



# FAMILY & CONSUMER SCIENCES

## THE PEOPLE-CENTERED SCIENCES

### DEFINITION

Field of study focused on the science and the art of living and working well in our complex world.

### VALUE

Through research, experiential education, and technology, our professionals help people develop the essential knowledge and skills to:

- Lead better lives
- Be work and career ready
- Build strong families
- Make meaningful contributions to our communities

### CONTENT AREAS

Our primary areas of focus include:

- Culinary arts, hospitality, and tourism
- Education and training
- Food science and nutrition
- Health management and wellness
- Housing and interior design
- Human/child development and family relations
- Personal and family finance
- Textiles, apparel, and retailing

Sustainable practices, consumerism, and leadership principles are woven throughout the content areas.

### PRACTICE SETTINGS

You will find professionals in:

- Academic education at these levels
  - Early childhood
  - Elementary
  - Secondary
  - Higher Education
- Community education for adults and youth, including Cooperative Extension programs
- Business and industry
- Government
- Health and human services

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