### **PURPOSE & GOAL STATEMENT**

To provide information on current issues, lifestyle change and trends in Cardiovascular & Pulmonary Rehabilitation. To provide networking among Cardiovascular & Pulmonary Rehabilitation Professionals.

# **REGISTRATION**

**Online Registration:** 

Any questions with registration or multiple registrations contact:

Patricia Henry 308-455-3773

Please indicate session(s) attending:

Evening meeting on Oct 4th - \$25 Fall Conference on Oct 5th Members- \$100 Non Members- \$150

TOTAL: \$\_\_\_\_\_

No registration will be accepted after September 29th

\*Application for continuing education contact hours have been made to AACVPR. Nursing CEU's pending for full conference attendance\*

Day One: October 4th, 2023.

Evening Conference includes speaker

and meal.

**Day Two:** October 5th, 2023 All Day Conference includes speakers, breakfast, lunch and dessert.

# **CONFERENCE**

Holiday Inn Conference Center 110 2<sup>nd</sup> Ave Kearney, NE 68847

# **LODGING**

Holiday Inn Hotel & Convention Center 110 2<sup>nd</sup> Ave Kearney, Nebraska 68847

**Special Block Room rate-** is \$114.95/night plus taxes. Room rate includes breakfast. Call 308.237.5971 for reservations.

# Nebraska Cardiovascular &

Pulmonary Rehabilitation Network



2023

Fall Conference
October 4<sup>th</sup> & 5<sup>th.</sup>



### Wednesday, October 4th

5:30-6:15 Registration and Social

**6:15-8:15 Mitch Rippe:** Hot or Cold? Nutritional trends, recommendations, and practical solutions

8:15-8:30 Evaluation and Wrap-up

8:30-9:30 NCVPRN - Networking event at Cunningham's on the Lake

### Thursday, October 5th

7:00-7:45 Registration and Breakfast

**O745-0800** Shane O'Brien: President NCVPRN -Welcome/housekeeping

**0800-900 Susan Flack:** Cardiac and Pulmonary Rehab; Making Sense of it All.

### 0900-1000 Christine Steinhauser:

Diabetes Update; discuss common medication, monitoring options and prevention/treatment for diabetes.

1000-1030 Resource break and Vendor Exhibits

1030-1130 Dr Kevin Reichmuth:

Pulmonary Fibrosis: interstitial lung disease, pulmonary fibrosis, and treatments

1130-1215 **Lunch & Exhibits** 

1215-1300 General Staff Meeting

**1300--1400** Chelsie Doane:

Heart Failure; pathophysiology of Heart Failure, types and options for treatment

1400-1500 Gayla Oakley:

Be Prepared-2024 Program Certification Update

1500-1530 Resource Break and Vendor Exhibits

1530-1630 Kyle McCartney:

Medication Staples and Clinical Pearls of Heart Failure Therapy.

1630-1645 Wrap up and Evaluation.

# **Conference Speakers**

**Mitchell Rippe,** BS. MS Health and Human Sciences, Director of Nutrition and Education at the NE Beef Council

**Susan Flack**, MS,BSN,RN, FAACVPR, CMS regulations and content expert for AACVPR. Currently Manager, Cardiac and Pulmonary Rehabilitation @ UnityPoint Health in Des Moines.

Christine Steinhauser, BSN, RN, CDCES Diabetes Nurse Educator for Platte Valley Medical Clinic's Diabetes Self-Management Education program

**Kevin Reichmuth,** MD -Board Certified Pulmonologist, Medical Director Sleep and Pulmonary@ NE Pulmonary Specialists,

**Chelsie Doane, PA**- NHI Cardiology at CHI Health, Grand Island NE

**Gayla Oakley** RN, CCPR, MAACVPR, National Certification chair/Member >25yrs, Director Cardiology Services Boone County Health

> **Kyle McCartney**, PharmD, RPh, Pharmacy Manager, Clinical Pharmacist Bryan Hospital-Kearney