



# March Strategic Planning & Board Meeting

March 19, 2026 9:00AM

Monthly Board Meetings in 2026 will be held the third Thursday of each month from 3–4 pm virtually.

**Executive Board:** Dani Ronk (President), Ashleigh Brown (President Elect), DeeDee Leinen (Treasurer), Angie Swantek (Secretary) & Heather Valasek (Member at Large)

### Committees

**Marketing & Development Committee:** Holly Leach (Chair), Camie Bremer, Austin Eldredge and Rachel Gentzler

**Membership Communication Committee:** Dani Ronk (Chair), Ashleigh Brown, Kimberly Derr, Cody Kamphaus and Jamie Andrews

**Program Committee:** Kathy Lierman (Chair), Patty Henry, Joanie Manning, Monica Vandegriend, Holly Leach, Camie Bremer and Dee Dee Leinen


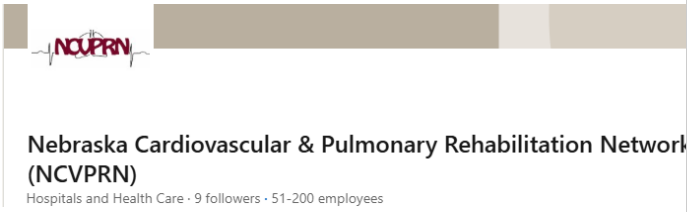
**In Attendance:** Dani Ronk, Dee Dee Leinen, Kathy Leirman, Heather Valasek, Ashleigh Brown, Rachel Gentzler and Angie Swantek

TIME	TOPIC	PRESENTER
9:00	Call meeting to order@ 0938 by Dani Minutes completed by: Angie Swantek	Dani
9:01	<b>Mission Statement:</b> To provide support, education and awareness of cardiovascular and pulmonary health to healthcare professionals, patients and community.  AACVPR offers many opportunities to learn, grow, and lead. One of the best ways to get involved is by joining a committee. If you have never served on one before, I encourage you to take that step. Your talents, enthusiasm, and perspective are essential as we continue to build momentum together.  Roberts Rules of Order is observed at our meetings meaning - any member of the board (or assembly) with voting rights has the authority to make a motion (proposal). A motion cannot be made by non-members or the public	Dani
9:02	<b>Secretary Report</b> <ul style="list-style-type: none"> <li>● Review 2/19/26 meeting minutes <ul style="list-style-type: none"> <li>● Motion to approve meeting minutes as corrected <ul style="list-style-type: none"> <li>● 1st Heather</li> <li>● 2nd Ashleigh</li> </ul> </li> </ul> </li> </ul>	Angie
9:10	<b>Treasurer Report</b> <ul style="list-style-type: none"> <li>● Review 2/19/26 treasurer report</li> </ul>	Dee Dee

	<ul style="list-style-type: none"> <li>● Review current checking account balance. <ul style="list-style-type: none"> <li>● Motion to approve treasurer report <ul style="list-style-type: none"> <li>● 1st Angie</li> <li>● 2nd Kathy</li> </ul> </li> </ul> </li> <li>● Discussion was held on current procedure for treasurer balance reporting as well as reimbursements occurring after events unless an exception is made by the board. It still takes two signatures of board members for expenses over \$750.00</li> <li>● Dee Dee's niece will do taxes. To determine what she would like to be paid at the next meeting. <ul style="list-style-type: none"> <li>● Motion to approve taxes to be completed by Dee Dee's Niece <ul style="list-style-type: none"> <li>● 1st Ashleigh</li> <li>● 2nd Heather</li> </ul> </li> </ul> </li> </ul>	
9:20	<p><b>Committee Reports</b></p> <p><b>Program Committee–Kathy</b></p> <ul style="list-style-type: none"> <li>● Kathy reports her committee will meet on 4/14 to discuss plans for the fall conference.</li> <li>● Kathy presented the updated vendor sheet so that when vendors pay for the conference tax will now be included.</li> <li>● Kathy reminded the board that any speaker gets \$100 in gratitude and is given a prepared thank you.</li> <li>● Those attending also discussed possible date changes for the fall meeting and new ideas for the meeting.</li> <li>● Please send any ideas on vendors or speakers to Kathy and her committee.</li> </ul> <p><b>Membership/Communication Committee - Dani</b></p> <ul style="list-style-type: none"> <li>● Current NCVPRN membership is 106. This time last year there were 111 members.</li> <li>● Update to “Find the N” information from all hospitals across the state!</li> <li>● Reminder, there is still time to renew your membership! Please encourage your co-workers to join and share the benefits of being a member of AACVPR!</li> <li>● Review of quarterly ALF Meeting in February was given by Dani with suggestions of: <ul style="list-style-type: none"> <li>○ Reaching out to Universities and invite students at a discounted rate</li> <li>○ Professional headshots and bios <ul style="list-style-type: none"> <li>■ 1/week - marketing and communication</li> </ul> </li> <li>○ \$75 discount early reg?</li> <li>○ AACVPR to send emails with the headshots/bios and reminders to register</li> </ul> </li> <li>● <b>Marketing &amp; Development Committee– Holly</b> <ul style="list-style-type: none"> <li>● Proclamation Signing at the Capital in March. Pictures to be placed on the website.</li> </ul> </li> </ul>	Dani
9:30	<b>Open Agenda Items</b>	Dani

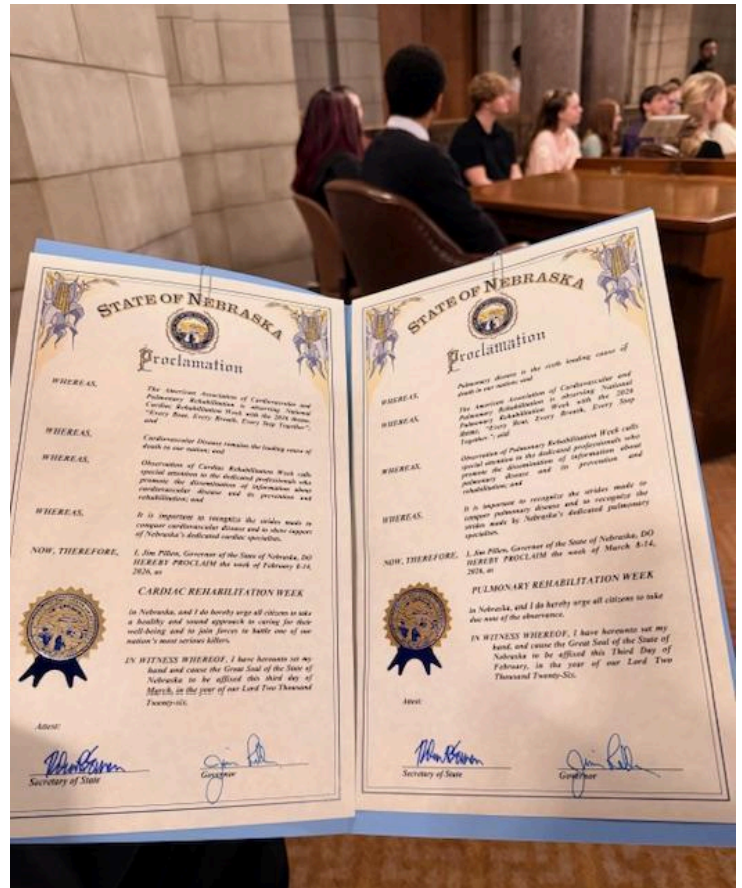
- New descriptions of committee responsibilities. Dani reminded each chair that she would like a description of their respective committee to be placed on the website. This would enable prospective members to choose which committee would be the best fit. Please complete by the April meeting.
  - Program Committee
  - Membership/Communication Committee
  - Marketing & Development Committee
- Succession Planning
  - Any suggestions on how to get new members? Continue to advocate for NCVPRN in your hospitals.
- Upcoming AACVPR Webinars:
  - [Patient Engagement and Retention in Pulmonary Rehabilitation Programs](#) – March 24, 2026 12–1 pm
  - [Live Webinar: Improve Your ITP for Certification Success](#) – April 30, 2026, 12:00 – 1:00 pm CT
  - [Exercise Prescription Masterclass](#) – May 12, 2026, 9 am – 2 pm
- Cardiac and Pulmonary Rehab Weeks
  - Pulmonary Rehab Week: March 8–14, 2026
  - How did everyone’s PR week go?
  - Ideas were shared by those attending on how PR week was celebrated in their facility.
- A.L.F. is June 13–14<sup>th</sup>. – Registration is open. Deadline Friday June 5th. Discounted room by Friday, May 22nd. [ALF Registration](#)
  - President Elect – Ashleigh Brown
  - Second person? Will the budget allow?
    - It was decided that this year Ashleigh would attend by herself.
  - DOTH – March 3–4th
    - Dani & Pam attended.
    - They were able to meet with 3 of the 5 Nebraska reps and had a special tour.
    - Dani shared the two prospective bills that were being proposed at DOTH. The SOS Act and Virtual care extension.
- AACVPR National Conference will be Sept 30 – Oct 2 in San Antonio, TX
  - The decision was made to get back on track with our Bylaws and send the President next year.
- **Other items:**
  - AACVPR Affiliate Leader Update:
    - On-Demand Education Offerings
      - [Leading Cardiac and Pulmonary Rehabilitation: A Medical Director's Guide to Best Practices](#) -- This self-paced, on-demand course provides Medical Directors with a concise yet comprehensive overview of their role supporting cardiac and pulmonary rehabilitation programs.
      - [A Life Course Approach to Cardiovascular Risk in Women](#) – The recording of the highly rated February webinar, from Dr. Thais Coutinho, MD!

	<ul style="list-style-type: none"> <li>● <a href="#">Take One for the Team: Well-Being Practices to Bring Back to Your Cardiopulmonary Rehab</a> -- As healthcare professionals, we have all heard the buzzwords of “work-life balance,” “boundaries,” and “workplace wellness.” But how do we attain better well-being as individuals and teams working in cardiac and pulmonary rehabilitation?</li> <li>● Other Affiliation Attendance: <ul style="list-style-type: none"> <li>● Dee Dee would like to attend the IA conference this Spring in April. She will investigate registration and fees. <ul style="list-style-type: none"> <li>● Motion to approve Dee Dee attending the IA Conference <ul style="list-style-type: none"> <li>● 1<sup>ST</sup> Ashleigh</li> <li>● 2<sup>nd</sup> Heather</li> </ul> </li> </ul> </li> </ul> </li> <li>● Brief discussion on future updates from those that attend A.L.F./National/D.O.T.H.</li> </ul>	
9:50	<b>BRAIN BREAK</b> – Dani gave a tour of her Cardiac Rehab and office area and the building we were located in.	
10:15	<p><b>Strategic Planning</b></p> <ul style="list-style-type: none"> <li>● Open Board Positions for 2027 <ul style="list-style-type: none"> <li>○ President-Elect</li> <li>○ Treasurer-Elect</li> <li>○ Will vote at the Fall Conference</li> <li>○ Who will be responsible for sending out nomination forms as we do not have a current Past President? Dani</li> </ul> </li> <li>● Review <ul style="list-style-type: none"> <li>○ Job Descriptions were reviewed and updates made. Dani will update and get to Austin to update. <ul style="list-style-type: none"> <li>■ President</li> <li>■ President Elect</li> <li>■ Past President</li> <li>■ Secretary</li> <li>■ Treasurer</li> <li>■ Treasurer Elect</li> </ul> </li> <li>○ Committee Job Descriptions were reviewed and will be made more uniform for each committee. <ul style="list-style-type: none"> <li>■ Program (Chair) - Kathy Lierman <ul style="list-style-type: none"> <li>● Committee - Patty Henry, Joanie Manning, Monica Vandegriend, Holly Leach, Camie Bremer and Dee Dee Leinen</li> </ul> </li> <li>■ Membership/Communication (Chair) - Dani Ronk <ul style="list-style-type: none"> <li>● Committee - Ashleigh Brown, Kimberly Derr, Cody Kamphaus and Jamie Andrews</li> </ul> </li> </ul> </li> </ul> </li> </ul>	Team

	<ul style="list-style-type: none"> <li>■ Marketing/Development (Chair) - Holly Leach <ul style="list-style-type: none"> <li>● Committee - Camie Bremer, Austin Eldredge and Rachel Gentzler</li> <li>● FB/Linked In sites need a manager - Rachel <ul style="list-style-type: none"> <li>○ NCVPRN Facebook/LinkedIn pages <ul style="list-style-type: none"> <li>■ Facebook 86 followers</li> <li>■ LinkedIn 5 followers</li> </ul> </li> </ul> </li> </ul> </li> </ul> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <ul style="list-style-type: none"> <li>● Website management - Austin <ul style="list-style-type: none"> <li>○ NCVPRN Website - <a href="https://central.aacvpr.org/ncvprn/home">https://central.aacvpr.org/ncvprn/home</a></li> </ul> </li> </ul>	
12:00	<b>LUNCH BREAK</b>	
12:30	<ul style="list-style-type: none"> <li>● New Business <ul style="list-style-type: none"> <li>○ The 2026 Budget was discussed/reviewed. <ul style="list-style-type: none"> <li>■ Motion to accept changes <ul style="list-style-type: none"> <li>● 1st Dani</li> <li>● 2nd Ashleigh</li> </ul> </li> </ul> </li> <li>○ Change to mileage reimbursement? 2025 was \$0.67 New mileage reimbursement for 2026 is now \$0.725.</li> <li>○ Annual Calendar of events - proposed in 2025</li> <li>○ In 2023, did NCVPRN offer quarterly zoom meetings hosted by the current President? <ul style="list-style-type: none"> <li>■ Goals at that time were: Networking, Q&amp;A, Committee Updates, Topics of Interest for the Fall Conference, etc.</li> <li>■ Discussion was held on continuing zoom meetings but decided at this time we will continue to meet in person at the fall conference. It was noted that zoom was used mainly during the Covid timeframe.</li> </ul> </li> <li>○ We plan to recognize all AACVPR CCRP Certification members as well as Pulmonary Certificate members at the fall Conference.</li> <li>○ Reviewed pages on our website and will plan to make updates.</li> </ul> </li> <li>● Goals for 2026-27 - more to come! <ul style="list-style-type: none"> <li>○ Will update Bylaws at the Strategic Planning Meeting in 2027.</li> </ul> </li> </ul>	Team
2:00	Adjournment Meeting adjourned at 1:51.	Dani
	Next Meeting: Thursday, Apr 16, 2026	

## 2026 Affiliate Conferences

- SACPR (Southern): April 9–10, 2026
- ACVPR (Arkansas): April 11, 2026
- MNACVPR (Minnesota): April 16–17, 2026
- NCCRA (North Carolina): April 17, 2026
- TACVPR (Texas): April 17–18, 2026
- TACVPR (Tennessee): April 17–18, 2026
- WISCPHR (Wisconsin): April 17–18, 2026
- ISCVPR (Indiana): April 23, 2026
- SCACVPR (South Carolina): April 24–25, 2026
- VACVPR (Virginia): April 24–26, 2026
- MACVPR (Montana): April 30–May 1, 2026
- CSPR (California Pulmonary): May 1, 2026



## Treasurer Report

Previous Account balance	\$21,115.66		Current Balance	\$21,065.66
Mar-26				
Expense Description	Amount	Date	Deposit Description	Amount
Taxes	\$50.00			
Total Expense	\$50.00		Total	\$ -
YTD			YTD	
Expense Description	Total		Income Description	Total
Previous Balance	\$3,867.25		Previous balance	
Mar Expenses	\$50.00		Mar Income	
	\$3,917.25			\$ -

Budget 2025/2026			
INCOME	Actual 2025	Proposed 2026	Actual 2026
AACVPR Membership Reimbursement	\$3,678.76	\$3,550.00	
Fall Conference	\$25,017.75	\$28,500.00	
<b>Total Revenue</b>	<b>\$28,696.51</b>	<b>\$32,050.00</b>	<b>\$0.00</b>
<b>EXPENSES</b>			
AACVPR Affiliate Leadership forum	\$2,619.64	\$2,600.00	
Board Meeting travel/mileage	\$751.80	\$750.00	
Fall Conference	\$23,203.77	\$23,000.00	
AACVPR Annual meeting	\$4,540.31	\$4,500.00	
Day on the Hill	\$0.00	\$2,000.00	
AACVPR (sponsor speaker \$1000)	incl in conf exp	incl in conf exp	incl in conf exp
Strategic Planning meeting/food/venue dep	\$548.99	\$500.00	
Website maintenance -domain fee (Due Nov-auto pay)	\$242.34	\$130.00	
Zoom (due July auto pay)	\$675.09	\$800.00	
Misc. Expenses	\$113.40	\$50.00	
Presidents Membership	\$235.00	\$235.00	
Affinity non profit ins (Paid in Sept-not auto pay)	\$1,561.00	\$780.00	
Non-Profit Status - Sec. of State(biennial) (odd years)	\$28.00	NA	NA
990 tax filing fee (Annually by March)-501 C (3)	\$50.00	\$50.00	
Audit expense	\$200.00	\$500.00	
Higher logic/AACVPR website assist(due Sept)	\$1,000.00	\$1,000.00	
<b>Total Expenses</b>	<b>\$35,769.34</b>	<b>\$36,895.00</b>	<b>\$0.00</b>
<b>Net Revenue</b>	<b>(\$7,072.83)</b>	<b>(\$4,845.00)</b>	<b>\$0.00</b>