

**NCVPRN Executive Board Meeting Agenda**  
**Teleconference**  
**August 20<sup>th</sup>, 2019 1pm-3pm**  
Voice bridge # 402-827-6122

*Committee Reports due to Rachel Werner by August 19<sup>th</sup>, 2019*

- I. Call Meeting to Order - at 1305-Emily, Rachel, Joanie, Lisa, Kristen, Buddy present-Pam joins later
- II. Secretary Report – Lisa-No changes or additions noted. Joanie Motion to accept, Motion 2<sup>nd</sup> by Emily. Motion Carried.
- III. Treasurer Report –Buddy-See page 5-Rachel motions to accept, Lisa seconds, Motion carried.
- IV. Committee Reports –Rachel
  - A. Membership/Communications/Outcomes – Dani Ronk-page 6
    - 1. Numbers are down-Is the info correct
      - a. Rachel to reach out to Teo with AACVPR to send email blast for reminder of membership dues.
  - B. Marketing & Development – Roberta Chilcoat-What does the board want on the board-
    - a. Welcome Kristin Meyer as new social media manager
    - b. Kristin to work on a social media for the board and reach out to Roberta-
      - 1. Rachel to introduce Roberta and Kristin per email
  - C. Health Policy & Reimbursement – Karen Hardy-Buddy gives report-

1. Update on the Bill HR 3911 has been introduced to move the date up for Mid-level supervision of Cardiac/Pulmonary Programs.
2. Bill for offsite will be introduced after recess. It is in legislation writing.

D. Program – Pam Gaines-See page 7-11

1. Application submitted for Nurse and RT CEU
2. 11 vendors have said yes for the conference for \$5000 support
  - a. In need of paypal for vendor payment
3. Buddy working on receiving credit card payments-
  - a. Paypal-Lisa to work with Angie Swantek and Buddy
4. Pre-Conference- emerging professional social to follow with an open ending time
  - a. Social was open to attendees new to the profession within the last 5 year
5. Pam will send brochure and flyer out after Labor Day
6. Pam to complete a site visit-Younes
  - a. Younes is just getting ready to open again after flooding.
7. Emily/Rachel to decide if AV equipment needed for meeting at fall conference

## V. Old Business

- A. Website update-Waiting for AACVPR for timeline in Jan 2020 per Teo.
- B. Social Media
  - a. Job description-See page 12
  - b. Needs approval at meeting
- C. Marketing NCVPRN to colleges waiting for progression from ACVPR.
  - 1. Send fall conference flyer to UNK/Hastings/UNO/Wayne -Buddy will work on
  - 2. Discount for student. Will have Pam list on the brochure-Emily to complete.
  - 3. \$50 for Thursday only for Student.
  - 4. Will require student registrant to provide student number upon registration and prove with student ID at door
- D. NCVPRN Program of the Year-
  - 1. Send another email blast with form attached.
    - a. Rachel to work with Teo.
    - b. Rachel to work with Adam to add to website.
- E. NCVPRN Strategic Plan: continued review
  - 1. Our focus: Growth & Participation
    - a. What is a good percentage of growth?
  - 2. Term limits for committee chairs?
  - 3. Mentorship program
    - a. Development-Send email blast looking for mentors to build list
    - b. announce at fall conference looking for mentees.
  - 4. Rachel with Emily to have one big email blast with membership AACVPR, program of the year, Mentor request.

VI. AACVPR National Conference - next meeting during the travel-will move to the Monday Sept 16-Have Pam update for voice bridge line

VII. New Business

A. Nominations for President Elect and Treasurer

1. Joanie to solicit for nominations
2. Sarah Provided some possibilities:
  - a. Kaylin LaBenz: [Kaylin.labenz@bryanhealth.org](mailto:Kaylin.labenz@bryanhealth.org)
  - b. Erin Nissen: [erin.nissen@bryanhealth.org](mailto:erin.nissen@bryanhealth.org)
  - c. Michaela Geiser: [Michaela.geiser@bryanhealth.org](mailto:Michaela.geiser@bryanhealth.org)

B. Nominations for awards-Place in email and vote by email

1. Dani send out separate email soon through a letter provided by Emily submission of nominations by the end of August.
  - a. New member
  - b. Committee member
  - c. Distinguished member

C. Sarah Holley, member at large position

1. Pam has her covered at program committee.
2. Need to network for people at fall conference-any ideas send out.

E. Budget-Joanie to work with Buddy to have ready

1. Rachel sent Power Point to Joanie

Next Meeting

September 17<sup>th</sup> @ 1pm

Emily adjourns meeting at 1415

Respectfully submitted,

Lisa Perrin BSN, RN, NCVPRN Secretary

These meeting minutes were approved at the September 16, 2019 NCVPRN Executive board meeting

**NCVPRN TREASURER'S REPORT  
LINCOLN FEDERAL SAVINGS**

**July 2019**

**Beginning Balance**  
**\$22,736.71**

**Income:**

Scottcare Fall Registration	\$700.00
July Interest	\$ 0.20

**Total Income:** **\$700.20**

**Expenses:**

**Total Expenses:** **\$ 0.00**

**Total NCVPRN Bank Balance**  
**\$23,436.91**

Respectfully submitted,

W. A. "Buddy" Goodenkauf, MS  
NCVPRN Treasurer

# Membership, Communications & Outcomes Committee

## 2016-current Report

Chair: Dani Ronk, Exercise Physiologist, CHI Health Creighton University Medical Center Bergan Mercy

Dee Dee Leinen, RN, BSN, Methodist Hospital

Renee Johnson, BS, Phelps Memorial Hospital

<b>Programs in Nebraska 10.2017</b>		<b>2014</b>
	Cardiac Only	28
	Pulmonary Only	1
	Both Cardiac & Pulmonary	46
	<b>Total Programs: Cardiac, Pulmonary or Both</b>	75
	No Program Available	13
<b>Hospitals in Nebraska "Find the N"</b>		88

<b>Certified Programs in Nebraska 10.24.2014</b>		<b>2014</b>
	Cardiac Only	20
	Pulmonary Only	1
	Both Cardiac & Pulmonary	11
	<b>Total Certified Programs</b>	32

<b>AACVPR/NCVPRN Joint Affiliate Members</b>	
Jan-19	99
Feb-19	No update
Mar-19	No update
Apr-19	No update
May-19	101
Jun-19	104
Aug-19	53

## CONFERENCE REGISTRATION

**\*No registrations will be  
accepted after September  
27<sup>th</sup>, 2019**

Online Registration:  
[ncvprn.org/event-registration](http://ncvprn.org/event-registration)

OR Mail Registration to:

Patricia Henry  
4105 Palamino Rd  
Kearney Nebraska, 68845  
308-455-3773

Member Numbers:

AACVPR# \_\_\_\_\_

Respiratory AARC # \_\_\_\_\_

Name \_\_\_\_\_

Facility \_\_\_\_\_

*Email address (for handouts)* \_\_\_\_\_

Phone number \_\_\_\_\_

Please indicate session(s) attending

☐ Pre-Conference Social/Speaker

☐ Fall Conference

Total: \$ \_\_\_\_\_

Check to include each registrant  
name & Payable to: NCVPRN:  
2019 Fall Conference

**Cancellation:** Due to facility  
requirements, cancel by Sept 27, 2019 to  
avoid \$25 processing fee.

### Purpose & Goal Statement

To provide information on current issues,  
lifestyle change, & trends in Cardiovascular &  
Pulmonary Rehabilitation. To provide  
networking among Cardiovascular &  
Pulmonary Rehabilitation professionals.  
Application for continuing education contact  
hours has been made to AACVPR for nurses &  
to AARC for Respiratory Therapists.

### 2019 Pre & Fall Conference

Younes Conference Center

416 W. Talmadge Rd,

Kearney, NE 68845

**Hotel Reservations @ Comfort Inn**

**#308- 236-3400.**

Conference rate \$97.95 per night plus lodging tax

Make reservations by phone and state you are  
with the Nebraska Cardiovascular & Pulmonary  
Rehab block to guarantee conference rate prior  
to September 23<sup>rd</sup> 2019.

### Registration:

**Day One:** October 2, 2019 Pre

Conference/CEUs **Cost: \$10.00**

**Day Two:** October 3, 2019

Fall Conference/CEUs included

Cost:

AACVPR NE Joint Affiliate Member **\$100.00**

Non Member **\$150.00**

**\*No registrations will be accepted  
after September 27<sup>th</sup>, 2019**

# Nebraska Cardiovascular & Pulmonary Rehabilitation Network



## 2019

## Fall Conference

## October 2<sup>nd</sup> & 3<sup>rd</sup>

**Younes Conference Center**

Kearney, Nebraska



## Pre Conference Presentation

### October 2nd

5:30pm-6:15pm

Registration & Social

6:15pm - 8:15pm

What's New in Cardiopulmonary Rehab? Part 1: Operational Update  
Reimbursement Review

~Pat Comoss

8:15pm - 8:30pm

Evaluation & Wrap UP

8:30pm

Emerging Professional Social

### Fall Conference October 3rd

7:15am - 7:45am

Registrations, Breakfast, Exhibits

7:45am - 8:00am

Welcome & Overview  
~Emily Thompson, NCVPRN President

8:00am - 9:30am

What's New in Cardiopulmonary Rehab? Part 2:  
Clinical Update & Best Practice. ~Pat Comoss

9:30am - 10:00am

Exhibitor Break

10:00am - 11:30am

Expert panel discussion: Ways to improve  
your Cardiovascular and Pulmonary Rehab  
program.

~Pat Comoss

~Teri Erickson

~Karen K Hardy

~Gayla Oakley

11:30am - 1:00pm

Lunch, Exhibits, and NCVPRN General  
Membership Meeting

1:00pm - 2:00pm

The importance of Cardiac and Pulmonary  
Rehab for Heart Failure and LVAD patients  
~Sarah Schroeder

2:00pm - 3:00pm

E-cigarettes, what should we be telling our  
patients? ~Teri Erickson

3:00pm - 3:30pm

Exhibitor Break

3:30pm - 4:30pm

Being with another: An emotion focused  
coping model. ~Tom Maxson

4:30pm - 4:45pm

Evaluation/Wrap Up

## Conference Speakers

**Pat Comoss, RN, BS, MAACVPR.** Nurse  
Consultant for Cardiac & Pulmonary  
Rehab, Nursing Enrichment  
Consultants, Inc.

**Teri Erickson, MA, ACSM,** Registered  
Clinical Exercise Physiologist, CHI  
Health & Certified Tobacco Treatment  
Specialist.

**Karen K. Hardy, RN, BSN,**  
FAACVPR, Director  
Cardiovascular and Pulmonary  
Services, CHI Health & Cardiac  
and Pulmonary Rehab, CHI  
Health Omaha Metro.

**Gayla Oakley, RN CCRP,**  
MAACVPR. Director Cardiology  
Services and Prevention, Boone  
Co Health.

**Sarah Schroeder, ACNP, BC, MSN,**  
RN AACC, VAD Nurse  
Practitioner/ Program Manager  
Bryan Heart.

**Tom Maxson, MS, LIMHP, LADC.**  
Outpatient Therapist -Insight  
Counseling and Recovery, LLC

Nursing and Respiratory  
CEUs pending



## Menu / Budget for Younes Center



<b>Pre Conference Projections = 70</b>	<b>Social</b>  Walking Taco's- build your own .....\$ 9.95 pp Hosted Drink tickets.....\$ 4.50 pp
<b>Full Day Conference Projections = 120</b>	<b>Breakfast.....\$ 13.95 pp</b>  <b>Breakfast Sundae</b> – fresh fruit, yogurt cups with toppings, Old Fashioned Cinnamon rolls. Coffee, Tea, Milk, juice
	<b>Lunch.....\$16.95</b>  <b>Plated Lunch</b> –Chicken breast glazed with Sherry And mushrooms, garlic mashed potatoes, house Salad, seasoned veggies, assorted breads, coffee, tea and milk.
	<b>Afternoon Break .....\$7.75 pp</b>  Vanilla Bourbon Crème Brule X 60 Cheese Cake Trio X 60 Soda selections



**Dear NCVPRN Members,**

**NCVPRN Fall Conference is in full swing and we are actively working with our speakers to present material that is meaningful to you. As you know, we ask you to suggest topics and speakers for the upcoming year. Per your request, we have assembled a panel of experts in Cardiopulmonary Rehab that are prepared to answer your questions and help you improve your programs. From your suggestions, our experts we will address the following topics to start with.**

- **How can Outcomes help you build a stronger program?**
- **What are current exercise and strength training techniques to teach our patients?**
- **How does the ITP improve our programs?**
- **How does Value Based Care affect our programs?**

**These are just a few, but now we want to hear from you. Please discuss with your co-workers. Are there questions that come up in your practice that you are clear about. If you have that questions.... Many more are too!**

**Please take a few moments to collect your questions and respond to the board and program committee by Sept 23<sup>rd</sup> [via email](#).**

**We appreciate your time and would love to hear from you.**

**Sincerely,**

**[NCVPRN Board](#)**

**[NCVPRN Program Committee](#)**

## **Job Description**

### **Development/Marketing Committee Chair**

#### **Primary Function:**

1. Responsible for development projects to generate funds for the NCVPRN.
2. To promote and organize public relations activities and promotes national Cardiac and Pulmonary Rehabilitation weeks.
3. To photograph and keep on a flash drive a collection of photos and memorabilia of the NCVPRN's meetings and events
4. Assist with Website updates

#### **Responsibilities:**

1. Studies NCVPRN fundraising potential, both existing and new, and makes recommendations to the Executive Board.
2. Develops and recommends additional outside sources of revenue for the NCVPRN.
3. In October, obtains information on National Cardiac and Pulmonary Rehabilitation weeks from the national AACVPR office. Place information on the web page and send reminders to members to promote said weeks. Encourage sites to email or send any special events held at their sites which can be shared on the web page.
4. In December or January, place on web page information regarding the Proclamation signing to be held in February.
5. In February, attend the Proclamation signing,
6. Prepares the display board for NCVPRN Fall meeting.
7. Provide web page with updates as needed.
8. Submits a committee report to the Executive Board monthly.
9. Attend and participates in all NCVPRN meetings as appropriate.
10. Provides a plan to achieve strategic goals.
11. Chair person shall receive Fall conference registration paid by NCVPRN. Mileage to Fall conference and mandatory meetings will be paid.

#### **Qualifications:**

1. Active member of AACVPR/NCVPRN joint affiliate
2. Previous fundraising experience on how to write and propose a fundraising project preferred.