Greetings Fellow NCAFCS Members!

I am pleased to serve as your president for the 2017-2018 year! Over the past three years, I have learned so much about our organization and felt I have grown as a leader in the field of Family and Consumer Sciences. I could not have had these great experiences without the guidance and mentorship of Michael Holman, Derrick Fogg and the entire NCAFCS Executive Committee!! As a team, we work closely to ensure the vision and the mission of the organization is carried out – I am very appreciative of that!

One of my goals for our organization is to continue to increase visibility across the state of NC – to all 100 counties! The work we do and the information we communicate should attract families from the outer banks of Ocracoke Island to the rocky hills of the Blue Ridge Mountains. The services we provide and share should reflect diversity like the communities in which we serve. As a certified family life educator, my passion is to ensure healthy family functioning in all families. Therefore, I feel it is important to foster individuals and families with the skills they need to achieve optimally in all facets of their lives.

Continue to work diligently in your respective areas across the State! Let’s maintain our integrity and professionalism as we represent our organization in our classrooms, churches, communities, as well as in our homes. Each one of us is the “voice” of our organization and everything we say and do should speak loudly of how proud we are to be a part of NCAFCS! My challenge to each one of you is to reach out to schools, colleges, cooperative extension sites as well as other community agencies and share with them the work we do. Some will be surprised of the depth and breadth of activities in our organization and may find their niche in NCAFCS.

This year Family and Consumer Sciences will be celebrating 100 years of service to the community. What an exciting time to be part of such a rich legacy – remembering the past and honoring our promising future! Several great activities and initiatives are being planned across the State for this momentous occasion. Please plan to be engaged– and encourage a friend and/or colleague to join NCAFCS to share in the excitement!

Warm regards,

Meeshay Williams-Wheeler, Ph.D., CFLE
NCAFCS President

NCAFCS FOCUS
VOLUME 35 Number 1 Summer 2017
SAVE THE DATE...

NCAFCS 100th Conference is March 22-24, 2018
at the
Hilton Wilmington Riverside in Wilmington, NC.

100 years

1918 2018

Honor the Past. Envision the Future.

#NCAFCS18
Hotel Reservation Information

**Hilton Wilmington Riverside** offers an upscale experience in a prime location on the Cape Fear Riverfront. The downtown boardwalk location is within walking distance to popular attractions, nightlife, shopping and dining. Explore the area on a sightseeing cruise, walking tour or from a horse and carriage. Cap off a busy day with a dining treat at the on-site Ruth’s Chris Steak House or Innovations before retiring to an elegant guest room.


<table>
<thead>
<tr>
<th>Group Name:</th>
<th>North Carolina Association of Family and Consumer Sciences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group Code:</td>
<td>FAC</td>
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<tr>
<td>Check-in:</td>
<td>March 22-2018</td>
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<tr>
<td>Check-out:</td>
<td>March 24-2018</td>
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<tr>
<td>Hotel Name:</td>
<td>Hilton Wilmington Riverside</td>
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<tr>
<td>Hotel Address:</td>
<td>301 North Water Street, Wilmington, North Carolina 28401-3934</td>
</tr>
<tr>
<td>Phone Number:</td>
<td>910-763-5900</td>
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PAST-PRESIDENTS’ CHALLENGE…From the 2017 Annual Meeting to the 2018 Annual Meeting

In 2018, NCAFCS will celebrate its 100th Anniversary. Just as many members made a special effort to attend the AAFCS 100th Anniversary in Knoxville, Tennessee, we challenge all NCAFCS Past-Presidents and longtime loyal members to attend the 2018 NCAFCS 100th Annual Meeting.

Secondly, we challenge all NCAFCS Past-Presidents to send a donation to help fund a special event as celebration plans are made for 2018. A penny for each year ($1.00), 10 cents for each year ($10.00), one dollar for each year ($100.00), or any amount in between, will show new members that being a Family and Consumer Sciences Professional never loses its value!

Send your check to NCAFCS Executive Administrator Marilyn Y. Gore at P.O. Box 562013, Charlotte, NC 28256-2013, with note “2018 100th Annual Meeting Special Event” on the memo line.
Shannon Braxton participated in an educational immersion program "Costa Rica Food and Sustainability" through the Immersion Aboard Costa Rica company. The program was designed and led by Reno Palombit from NC Department of Public Instruction.

Ten North Carolina Family and Consumer Sciences teachers plus 2 teachers from Georgia embarked on this journey together from July 31 through August 9. Each teacher stayed in the home of a host family. The days were jammed packed with educational programming as well as fun excursions. The group had Spanish lessons, farm visits (chocolate, coffee, pineapple, sugar cane, botanical gardens - herbs, honey, goat cheese), cooking lessons with a local family to make tamales, discussions with entrepreneurs and visits to farmer’s markets to study local food products.

The 10-days were well planned and met the goal of the program to help teachers become global educators as it relates to food and sustainability practices beyond the borders of NC.

I am grateful I had the opportunity to attend.

Look for more information I learned and experienced in future newsletters, at NCAFCS conference and CTE Summer Conference
Call for Abstracts of Research  
NCAFCS 2018 Annual Conference  
March 22-24, 2018  
Wilmington, NC

The NCAFCS Research Committee announces a Call for Abstracts of Research to be considered for presentation at the 2018 North Carolina Association of Family and Consumer Sciences (NCAFCS) Annual Conference in Wilmington, NC. Abstracts will be judged in accordance with the following criteria:

- Significance, importance, or usefulness of the research
- Soundness of the research design
- Accuracy of analysis and interpretation of the research results
- Accuracy/relevance of the implications and/or conclusions
- Clarity and organization of written abstract, including meeting the requirements listed below

Acceptance for presentation, either poster or oral, obligates the author to register for and present his/her research at the annual conference.

Format for Abstract Submission

Abstracts must be submitted via email (Microsoft Word attachment) to Dr. Sung-Jin Lee (slee@ncat.edu) no later than December 15th, 2017. Submissions will be peer-reviewed, and applicants will be notified by January 17th, 2018. Two (2) abstracts must be submitted (one blind and one with author(s) information).

For blind: No identifying information about the authors should be included; the identity of the submitter, co-authors, or the submitter/co-author’s institution(s) should not be revealed. When citing own work use XXXX for the name.

The abstract must be clearly typed on plain white 8 ½ x 11-inch paper with 1-inch margins. The abstract attached should not exceed 1 page, 11-12 font. Works cited should be in APA format. Center the title of the presentation on the first line. Center the author(s) name on the second line followed by the institution affiliation. For your information, the 2017 conference proceedings can be found on the NCAFCS website: http://ncafcs.org/wp-content/uploads/2013/12/2017-NCAFCS-Conference-Proceedings.pdf

The abstract must include the following sections in the order given: (accepted and presented abstracts are published on the NCAFCS web site i.e., conference proceedings; therefore, abstracts MUST FOLLOW this format or they will not be accepted)

1. Title of the research
2. Name(s) and title(s) of the author(s), and the name(s) of the institution(s) (following each name, in cases of multiple authors)
3. Purpose and rationale
4. Methodology (including research design, data collection, and analysis procedures)
5. Findings
6. Conclusions and Implications for research and/or practice
7. Preference for the type of presentation (oral, poster, or no preference)
8. Corresponding author’s name and email address
CALL FOR NCAFCS AWARD NOMINATIONS FOR 2017-2018
Deadline: December 8, 2017

Check One:

☐ Professional of the Year Award, the highest honor given by the state association, recognizes members who have made outstanding achievements in family and consumer sciences; made significant contributions to the profession; and demonstrated sustained leadership and active involvement at the local, state and national levels as a longtime member of the profession. Eligibility: Actively employed in a family and consumer sciences related profession; or a current family and consumer sciences professional in home and community; or retired; consistent membership in AAFCS for 20 years or more.

☐ New Achievers Award recognizes emerging professionals who have exhibited the potential to make significant contributions to family and consumer sciences. Eligibility: Any AAFCS member who does not belong to the Student Unit, who has earned a family and consumer sciences degree, and who has completed three (3) to eight (8) years of service to the field is eligible to receive this award.

☐ Student Unit Award recognizes the pre-professional/graduate student who excels in academics; service to school and community; and leadership ability. Eligibility: Undergraduate or graduate Family and Consumer Sciences major who is a member of NCAFCS at the time of the nomination.

☐ Leader of the Year Award recognizes members who have made significant contributions to the family and consumer sciences profession through their involvement with AAFCS. Eligibility: Any AAFCS member who does not belong to the Student Unit and who has completed more than eight (8) years of service to the field.

☐ Teacher of the Year Award recognizes exemplary FCS teachers who utilize cutting-edge methods, techniques, and activities to provide the stimulus for and give visibility to family and consumer sciences elementary and secondary education. Eligibility: Employed as a full time, permanent family and consumer sciences teacher in grades kindergarten through 12 (K-12), or full time permanent FCS Teacher who has retired within twelve months of the nomination; three current consecutive years of active membership in NCAFCS including the year of the nomination; created and runs a FCS program that exhibits creativity, innovation, and cutting-edge techniques and alignment with State or FCS National Standards focused on an original, expanded, or substantially modified traditional FCS content area, OR, a teaching emphasis consistently embedded in the nominee's curriculum, i.e. service learning, technology, project based learning, STEM, communications. Recipients are eligible to compete at the national level.

NOMINATIONS MUST INCLUDE:
1. Nomination Form.
2. Letter of nomination from a current member describing the basis for the nomination (one-page maximum). For Teacher of the Year, include a description of the nominee’s educational program and address the eligibility requirements for the award.
3. Curriculum Vita/Resume including personal data, organizational membership and leadership roles, community and professional contributions, as well as other accomplishments. (For Student Unit award include student performance and accomplishments; community and student leadership roles.)
4. Two letters of endorsement separate from the letter of nomination

Return all forms and information to: Dr. Valerie L. Giddings, Office of Agricultural Research
North Carolina A & T State University, B-16 CH Moore, Greensboro, North Carolina 27411
Phone: 336/334-7612, FAX: (336)334-7674; e-mail: vlgiddin@ncat.edu

AWARDS WILL BE PRESENTED AT THE 2018 ANNUAL NCAFCS CONFERENCE.
NOMINATION FORM

Name of Nominee: ____________________________________________
Title: _______________________________________________________

School/Business: _____________________________________________
AAFCS #: ___________________________________________________

Address: ____________________________________________________
City: ___________________________ State: _______________ Zip: __________
Phone: ___________________________ Email: ______________________

Names and Addresses of Two (2) NCAFCS Members to Document Nominee's Qualifications (attach supporting letters)

Name: __________________________________ Name: _________________
Title: __________________________________ Title: _________________
Address: __________________________________ Address: _______________
City/State/Zip: __________________________ City/State/Zip: ______________
Phone: ___________________________ Phone: ______________________
Email: ___________________________ Email: ______________________

For Student Unit Award also include:
School: ______________________________________________________
Chapter Advisor: ______________________ Phone (office) _________________
Parents: _____________________________________________________
Address: ___________________________________________________
City: ___________________________ State: _______________ Zip: __________
Phone: ___________________________ Email: ______________________

Signature of Person Making Nomination: __________________________________

Name: ______________________________________________________
School/Business: _____________________________________________
AAFCS #: ___________________________________________________
Title: _______________________________________________________
Address: ____________________________________________________
City: ___________________________ State: _______________ Zip: __________
Phone: ___________________________ Email: ______________________
The North Department of Public Instruction is pleased to announce the approval of two new AAFCS Pre-PAC credentialing opportunities for secondary FACS students:

1) Fashion, Textiles and Apparel (FA32 Apparel and Textile Production II)

2) Food Science Fundamentals (FN43 Foods II- Technology)

The Pre-PAC portfolio of standards-based assessments and industry-recognized certifications are designed to help satisfy the growing emphasis on assessment and accountability in secondary and postsecondary education, including requirements for Perkins funding for Career and Technical Education, and credentials as a human resource and quality control tool in employment settings throughout the career ladder. These certifications are available to North Carolina Public Schools at a reduced rate of $20 for a single administration and $30 for test/retest administration. To become a certified test center, visit the following link: [http://www.aafcs.org/CredentialingCenter/test.asp](http://www.aafcs.org/CredentialingCenter/test.asp)

Please help us promote these certifications to related employers in your community. Direct them to FACS state staff to learn more about how they can use these credentials in their hiring processes.

For More Information:

Contact Lori Myers (Director of Pre-PAC)

Phone: 1-800-424-8080 or 703-706-4600

Pre-PAC Fax Line: 703-636-7648

Email: LMyers@aafcs.org
American Association of Family & Consumer Sciences
HUGS Sponsorship Form
Help for Undergraduate & Graduate Students

Calling all those who believe in the power of HUGS!
The future of our Association lies with the strength of the Student Unit.

Attention AAFCS members! This is your opportunity to support the future of FCS and create lasting relationships with the next generation of FCS professionals. Help introduce your passion to students interested in promoting and working in the field of family and consumer sciences.

NOTE: Find matches with the help of your affiliate or nearby campus offering FCS courses. The name of the student scholarship recipient and all moneys must be received together at AAFCS headquarters. Complete this form and return it to: Membership Department, AAFCS, 400 N. Columbus Street, Alexandria, VA 22314, or if using a credit card, you can fax the form to 703.706.4663.

SPONSORING MEMBER:

| Name: __________________________ Membership #: __________________________ |
| Daytime Phone: __________________ E-mail: __________________________ |

☐ I will sponsor a student member at $60 (Texas $70).
☐ I will co-sponsor a student member at $30 (Texas $35).

Enclosed is my check, payable to AAFCS in U.S. dollars only.
Please charge my account below: VISA MasterCard (circle one)
Card number________________________ Exp.Date____________________
Name on credit card__________________________________________
Signature___________________________________________________

Please copy this form if you wish to sponsor additional students. 10/02

**************************************************************************

STUDENT MEMBER*:

| Name: __________________________ Major/School: __________________________ |
| Mailing Address: ______________________________________________________ |
| Home Phone: __________________________ E-mail: __________________________ |

☐ Enclosed is my portion of the membership dues (check payable to AAFCS in U.S. dollars only).
☐ Please charge my account below: VISA MasterCard (circle one)
Card number________________________ Exp.Date____________________
Name on credit card__________________________________________
Signature___________________________________________________

*If you are a new student member, please include a completed membership application. 10/02

Please retain a copy of this form for your records.
**FCSfit Project Grants**

AAFCS is pleased to announce the availability of up to four FCSfit project grants up to $500 each for applicants to implement an FCSfit classroom or community-based project aligned with the FCSfit strategic initiative. Priority will be given to projects that are 1) creative, 2) innovative, and 3) collaborative.

The FCSfit Project Grant may be awarded to individuals or groups, though the project leader must be a current AAFCS member.

Up to two grants will be awarded in Fall 2017; the first grant application period is open and applications are due **October 6, 2017**. Applicants will be notified no later than October 20, 2017.

The grant application link is below, and an informational flyer is [http://www.aafcs.org/FCSfit/FCSfit_Project_Grant.pdf](http://www.aafcs.org/FCSfit/FCSfit_Project_Grant.pdf). If you have questions, email Sophy Mott, director of affiliate and member programs and FCSfit staff liaison, at smott@aafcs.org.

*Apply for the FCSfit Project Grant today!*

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**Good Snacking Choices**

Do your clients and students tend to come up short on their snacking choices? The grocery store "snack aisle" offers items that are usually filled with empty calories and they are expensive when compared to whole foods. But who has time to think of a bunch of creative snacks that everyone will like? We do!


Plus there are 2 recipes for no-cook snacks. These are great for contract foodservice, home-makers, and day care providers. Teachers in family and consumer science will love them. And WIC and SNAPED educators can share them. Share one a day in your social media or on your blog. Or demo them.

Have fun with them!

Judy Doherty, BS, AOS, PC II
Food and Health Communications, Inc.
[https://foodandhealth.com](https://foodandhealth.com)
[https://nutritioneducationstore.com](https://nutritioneducationstore.com)
Get Ready to Celebrate FCS Day 2017!

"Dine In" on Family & Consumer Sciences Day, December 3, 2017!

Since 2014, more than 300,000 people have committed to "Dining In" on Family & Consumer Sciences (FCS) Day! AAFCS honors Founder Ellen Swallow Richards by celebrating FCS Day on her birthday.

Through the FCS Day initiative, AAFCS provides information, tools, and research on the benefits of families preparing and eating healthy meals together. In 2017, the initiative will have a special focus on the financial aspects of family mealtime.

1. Visit www.aafcs.org/FCSday for ideas on how to celebrate and promote “Dining In” and develop a plan.
2. Commit to “Dining In” for Healthy Families on behalf of yourself, your family, or your group. **Text FCSDAY to 51555** to receive the sign-up form or commit on the FCS Day website.
3. **Order FREE stickers** to promote “Dining In” from the FCS Day website (while supplies last).
4. Follow AAFCS on **Facebook**, **Twitter**, and **Instagram** for ideas and updates.
5. Share our social media posts or create your own posts about family mealtime.
6. Pin your favorite family meal recipes to a “Dining In” Pinterest board.
7. If you’re planning to request a proclamation, **customize our template** and submit it early.
8. Send your ideas, resources, and articles to pr@aafcs.org for use on the website and social media.

NCAFCS FOCUS
VOLUME 35          Number 1 Summer 2017
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2017 – 2018
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2017– 2018
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Vacant

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Focus

Focus is published four times a year for members of North Carolina Association of Family and Consumer Sciences (NCAFCS). To become a member of NCAFCS, for non-member subscriptions or to place an advertisement in Focus, contact the Executive Director. NCAFCS is a not-for-profit 501-C3 organization. All contributions beyond dues are tax deductible to the fullest extent of the law. Your ideas and story contributions for future issues are always welcomed. Send your suggestions, comments and news items to the Executive Director at marilyngore2121@outlook.com or by mail to:

Marilyn Y. Gore, Executive Administrator
NCAFCS
P.O. Box 562013
Charlotte, NC 28256-2013

We are on Facebook
https://www.facebook.com/groups/545676802120188/

NCAFCS WEBSITE
WWW.NCAFCS.ORG

MARK YOUR CALENDAR FOR UPCOMING EVENTS

• **NEAFCS 2017 Annual Session**, October, 16-19, 2017, Omaha, NE
• "Dine In" on Family & Consumer Sciences Day, December 3, 2017!
• **NCAFCS Annual Conference 2018 – “100 Years - Honor and Envision the Future”** March 23 -24, 2018, downtown Wilmington, Hilton.
• **AAFCS 109th Annual Conference**, June 24-27, 2018 at the Atlanta Marriott Marquis, Atlanta, Ga - *Cultivating Social and Emotional Competence for Healthy Relationships*
• **NEAFCS 2018 Annual Session**, September, 24-27, 2018, San Antonio, TX