook

Author:

Publisher: Glencoe-McGraw Hill

Description: The workbook addresses the safety issues and concerns associated with OSHA requirements and guidelines in various industries.

Parenting: Rewards and Responsibilities

Author:

Publisher: Glencoe McGraw Hill

Description: The text, appropriate for secondary programs, addresses the decisions, skills, abilities, and knowledge necessary for quality parenting. The text also includes content on parenting and family concerns and issues that might be addressed through family and community service programs.

Parents and their Children

Author: Verdene Ryder; Celia A. Decker

Publisher: Goodheart-Willcox

Description: The text, appropriate for secondary programs, addresses the decisions, skills, abilities, and knowledge necessary for quality parenting. One unit also focuses on parenting and family challenges that might be addressed through family and community service programs.

Reflections: Preparing for your Practicum and Internship

Author: Mary Bold; Lillian Chenoweth

Publisher: Delmar – Cengage Learning

Description: The text addresses career exploration, communication skills, and workplace ethics necessary for a successful work-based learning experience/internship and transition into careers in family and community service programs.

School to Career

Author: J.J. Littrell; James H. Lorenz; Harry T. Smith

Publisher: Goodheart-Willcox

Description: This text, appropriate for use in secondary programs, addresses the career and employment knowledge and skills necessary to transition and succeed in a professional work environment.

Strengthening Family and Self

Author: Leona Johnson

Publisher: Goodheart-Willcox

Description: The text, appropriate for secondary programs, addresses the decisions, skills, abilities, and knowledge necessary for individuals and families to build relationships, fulfill various roles, adjust to challenges and crises, and manage resources. These topics are typically addressed through a variety of family and community service programs.

Professional Association Websites

AARP

URL: <http://www.aarp.org/>

Description: AARP is a nonprofit organization that provides advocacy and resources regarding issues affecting individuals age 50 and over. The website features resources and information on a variety of topics, such as health, money, work and retirement, relationships, personal growth, and much more.

American Psychological Association

URL: <http://www.apa.org>

Description: APA is a professional membership association. The website provides information, news, and resources on a variety of psychological topics ranging from emotional health to bullying to aging. Most of the issues or topics emphasized on the website are addressed by family and community services programs.

Association for Gerontology in Higher Education

URL: <http://www.aghe.org/>

Description: AGHE is a unit of the Gerontological Society of America. The website provides information on career opportunities related to aging and also provides a “resources” section that features an annotated bibliography of books on aging for use in K-12 education settings.

National Council on Family Relations

URL: www.ncfr.org

Description: NCFR is a professional organization focused solely on family research, practice and education. In the public policy section of the website, there are numerous fact sheets and resources regarding issues and topics addressed by family and community service programs and agencies.

National Family Caregivers Association

URL: <http://www.thefamilycaregiver.org>

Description: The association educates, supports, empowers and advocates for the growing majority of individuals in the U.S. who serve as caregivers. The website features current information, news, research, and resources regarding family caregiving.

National Organization for Human Services

URL: <http://www.nationalhumanservices.org>

Description: The professional membership organization promotes improved service delivery systems by addressing not only the quality of direct services, but also by seeking to improve accessibility, accountability, and coordination among professionals and agencies in service delivery. The website provides information and resources focusing on human services careers and professional ethics.

Government Websites

Administration for Children and Families

URL: <http://www.acf.hhs.gov/>

Description: As an agency of the U. S. Department of Health and Human Services, the administration is primary agency focusing programs and services to children and families. The website provides information and resources on topics such as healthy marriage, child abuse and neglect, adoption and foster care, disabilities, and more.

Americans with Disabilities Act

URL: <http://www.ada.gov/>

Description: The website is a comprehensive resource of information regarding disabilities and the regulations and enforcement of the federal legislation.

Bureau of Labor Statistics Occupational Outlook Handbook

URL: <http://www.bls.gov/oco/>

Description: This government website provides information regarding careers and the associated duties/responsibilities, work setting, education and training requirements, salary, and projected growth.

Child Welfare Information Gateway

URL: <http://www.childwelfare.gov/>

Description: This government site provides access to comprehensive, current information and resources that focus on protecting children and strengthening families. Specific topics relate to child abuse and neglect.

Health Resources and Services Administration

URL: <http://www.hrsa.gov>

Description: As an agency of the U. S. Department of Health and Human Services, the administration is the primary agency focusing on improving access to health care services for people who are uninsured, isolated or medically vulnerable. The website provides information and resources on child and family health topics that may be addressed in family and community service programs.

National Institute of Child Health and Human Development

URL: <http://www.nichd.nih.gov/>

Description: This government site provides access to comprehensive, current information, publications, and educational resources that focus on the health and optimal development of children and families.

Occupational Safety and Health Administration (OSHA)

URL: <http://www.osha.gov/>

Description: The website provides resources and publications offering updated information regarding health and safety regulations in the workplace.

Other Resources – Curricula, Teaching Materials, Handouts, Etc.

ACT Against Violence

URL: <http://actagainstviolence.apa.org/>

Publisher: American Psychological Association

Description: ACT has compiled over 250 journal articles, book chapters, and other publications that address topics related to children, violence and violence prevention. The website provides a searchable database of these resources and targets both parents and education professionals.

Better Business Bureau

URL: <http://www.bbb.org/us/>

Publisher: Council of Better Business Bureaus

Description: The BBB ensures that high standards for trust are set and maintained for both businesses and consumers. They provide an unbiased source of educational information and expert advice that is free of charge and easily accessible.

Caring for Your Parents

URL: <http://www.pbs.org/wgbh/caringforyourparents/>

Publisher: WGBH Educational Foundation

Description: The website contains a wealth of online resources for people caring for aging parents, other relations, or friends. The site is also valuable for those who expect to become caregivers or are planning for their own future as they age. These resources include videos, interviews, and much more.

Children, Youth and Families Education and Research Network (CYFERnet)

URL: <http://www.cyfernet.org/>

Publisher: Children, Youth and Families Education and Research Network (CYFERnet)

Description: The website features practical research-based information from the nation's leading universities. It has a section related to parent/family and community resources that has numerous resources focusing on family and community service issues and programs.

eXtension Family Caregiving

URL: http://www.extension.org/family_caregiving

Publisher: Cooperative Extension Service

Description: The site is an interactive, online learning environment that provides related information and educational resources regarding caregiving, military families, grandparenting, relationships, and aging. The resources are developed by content specialists and researchers at land grant universities.

eXtension Parenting

URL: <http://www.extension.org/parenting>

Publisher: Cooperative Extension Service

Description: The site is an interactive, online learning environment that provides parenting related information and educational resources developed by content specialists and researchers at land grant universities.

Futures Without Violence

URL: <http://www.futureswithoutviolence.org/>

Publisher: Futures without Violence (formerly Family Violence Prevention Fund)

Description: The website provides resources and materials which can be ordered, including "No Excuse for Abuse" materials and brochures. The resources and information are available on topics and issues related to both workplace and family violence.

Guide to Careers in Child and Family Policy

URL: <http://cfp.igpa.uiuc.edu/>

Publisher: Child and Family Policy Consortium

Description: The Guide is a searchable database child and family careers in a variety of settings, such as government agencies, private sector companies, and non-profit organizations. The Guide provides information regarding career exploration, education and training, and job opportunities.

National Center for Victims of Crime Information

URL: www.ncvc.org

Publisher: The National Center for Victims of Crime information

Description: The website includes current information, news, resources, and materials on domestic violence, stalking and sexual assault.

National Coalition Against Domestic Violence

URL: www.ncadv.org

Publisher: National Coalition Against Domestic Violence

Description: The website provides current information for survivors and those dealing with violence. In addition, there are resources such as fact sheets, publications, etc that can be downloaded or accessed from the site.

National Resource Center on Domestic Violence

URL: <http://www.nrcdv.org/>

Publisher: National Resource Center on Domestic Violence

Description: The website features various publications and resources for organizations and individuals working to end domestic violence.

Prevent Child Abuse America

URL: <http://www.preventchildabuse.org/index.shtml>

Publisher: PCA America

Description: Prevent Child Abuse America provides information and resources regarding national, state, and local campaigns and initiatives designed to build awareness of and provide education for the public regarding the prevention of child abuse and neglect.

Psychology Help Center

URL: <http://www.apa.org/helpcenter/index.aspx>

Publisher: American Psychological Association

Description: The center provides tips, current information and research, videos, and resources on a variety of topics on work and school; family and relationships; health and emotional wellness; disasters and terrorism; and managed care and health insurance.

Resources from the Society for Child and Family Policy and Practice

URL: <http://www.apa.org/divisions/div37/resources.html>

Publisher: American Psychological Association Division 37

Description: The website provides activities and resources which include handouts with childrearing tips, curriculum guides on child maltreatment, and resources for evidence-based practice.

State Developed Curricula and Resources

URL: <http://www.doe.in.gov/octe/facs/NASAFACS/NASAFACS.html#states>

Publisher: NASAFACS

Description: This site provides access and links to state Family and Consumer Sciences Education program websites. Many states provide curricula, instructional resources, and materials for teachers providing instruction in the content areas associated with Pre-PAC Products.