



## Spring In-Person PAFCS Central Area Meeting 2023

*ELEVATE FCS with Sustainable Practices*

### Central Area

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#### Date/Time:

Saturday, April 29, 2023 | 8:30AM – 4:30PM

#### Address:

The Conference Center at Central Penn College  
600 College Hill Road  
Summerdale, PA 17093

#### Registration Fee

Member Rate: \$50

Non Member Rate: \$62.50\*

Student Rate: \$30

#### Program Description:

Change starts with action. Action requires innovative problem solving. During this full day conference, come explore ways you can make a difference as FCS professionals and discover how you can make the world greener by helping your students and clients make informed decisions about their well being and resources through sustainable practices.

#### Objectives:

Participants will:

- identify high effective size instructional strategies that can be incorporated into their coursework
- apply design thinking and problem solving teaching to content-specific coursework
- identify sustainability trends that impact the FCS profession
- define sustainable practices as they related to various FCS content areas
- create FCS content related to sustainable practices

#### Publicity Flier

Please share the [Publicity Flier](#) with your colleagues!

#### Presenters:

Allison Moyer, Education Consultant – PaTTan

Christina Ortega, K-12 Instructional Coach – Annville-Cleona School District

Sasha Roble, Cooperative Education Coordinator – Central Dauphin School District

Kim Graybill, FamilyConsumerSciences.com Website & Workshop Host

Lisa Golding, Family and Consumer Sciences Program Specialist – PDE

### ***Agenda:***

8:30 – 9:00 am	Registration
9:00 – 9:30 am	Round Table Networking
9:30 – 10:30 am	Session 1: Hattie's High Effect Size Instructional Strategies – Design Thinking and Problem Solving Teaching
10:45 – 11:45 am	Session 2: Best Practices in Design Thinking with a focus on Sustainability Shrinkflation The Shopping Bag Dilemma The Leftover Challenge Wasteful Watts
12:00 – 1:30 pm	Lunch & Awards Presentation PDE Update from Lisa Golding
1:45 – 2:45 pm	Session 3: Best Practices in Action DIY Shopping Bag (Sew or No Sew) Food Waste Hexagonal Thinking Activity
3:00 – 4:00 pm	Session 4: Sustainability in FCS Content Area: Game Creation
4:00 – 4:30 pm	Act 48 Evaluation & Networking

### **ACT 48 Evaluation/PDUs**

The Act 48 Evaluation Form Link will be provided the day of the conference. 5.5 hours of Act 48 will be reported by PAFCS for individuals that submit the evaluation form. PDU Certificates are available upon request by emailing Pat Hetrick ([plhetrick2@gmail.com](mailto:plhetrick2@gmail.com)), Professional Development Chair.

### **Pennsylvania Family and Consumer Sciences Standards:**

- 11.1.9. A. Analyze current conservation practices and their effect on future renewable and non-renewable resources.
- Refuse
  - Reduce
  - Reuse
  - Recycle
- 11.1.12.A. Evaluate the impact of family resource management on the global community.

- 11.2.9.A. Solve dilemmas using a practical reasoning approach
- Identify situation
  - Identify reliable information
  - List choices and examine the consequences of each
  - Develop a plan of action
  - Draw conclusions
  - Reflect on decisions
- 11.2.12.A. Justify solutions developed by using practical reasoning skills.
- 11.2.12.B. Evaluate the effectiveness of action plans that integrate personal, work, family and community responsibilities

### **Career Education and Work Standards (CEW):**

- 13.3.8.C. Explain and demonstrate conflict resolution skills:
- Constructive criticism
  - Group dynamics
  - Managing/leadership
  - Mediation
  - Negotiation
  - Problem solving
- 13.3.8.E. Identify and apply time management strategies as they relate to both personal and work situations.

### **National Family and Consumer Sciences Standards**

- 1.3.6 Identify ways individuals and families can influence change in policies, agencies, and institutions that affect individuals and families.
- 2.2.1 Analyze individual and family responsibility in relation to the environmental trends and issues.
- 2.2.2 Summarize environmental trends and issues affecting families and future generations.
- 2.2.3 Demonstrate behaviors that conserve, reuse, and recycle resources to maintain the environment.
- 3.2.3 Demonstrate strategies that enable consumers to become advocates.
- 3.4.2 Evaluate local, state, and national consumer programs and services, both private and government, to recycle and conserve energy and environmental resources.
- 3.4.3 Explore a variety of strategies and practices to conserve energy and reduce waste.
- 3.4.4 Examine waste management issues and local, national, international, and global issues.

## Hotel Accommodations

Quality Inn Enola-Harrisburg  
501 N Enola Rd, Enola, PA 17025  
Choicehotels.com  
\$90 per night + tax  
.5 miles from venue

Holiday Inn Express & Suites Harrisburg W – Mechanicsburg  
2055 Technology Pkwy, Mechanicsburg, PA 17050  
lhg.com  
\$125 per night + tax  
2.8 miles from venue

Best Western Plus Harrisburg Mechanicsburg  
4900 Woodland Dr, Enola, PA 17025  
Bestwestern.com  
\$200 per night + tax  
3.3 miles from venue

## Local Attractions

### *Nearby Shopping*

- West Shore Farmers Market
- Macris Chocolates
- Broad Street Market
- Hershey Outlets

### *Nearby Dining*

- Valley Bistro
- Jigsy's
- Center Street Grille
- Tavern on the Hill
- Dockside Willies
- Al's of Hampden/Pizza Boy Brewing Co.
- Millworks
- Visaggio's

### *Nearby Attractions*

- Pennsylvania State Capitol Complex
- Wildwood Park
- The State Mansion and Park
- City Island
- Hersheypark
- Hershey Gardens

See what else Central PA has to offer and plan your visit with

<https://www.visitcumberlandvalley.com/>.