

# What is FCS?

Family and Consumer Sciences (FCS) prepares students for real life. It teaches the skills every person, family, and community needs to thrive.

## FAMILY & CONSUMER SCIENCES

*Creating Healthy & Sustainable Families*



## FCS is the Answer:

### Life Skills:

- Cooking
- Nutrition
- Wellness

FCS gives you the tools to live healthier

### Strong Families & Communities:

- Child development
- Relationships
- Safety

FCS helps people grow, support, and understand each other.

### Future Careers:

- Education
- Human Services
- Design
- Nutrition
- Hospitality

FCS prepares you for meaningful, in-demand careers.

## What you gain:

- Hands-on learning
- Leadership and teamwork
- Financial Skills
- Problem-solving
- Confidence for life
- A path to college and careers

## Why FCS is the Answer:

Because everyone deserves the skills to succeed, in life, in work, and in community.

