“Family and Consumer Sciences” may make you think of cooking, family planning, or health-based studies, but it is so much more! Family and Consumer Sciences shapes America’s future by providing information about life skills, how to build healthy habits and relationships, healthy life choices, and other information to build a stronger future for families and their communities.

**HOW CAN FCS HELP YOU?**

- Teaches skills to succeed in your career.
- Provides skills in family and household management.
- Prepares you with life skills that can lead to a healthier future.
- Shares how to make meaningful contributions to our communities.

**WHERE CAN FCS BE FOUND?**

- In our school systems, from elementary school to college.
- Community education as well as Extension Programs.
- Businesses, industries, Human and Health Services.

**CAREER PATHS**

- Interior Design
- Health Management
- Financial Planning
- Hospitality
- Education
- Retailing
- And so many more!