Dear fellow NCAFS members,

It is a wonderful time to be a Family and Consumer Sciences professional. Our celebrations on National Family and Consumer Science Day were inspiring. I encourage you to continue to post your activities in our Facebook group and to our twitter account (@NCAFS).

Your executive officer committee met in New Bern in October and toured the site of the annual conference. It is a lovely location—right on the water! Meeshay Wheeler & Reno Palombit are working hard to put together a fabulous conference, to include the latest and greatest in the field.

Early in the fall, Derrick Fogg and I were honored to represent the North Carolina affiliate at the AAFCS Leadership Council meeting. Michael Holman, AAFCS nominating committee member, also attended. We received information and updates on the business of the national association, as well as leadership training to help us in our work with the North Carolina Affiliate. Please take some time to read the article “Highlights of the AAFCS Fall Leadership Council Workshop” for more information from the national office.

I thank all of you for your hard work and support of Family and Consumer Sciences. I am looking forward to seeing everyone at our annual conference in New Bern, NC in April.

If you have any questions or concerns regarding our organization, please do not hesitate to ask.

Warm Regards,

Suzanne Lujan
NCAFS President
Michael Holman featured in the AAFCS Spotlight!

AAFCS/North Carolina Affiliate Member
Family & Consumer Sciences Educator

Michael Holman, North Carolina Affiliate 2015 Teacher of the Year, is excited about promoting Family & Consumer Sciences (FCS) Day! To introduce FCS Day to his students, he will be showing them the brief video by AAFCS CEO Carolyn Jackson, CFCS, that invites them to participate. Then Michael will be teaching a family-meal related lesson and his students will perform a lab that resembles USDA MyPlate. His students will use the FCCLA Planning Process to identify concerns and challenges with making a family meal, formulate a plan to address their challenges and concerns, take action, and evaluate the meal. The students will receive credit for cooking this meal with their families at home. Michael also hopes to receive coverage for FCS Day in the local newspaper and on the district's social media sites.

Personally, he plans on hosting a potluck lunch with his co-workers so he can share the benefits of "Dining In" with them too!

To learn more about FCS Day and make a commitment to "Dining In" for you, your family, or your group, please visit www.aafcs.org/FCSday.

With 2015 coming to a close, there are only a couple more weeks to make charitable donations. Why not consider NCAFCS! We have two scholarship opportunities – the Katherine B. Lyons Funds or the Augusta White Scholarship Fund. Make Checks payable to NCAFCS and send to NCAFCS, C/O Marilyn Y. Gore, Executive Administrator, P.O. Box 562013, Charlotte, NC 28256
Even as a retiree my husband and I dined in on December 3rd. I fixed a nutritious dinner for us and our Daughter, Son-in-law, 2 1/2 year old Grandson Fisher and 3 day old Grandson Case. Baby Case did not eat the meal GiGi fixed, Mommy provided his meal.

Hope to see you in April!!
Cathy Garrett
Aka Happy/Blessed GiGi!!

Lee Ann Williams enjoyed dinner IN with her sister and brother-in-law at their home in Mission Viejo, California. (We dine-in almost every evening when I visit -- except Friday nights)

December 3 Menu was:
- Pork Tenderloin Slices grilled on the "Lean Mean Grilling Machine"
- Smashed Red Potatoes w/ Homemade Turkey Gravy (leftover from Thanksgiving Dinner)
- Shredded Kale Slaw (our favorite from Costco)
- Homemade Persimmons Cookies w/ Pecans & Cranraisins
- Chardonnay BUTTER - a California white wine from Acampo, CA (Sonoma County)

Yes, my husband and I ate at home that night!!!
Carol Harper

 Cherokee Central Schools participated in dine-in

We set up sign-up stations outside the middle and high school cafeterias to get kids to sign up on the commitment site. We also brainstormed with the nutrition director and community leaders on some ideas to work toward next year. We plan to make it a schoolwide event that is promoted from the time we go back to school next fall. We will be having raffles and participant drawings for meal baskets and other related prizes that will promote a great "Dining In" experience for the whole family.

Kelley R. Canaday

Dinner at home with Michael Holman!

Jane Walker and five family members participated in the dining in.
Michael Holman and Friends Dine-In on December 3rd

Mayor McFarlane proclaimed Dec. 3rd as Family and Consumer Sciences Day in the City of Raleigh (https://drive.google.com/a/ncsu.edu/file/d/0B6ov5sMRVXWTkVXMnBCMTAwWU0/view?pli=1) and Mayor Jones proclaimed the same for the Town of Wake Forest (https://drive.google.com/a/ncsu.edu/file/d/0B6ov5sMRVXWTU5SWUwQTdwQkk/view?pli=1)

(Thanks Irma Bode, Wakefield High, for making the request).
Shannon Braxton and Husband Dine-In on December 3rd

Look up @megsnutrition on Twitter!
Meg Pepper
I had 85 at my Yates Family Thanksgiving Day Luncheon! Two brothers, four sisters came. (There were nine children in our family). We all invited our extended families and some of their friends.

One great niece brought her Chinese friend from NCSU, and another family member brought her in-laws, sister-in-law, husband and baby.

I had an African American friend to come again for the 11th year. He has no family living. He is a great singer and he sang, "Chestnuts Roasting On an Open Fire". WOW!

Another neighbor who lost his wife eleven years ago came and joined in our Thanksgiving.

My daughter brought a family of four. They have no family in North Carolina, and did not have the financial means to travel to New Jersey for the holidays. My daughter also brought her co-worker with USDA Farm Service, and husband. They have recently moved here from Chicago.

We had plenty of roast turkey, dressing and all our favorite vegetables and fruits. My brothers brought honey-baked hams. And everyone else brought desserts and side dishes.

My nephew has recently married a lovely Chinese woman, whom he met while working two years in China! She was well-received into the Yates household.

My nephew who serves in International Missions, brought his family. His daughter is leaving on a mission project for six months to work with Syrian refugees in Greece.

Many memories were made that day! The young people who came seemed so grateful to be part of this generational experience.

I am so thankful I could host this occasion once again this year. I have done it for eleven years.

Doris Yates Rogers

AAECS Member since 1962

Worked for NC Cooperative Extension for 35 years before retiring in 2000.

*Grateful for a professional career in Home Economics Education here in North Carolina.
Highlights of the AAFCS Leadership Council Workshop

Derrick Fogg and I were honored to attend the AAFCS Leadership Council Workshop in Alexandria, VA in September. Michael Holman, past president of NCAFCS was also in attendance, as a member of the AAFCS nominating committee. The purpose of the workshop is to provide training for the affiliate leaders and to provide information and updates to the state affiliates regarding the business of our association at the national level. I think it is important that our membership stays informed. With that in mind, the following is a brief synopsis of what we learned.

- The 3 strategic priorities for the organization were summarized. Advocacy & Collaboration, Education & Recognition, and Research & Innovation.
- The theme for the 2016 National Annual Conference will be “Health and Well-Being in a Changing Society”. The conference will be in Bellevue, Washington, June 22-25, 2016.
- Dine In day ideas and resources were shared.
- Roundtables were presented on such topics as Virtual Professional Development, Professional Certification, Accreditation, Annual Conference Proposals, etc.
- Lori Myers gave an overview on the work of the Family and Consumer Sciences Research Center. The Family and Consumer Sciences (FCS) Research Center can be accessed on the AAFCS website under research. It was established to:
  - Guide development of a research agenda supporting the Family and Consumer Sciences Body of Knowledge;
  - Advance utilization of the research agenda by scholars and researchers; and
  - Connect professionals with academic and research information and resources.
- Gay Nell McGinnis provided a summary of the work that has been done since the annual meeting in June, around the FCS Educator Recruitment work. Say Yes to FCS initiatives and resources can be accessed at aafcs.org.
- Steve Benson, AAFCS legal counsel, share information and training on taxes and advocacy do’s and don’ts
- Sophy Mott & Lori Myers demonstrated the capabilities of the MyAAFCS member portal.
- The AAFCS Student Unit officers presented their service project for the year, “Cardz for Kidz”. We had the opportunity to make cards for children who were in the hospital. The effort will be carried out throughout the year and will culminate at the annual meeting in June 2016.

The most valuable part of the workshop was the networking opportunities with all of the state affiliate leaders and the national AAFCS staff.
Greetings,

I wanted to take the time and thank everyone for their dedication to NC Family and Consumer Sciences. A special Thank you goes out to our past presidents this year for their generous support of our new and emerging student leaders. At our annual spring conference, they lead the charge in sponsoring over 7 new student members and they continued to show greater support by assisting the co-presidents with attending the fall Executive Board Meeting in New Bern, NC. I’m sure we all can remember the challenges we faced as student unit members - trying to attend school and be active in this association. As we begin moving into the season of giving, please keep in mind that our association will only grow if we set the example and support those that need the most help. Please take time and consider sponsoring a student unit member. Let our future FCS leaders know just how important they are to our association.

Lastly I would like to solicit input from our past-presidents as I currently finish up the process of revising of the NCAFCS membership handbook. What changes should be made? What items should be kept? I want to make sure that the handbook with all the processes and procedures that we have are relevant.

Michael Holman
Counselor and Past President

Merry Christmas
Joyce B. Miles featured in the AAFCS Spotlight!

AAFCS Emeritus Member
North Carolina Affiliate

Connect with Joyce on her blog at http://ellenswallowrichards.com/

While Joyce's visit to AAFCS Headquarters last year for the first annual Family & Consumer Sciences (FCS) Day, where she portrayed AAFCS founder Ellen Swallow Richards, was very exciting--especially the time spent she spent in AAFCS member Heather Jones’ middle school FCS foods lab--this past year was exciting for Joyce in other ways. While at the Annual Conference in June, she teamed up with two professionals from the AAFCS 2013 Leadership Academy Class, Menia Chester of the Georgia Affiliate and Elizabeth Creed of the Kentucky Affiliate. They met by phone once a month to share ideas and successes about the "Dining In" initiative in their communities.

One crucial lesson they learned was to activate and utilize their circles of influence. Every day in their work, volunteer efforts, and community activities, they intersect with a huge circle of friends, family, and colleagues. Each of these became a prime focus for sharing about the “Dining In” initiative.

Joyce prepared for her FCS Day promotional efforts by printing a display banner (print-ready file available through FCS Day website), ordering FCS Day stickers, and creating bookmarks to use at events. Then she met with her FCS county (Haywood) Extension agent, and the agent agreed to use the banner and pass out FCS Day stickers at the county fair. She also displayed the banner at a local Recovery Rally, where several hundred more were exposed to the banner and the idea of “Dining In.” Joyce met with the coordinator of the Healthy Haywood program in her community, and the coordinator agreed to several strategies, including publishing a half-page flyer explaining the “Dining In” initiative in the Fitness Challenge book available to everyone who signed up for the 8-week Fitness Challenge. Additionally, she met with the person in charge of human resources at a locally owned bank after reading a newspaper story on her efforts to start a Workplace Wellness Campaign. The woman was very interested in participating in the FCS Day initiative. Joyce sent a letter to the newspaper editor regarding the story, and it was published!

In addition to her community outreach efforts, Joyce provided FCS Day information to her university and media contacts, as well as local FCS secondary educators. Her contacts at Purdue University and Florida State University agreed to share FCS Day information with their networks. Joyce also met with the editor for THE GUIDE, a separate section of the local newspaper that is published with the Wednesday edition and contains special interest stories and things to do for the weekend. The editor agreed to feature FCS Day on the cover of December 2 edition of THE GUIDE! And she heard from one of the FCS educators she contacted that she featured "Dining In" for FCS Day outside the lunchroom with recipes and tastings to get the students excited about participating.
Although Joyce accomplished a lot for FCS Day this year, she's already gearing up to do more in 2016. Thank you, Joyce, for all you have done to support FCS Day!
This semester the East Carolina Association of Family and Consumer Sciences with the aid of the Apparel and Interior Merchandising Organization at ECU and under the direction of Dr. Cheryl Johnson and lead ECU student Sarah Cope made 22 simple dresses for young girls at the Madina Village School in Sierra Leone, Africa. The Madina Village School offers education to children who would otherwise not have that opportunity and is supported solely through donations from private individuals and churches.

We thank Dr. Weatherford from Clemson University for the opportunity to provide dresses to the girls that attend the Madina Village School, everyone who donated fabric and materials, and those who volunteered to help make dresses.

It was a joy to represent the North Carolina Association of Family and Consumer Sciences Student Unit with this service project.
Want to Be More Involved?

The NCAFCS Nominations and Elections Committee is pleased to announce the call for nominees for the following positions:

**President-Elect** – *This is a 3-year term. The first year this person will serve as President-Elect and he/she will serve as President in the following year. In the 3rd year the candidate will serve as Counselor/Past President*

**Vice-President of Program** – *This is a 2-year term. The first year, this person will be designated as the Second Vice-President Program and the second year he/she will be designated as First Vice-President Program.*

**Vice-President Membership** – *This is a 2-year term.*

**Vice-President Finance and Development** – *This is a 2-year term.*

**Nominations and Elections Committee (2 positions open)** – *Individuals elected onto this committee will serve 2-year terms. This committee should include members to represent the variety of FACS professions.*

Terms of office will begin in May 2016. This is a great way to serve the organization and profession!

If you are interested in nominating someone (or yourself) for any of these positions, please contact Beth Newcomb, Chair of the Nominations and Elections Committee and Vice-President of Membership at eanewcom@ncat.edu.

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**Seeking Public Policy and Advocacy Chair for NCAFCS**

*Are you right for this position?*

The responsibilities of the chair are to recruit committee members, provide leadership in establishing public policy and keep the Board of Directors and members of the Association informed of pending state and federal legislation which it deems to have a significant effect upon home, family life, and consumer issues. Please contact Suzanne Lujan at nclujan1409@gmail.com, if you are interested in serving
Save the Date - April 8 – 9, 2016

The NCAFCS 2016 conference will be held at the Doubletree by Hilton - Riverfront in New Bern, NC.

For more information contact: Meeshay Williams-Wheeler, Ph.D., CFLE
Phone: 336-285-3634
Fax: 336-334-7265
mwwheele@ncat.edu
Member News

Jayne McBurney has joined the North Carolina Cooperative Extension Service Northeast District as Family and Consumer Science Area Agent in Nash and Edgecombe counties. Jayne has a Master of Science degree in Home Economics Education from Ohio State University. She previously served as the Family and Consumer Science agent in Johnston County for 9 years.

Our Professional Mecca: The Lake Placid Club in Lake Placid, NY

In September, Barbara Long, Faye Haywood and Frances Parnell, all Family and Consumer Sciences professionals who have served education in North Carolina were privileged to visit what remains of the famous landmark, the Lake Placid Club. This club, located on the shores of Lake Placid, NY, is where our profession had its noble beginning. With pure water in hand they stood among others to toast Ellen Swallow Richards, for her vision and efforts to create a profession that would combine the sciences into a body of knowledge that would serve the common good for individuals and families over the past 100+ years.

A quick and informal survey that day revealed that every woman in this larger group had studied home economics in high school, been a member of FHA and/or 4-H Club.

It was a joy to hear them reminisce as it is not often we all get to pause and hear the glories of our efforts and how we have made a difference.

I am glad I chose to be a Family and Consumer Sciences professional for a lot of reasons.

Frances Baynor Parnell

News from A&T State University

Dr. Jane Walker was named Interim Chair of the Department of Family and Consumer Sciences in August 2015. Dr. Valerie Giddings was named Interim Associate Dean for Research and Dr. Shirley Hymon-Parker was named Interim Dean for the School of Agriculture and Environmental Sciences.
Call for Abstracts of Research
NCAFCS Annual Conference
April 7-9, 2016
New Bern, NC

The NCAFCS Research Committee announces a Call for Abstracts of Research to be considered for presentation at the 2016 NCAFCS Annual Conference in New Bern, NC. Abstracts will be judged in accordance with the following criteria:

- Significance, importance, or usefulness of the research
- Soundness of the research design
- Accuracy of analysis and interpretation of the research results
- Accuracy/relevance of the implications and/or conclusions
- Clarity and organization of written abstract, including meeting the requirements listed below

Acceptance for presentation, either poster or oral, obligates the author to register for and present his/her research at the annual conference.

Format for Abstract Submission

Abstracts must be submitted via email (Microsoft Word attachment) to Dr. Sung-Jin Lee (slee@ncat.edu) no later than February 10th 2016. Submissions will be peer-reviewed, and applicants will be notified by March 1st 2016. Two (2) abstracts must be submitted (one blind and one with author(s)’ information).

The abstract must be clearly typed on plain white 8 ½ x 11 inch paper with 1-inch margins. The abstract attached should not exceed 1 page, 11-12 font. Center the title of the presentation on the first line. Center the author(s)’ name on the second line followed by the institution affiliation.

The abstract must include the following sections in the order given: (accepted and presented abstracts are published on the NCAFCS web site; therefore, abstracts must follow this format or they will not be accepted).

1. Title of the research
2. Name(s) and title(s) of the author(s), and the name(s) of the institution(s) (following each name, in cases of multiple authors)
3. Preference for the type of presentation (oral, poster, or no preference)
4. Purpose and rationale
5. Methodology (including research design, data collection, and analysis procedures)
6. Findings
7. Conclusions and Implications for research and/or practice
CALL FOR NCAFCS AWARD NOMINATIONS FOR 2015-2016
Deadline: January 4, 2015

Check One:

☐ Professional of the Year Award, the highest honor given by the state association, recognizes members who have made outstanding achievements in family and consumer sciences; made significant contributions to the profession; and demonstrated sustained leadership and active involvement at the local, state and national levels as a longtime member of the profession. Eligibility: Actively employed in a family and consumer sciences related profession; or a current family and consumer sciences professional in home and community; or retired; consistent membership in AAFCS for 20 years or more.

☐ New Achievers Award recognizes emerging professionals who have exhibited the potential to make significant contributions to family and consumer sciences. Eligibility: Any AAFCS member who does not belong to the Student Unit, who has earned a family and consumer sciences degree, and who has completed three (3) to eight (8) years of service to the field is eligible to receive this award.

☐ Student Unit Award recognizes the pre-professional/graduate student who excels in academics; service to school and community; and leadership ability. Eligibility: Undergraduate or graduate Family and Consumer Sciences major who is a member of NCAFCS at the time of the nomination.

☐ Leader of the Year Award recognizes members who have made significant contributions to the family and consumer sciences profession through their involvement with AAFCS. Eligibility: Any AAFCS member who does not belong to the Student Unit and who has completed more than eight (8) years of service to the field

☐ Teacher of the Year Award recognizes exemplary FCS teachers who utilize cutting-edge methods, techniques, and activities to provide the stimulus for and give visibility to family and consumer sciences elementary and secondary education. Eligibility: Employed as a full time, permanent family and consumer sciences teacher in grades kindergarten through 12 (K-12), or full time permanent FCS Teacher who has retired within twelve months of the nomination; three current consecutive years of active membership in NCAFCS including the year of the nomination; created and runs a FCS program that exhibits creativity, innovation, and cutting-edge techniques and alignment with State or FCS National Standards focused on an original, expanded, or substantially modified traditional FCS content area, OR, a teaching emphasis consistently embedded in the nominee’s curriculum, i.e. service learning, technology, project based learning, STEM, communications. Recipients are eligible to compete at the national level.

NOMINATIONS MUST INCLUDE:
1. Nomination Form.
2. Letter of nomination from a current member describing the basis for the nomination (one-page maximum). For Teacher of the Year, include a description of the nominee’s educational program.
3. Curriculum Vita/Resume including personal data, organizational membership and leadership roles, community and professional contributions, as well as other accomplishments. (For Student Unit award include student performance and accomplishments; community and student leadership roles.)
4. Two letters of endorsement separate from the letter of nomination

Return all forms and information to: Dr. Valerie L. Giddings, Department of Family and Consumer Sciences
North Carolina A & T State University, 102 Benbow Hall, Greensboro, North Carolina 27411
Phone: 336/334-7850, FAX: (336)334-7265; e-mail: vlgiddin@ncat.edu

AWARDS WILL BE PRESENTED AT THE ANNUAL NCAFCS CONFERENCE.
NOMINATION FORM

Name of Nominee: ________________________________________________

Title: __________________________________________________________

School/Business: ________________________________________________

AAFCS #: ______________________________________________________

Address: ________________________________________________________

City: ___________________________ State: ________________ Zip: ___________

Phone: ___________________________ Email: _______________________

Names and Addresses of Two (2) NCAFCS Members to Document Nominee's Qualifications (attach supporting letters)

Name: ___________________________ Name: ___________________________

Title: ___________________________ Title: ___________________________

Address: ___________________________ Address: ______________________

City/State/Zip: _______________________ City/State/Zip: __________________

Phone: ___________________________ Phone: _______________________

Email: ___________________________ Email: _______________________

For Student Unit Award also include:

School: ______________________________________________________

Chapter Advisor: ___________________________ Phone (office) ______________________

Parents: __________________________________________________________________

Address: __________________________________________________________________

City: ___________________________ State: __________________ Zip: _____________

Phone: ___________________________ Email: _______________________

Signature of Person Making Nomination: __________________________________________

Name: ___________________________

School/Business: ___________________________

AAFCS #: ___________________________

Title: ___________________________

Address: ___________________________

City: ___________________________ State: __________________ Zip: _____________

Phone: ___________________________ Email: _______________________

2015-2016 Student Officers

Co Presidents: Courtney Parker, Meredith College & Alissa Ferguson, NC A&T
Vice President: Jasmine Alstons, NC A&T
Secretary/Treasurer: Amber Winslow, Meredith College
Public Relations: Sarah Cope, ECU

Stay in the Loop

Make sure that you checkout the new NCAFCS website: www.ncafcs.org
Augusta White Memorial Scholarship Fund

This memorial scholarship was established to assist undergraduate students majoring in the areas of Family and Consumer Sciences. The amount of the scholarship for 2016 is $200.00. **Deadline for application is February 1st.**

Requirements for Scholarship Consideration

Eligibility:

A. Majors in areas of Family & Consumer Sciences and attending four-year college in North Carolina.

B. Incoming freshmen students majoring in some area of Family and Consumer Sciences with limited finances. Freshmen with FCCLA organization background experience and a high school GPA of 2.5 or above.

C. Sophomore, Junior, Senior undergraduate students:
   1. Overall grade point average minimum of 2.7 or above on a 4.0 scale, with a 3.0 or above in major courses.
   2. Exhibits active status in one or more student organizations including the Association of Family & Consumer Sciences.
   3. Membership in AAFCS for at least one year.
   4. Three letters of recommendation:
      a. 2 faculty members in major;
      b. 1 faculty member outside major;
      c. 1 community or religious leader.

Contact Linda Cooper-Suggs at lcooper_suggs@yahoo.com for more information or to submit an application.

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**NCAFCS Focus Newsletter Deadlines**

January 4 – Winter Edition, with distribution by January 15
April 18 – Spring Edition, with distribution by May 1
**Guide To Grant Application**  
**Katherine B. Lyons Fund**  
North Carolina Association of Family and Consumer Sciences

**Applicant Deadline**  
Submit applications by March 1st. They must be received by the Katherine B. Lyons Fund Committee prior to the NCAFCS Executive Board meetings.

**Who May Apply**  
Any member of the North Carolina Association of Family and Consumer Sciences.

**What We Fund**  
Funds are used to develop and support projects and programs of NCAFCS that advance its goals of public affairs, research, professional growth, and development. Proposals are invited for creative and innovative projects that relate to the mission statement, program of work, or priority issues.

**How Funding Decisions Are Made**  
The Katherine B. Lyons Fund Committee reviews all applications and makes recommendations to the Executive Board based on the following criteria:

- Potential effectiveness of the project
- Potential impact of the project on the organization
- Justification of need for project
- Geographic impact and audience involved
- Innovative ideas

In determining grant amounts, the committee will consider:

- The overall rating of the application based on the criteria listed above
- The priority of funding of this application in relation to the total number of applications the committee reviews in a given year
- Applicant’s access to other sources of funds
- The amount of money available for grants (these change from year to year based on interest income)

**Restrictions**  
Funds are not to be used at anytime for ongoing operational expenses of the NCAFCS General Fund. Funds cannot be used for salary, purchase of equipment, office rental, or other indirect cost. Unused budget grant funds must be returned.
How To Apply for the Katherine B. Lyons Fund Grant

Complete the:
1. Summary Page
2. Narrative
3. Budget Proposal
4. Include a Resume’
5. Include Support Materials

Narrative
Write a narrative description of the project including the following:
- Title
- Purpose/objectives
- Justification of need
- Methods and procedures
- Schedule of activities
- Dates project to begin and end
- Plan for use of project
- Evaluation plan
- Plan for dissemination of information (suggestions)
  - Report at annual meeting
  - Exhibit at annual meeting
  - Article for NCAFCS Newsletter

Budget Proposal
Complete an itemized proposal budget. The following categories are suggested. (Specify the anticipated sources of other funds).
- Project Expense per Item
- Total Expenses for the project
- Grant Funds Requested
- Funds from other sources (include the name of the source)

Resume
Attach a one-page personal resume to be used in a press release and in consideration of application.

Support Materials
Additional information that may help present the project may be included.

Submit to:
Email the proposal to the NCAFCS Administrator, Marilyn Gore at mgore3@bellsouth.net.

For further information, contact Carolyn Turner, Katherine B. Lyons Chairperson, at carolynturner@bellsouth.net.
Katherine B. Lyons Fund Grant Application

Applicant
1. (Check one) Individual___ Committee___ Section___
2. Name of Group (if applicable) _________________________________________________
3. Name of Contact Person _________________________________________________
   Email address________________________________ Telephone No._______________________
   Title__________________________________________________________
   Mailing Address_______________________________________________
4. Undergraduate Student____ Graduate Student_____ (Check one, if applicable)
   Advisor’s Name____________________________________________________
   Department _______________________________________________________
   University Name ___________________________________________________
   Expected Date of Graduation________________________________________

Project
5. Project Title_________________________________________________________________
6. Grant Amount Requested $________________
7. Project Start Date: ______________ Project End Date: ______________
8. Summary of Proposal (Briefly summarize your request using no more than 50 words):
   __________________________________________________________________________
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I understand and accept the terms and conditions set forth in the “Rules Governing the Katherine B. Lyons Fund” including the requirement for a final project report (narrative and financial statement) to the Katherine B. Lyons Fund Committee three months after the project is completed and a presentation or an exhibit at the annual meeting.

Signature of Applicant_____________________________ Date_________________
Calling all those who believe in the power of HUGS!
The future of our Association lies with the strength of the Student Unit.

Attention AAFCS members! This is your opportunity to support the future of FCS and create lasting relationships with the next generation of FCS professionals. Help introduce your passion to students interested in promoting and working in the field of family and consumer sciences.

NOTE: Find matches with the help of your affiliate or nearby campus offering FCS courses. The name of the student scholarship recipient and all moneys must be received together at AAFCS headquarters. Complete this form and return it to: Membership Department, AAFCS, 400 N. Columbus Street, Alexandria, VA 22314, or if using a credit card, you can fax the form to 703.706.4663.

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<th>SPONSORING MEMBER:</th>
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<td>Daytime Phone: _________________ Email: ________________________</td>
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☐ will sponsor a student member at $60 (Texas $70).
☐ will co-sponsor a student member at $30 (Texas $35).

Enclosed is my check, payable to AAFCS in U.S. dollars only.

☐ Please charge my account below: VISA MasterCard (circle one)
Card number ________________________ Exp.Date ________________
Name on credit card ________________________
Signature ________________________

Please copy this form if you wish to sponsor additional students. 10/02

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<td>Mailing Address: ________________________________________________</td>
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<td>Home Phone: _________________ Email: ________________________</td>
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Enclosed is my portion of the membership dues (check payable to AAFCS in U.S. dollars only).

☐ Please charge my account below: VISA MasterCard (circle one)
Card number ________________________ Exp.Date ________________
Name on credit card ________________________
Signature ________________________

*If you are a new student member, please include a completed membership application. 10/02

Please retain a copy of this form for your records.
Mark Your Calendar: AAFCS Awards Nominations Are Due January 11, 2016!
By Roma Jean Bradburn, AAFCS Awards & Recognition Committee Chair

The Teacher of the Year Award, the graduate and undergraduate fellowships, and undergraduate scholarship nominations are due in the new year, January 11, 2016. Mark your calendars so that the date does not pass you by!

Remember that the Teacher of the Year Award guidelines were updated in 2014 to encourage more participation. Leaders are encouraged to select a winner at the affiliate level who will become a nominee at the national level. All affiliate winners who apply for the national award receive national recognition. It is an honor to be recognized as an affiliate winner and to become a member of this prestigious group.

Undergraduate and graduate students are encouraged to apply for the 2016 scholarships and fellowships. The winners are awarded $5,000 for educational expenses, plus $1,000 for AAFCS membership and conference expenses.

Visit the Awards section of the AAFCS website to access the information for applying for these prestigious awards.

Apply for the Cornell University College of Human Ecology History of Home Economics Fellowship!

The College of Human Ecology at Cornell University is accepting applications for the 2016 Dean's Fellowship in the History of Home Economics. We invite faculty members, research scholars, and advanced graduate students (must be eligible to work in the United States) with demonstrated background and experience in historical studies to apply for this post-graduate opportunity. The fellowship recipient will receive an award of $6,500 for a summer or sabbatical residency of approximately six weeks to use the unique resources available from the College and the Cornell University Library system in pursuit of scholarly research in the history of home economics and its impact on American society.

The deadline for receipt of all application materials is March 4, 2016. For additional information, see www.human.cornell.edu/fellowship/
BE A PART OF THE 2016 SPRING FORUM.
The North Carolina Parenting Education Network is accepting proposals from family and parenting professionals for the 2016 NCPEN Spring Forum. Presentations may highlight research, theory, pedagogical strategies, curriculum development, or other areas of interest related to relationships and/or mental health, with a specific emphasis on technology, social media, and/or their effects on parenting/parenting education. All sessions should (1) demonstrate application to the theme, (2) be relevant and informative; and (3) promote learner engagement.

To complete an RFP application visit the website at http://ncpen.org/spring-forum/

CREATING A PERSONAL FINANCE GUIDE FOR COLLEGE STUDENTS

Creating and managing a personal budget can be a challenging task, especially for college students who are facing new responsibilities and a limited income. That's why at BestColleges.com, we've created a personal finance guide for students, which includes:

- Steps for creating a budget
- An overview of popular budgeting tools
- An easy-to-follow list of money-saving tips

http://www.bestcolleges.com/resources/budgeting-in-college/
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Focus is published four times a year for members of North Carolina Association of Family and Consumer Sciences (NCAFCS). To become a member of NCAFCS, for non-member subscriptions or to place an advertisement in Focus, contact the Executive Director. NCAFCS is a not-for-profit 501-C3 organization. All contributions beyond dues are tax deductible to the fullest extent of the law. Your ideas and story contributions for future issues are always welcomed. Send your suggestions, comments and news items to the Executive Director at mgore3@bellsouth.net or by mail to:

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**NCAFCS Focus Newsletter Deadlines**

January 4 – Winter Edition, with distribution by January 15  
April 18 – Spring Edition, with distribution by May 1

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**MARK YOUR CALENDAR FOR UPCOMING EVENTS**

NCAFCS 2016 Conference, *Doubletree by Hilton - Riverfront* in New Bern, NC. April 7 – 9, 2016

**AAFCS 107th Annual Conference & Expo**, June 22-25, 2016, Bellevue (Seattle area), WA

**24th annual National Children & Youth Garden Symposium (NCYGS)** - Columbia, South Carolina July 14-16, 2016

**2016 NCEAFCS Conference... ROLLING WITH THE TIDE...** June 14-16 - at the Ramada Inn, Kill Devil Hill, NC

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**We are on Facebook**

https://www.facebook.com/groups/545676802120188/

**NCAFCS WEBSITE**

WWW.NCAFCS.ORG