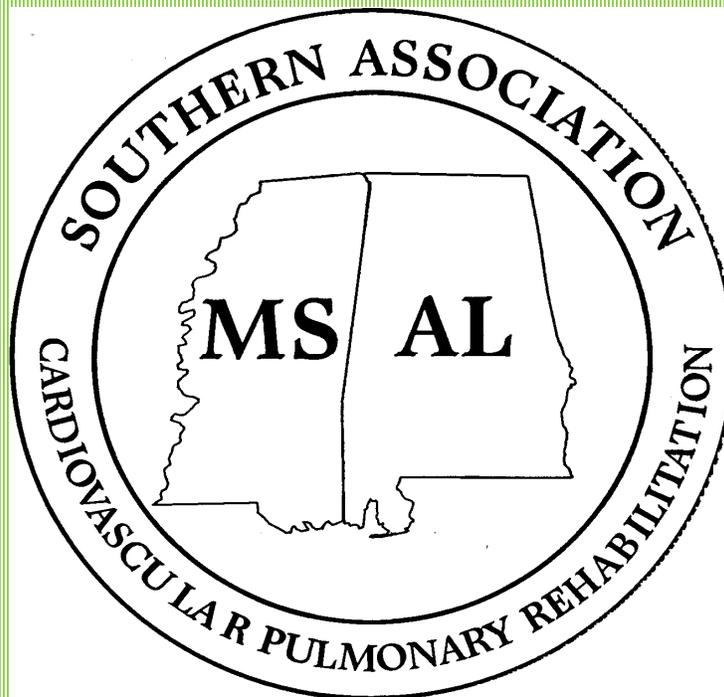


# **SACPR**

## **ANNUAL SPRING CONFERENCE**



**FRIDAY, March 25, 2022**

**BAPTIST MEDICAL CENTER SOUTH**

**Virtual Platform/Montgomery, AL**

**[WWW.SACPR.ORG](http://WWW.SACPR.ORG)**

# Thank you, SACPR Supporters

We would like to thank all of our sponsors for their generous support.

## Host



## ***CARDIAC AND PULMONARY REHABILITATION***

Conference Virtual Platform Host



Sponsor - Door Prizes  
2 SACPR/AACVPR Joint Affiliate Memberships



Dedicated to improving lives.

# About SACPR!



The **Southern Association of Cardiovascular and Pulmonary Rehabilitation (SACPR)**, formed in 1989, and includes cardiac and pulmonary rehab professionals from Alabama and Mississippi. The objectives of SACPR are to enhance clinical effectiveness, promote scientific inquiry, and advance the education of cardiovascular and pulmonary health professionals and in the community.

We work closely with the AACVPR national organization. Our Reimbursement and Legislative Committee actively participates in successful lobbying efforts in Washington, DC concerning current legislation to secure the future of cardiovascular and pulmonary rehab. The Communication Committee maintains our program directory and website to keep members aware of important information. The Program and Professional Education Committee plans the annual conference which provides information on current issues and trends in the field of cardiovascular and pulmonary rehabilitation. The Executive Committee and the Board oversees the function of the association and to network with its members on issues important to our programs.

In 2018, the SACPR leadership entered into a partnership with AACVPR to become a Joint affiliate partner. The Executive Committee and the Board of Directors welcomes everyone to become a Joint Affiliate Member that includes SACPR and AACVPR membership.

You may find our goals, mission, and other current information by visiting:

SAVE THE DATE!  
**SACPR Annual Conference**  
2023 Stay tuned!!!

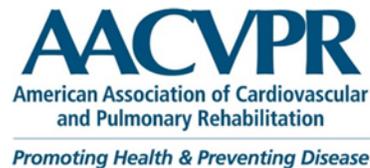
**AACVPR** is the premier professional organization dedicated to development of its members who are involved in the profession of Cardiovascular and Pulmonary Rehabilitation.

**Together a Joint Membership in AACVPR /SACPR** delivers countless educational and networking opportunities that inform you of new advances, and current legislative and reimbursement initiatives. AACVPR offers numerous member benefits to help improve the care and quality of life for patients with heart & lung disease.

SAVE THE DATE!  
**AACVPR 37th Annual Meeting**  
September 21—23, 2022  
West Palm Beach, FL

**AACVPR website:** [aacvpr.org](http://aacvpr.org)  
**Email:** [aacvpr@aacvpr.org](mailto:aacvpr@aacvpr.org)  
**Phone:** 312-321-5146  
**Fax:** 312-673-6924

# Become a Joint Affiliate Member of SACPR and AACVPR Today!



## **Special Offer from AACVPR for all SACPR Conference Registrants**

Receive 15% off their entire cart in the [AACVPR Learning Center](#) from March 26<sup>th</sup> until April 30<sup>th</sup>. Use code: **"SACPR2022"**

## **Affiliate Membership Benefits**

By becoming a Joint Affiliate Member of AACVPR and SACPR, you get the best of both worlds: SACPR Membership + AACVPR Education Advantage Membership for a single reduced rate! Receive all of the benefits Education Advantage and Professional Memberships offer—a \$650 value!

Joint Affiliate Members receive the following benefits:

- Member enrollment in your state/regional society and access to local events and resources for members
- **FREE access** to all live AACVPR webcasts, each approved for one AACVPR or nursing CEC.
- Timely reimbursement updates, Medicare Administrative Contractors (MAC) news, and legislative and regulatory updates, actions and pertinent information
- A bi-monthly subscription to the *Journal of Cardiopulmonary Rehabilitation and Prevention (JCRP)* with updates on current research as well as clinical and practical information on the science of rehabilitation
- Member discounts on Annual Meeting registration, Education Center products including archived webcasts and Annual Meeting proceedings, as well as many other educational offerings and activities
- Online access to the member-only web content, including the AACVPR Member Directory, Discussion Forums, and comprehensive professional Resources for AACVPR Members
- Eligibility for AACVPR Program Certification, the only peer-review accreditation process for cardiovascular and pulmonary rehabilitation programs
- Opportunity to participate on AACVPR committees, helping to influence policy and legislation

### **SACPR Member Benefits:**

- Network with regional professional members and programs for resources and workflow processes
- Attend Annual Spring Education Conference with CEUs
- Updates on Reimbursement and Legislative issues important to Cardiac and Pulmonary Rehab
- SACPR Website-member access
- Employment opportunities through local intern programs
- Opportunity to be involved on SACPR Board

# SACPR Board of Directors

## President

Sylvia S. Dunn RN  
Baptist Medical Center  
Cardiac Rehab  
P:334-747-3411 F:334-747-  
sdunn@baptistfirst.org

## President-Elect

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## Immediate Past President

Megan McMurray Hays, PhD, ABPP, FAACVPR  
Department of Physical Medicine & Rehab  
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## Treasurer

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## Alabama State Rep

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## Mississippi State Rep

Jeanne Carlson BSN, MS, CCRP, FAACVPR  
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## Communication Committee

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jhitchcock@uabmc.edu

## Member at Large

To be determined

**It's time for Board nominations!**  
**If you would like information on**  
**becoming more involved in SACPR please**  
**contact Sylvia Dunn, President**

# About the Program

## 2022 Annual Meeting Planning Committee

**Chair: Sylvia Dunn RN**

Anita Jones BS,RRT, FAACVPR

Jordan Howe, MS, BSN, RN, CCRP

**Co-Chair: Megan Hayes**

Samuel Sneed, MS-Ex Phys, EP-C

Kathe Briggs, MS, CEP

Jason Hitchcock, MBA, RN, ACSM-CEP

Jeanne Carlson, BSN, MS, CCRP, FAACVPR

## Program Goals and Objectives

- Learn more about AACVPR goals and organizational priorities.
- Gain knowledge of AACVPR's strategic plan and health equity initiatives
- Gain an understanding of the terminology of virtual/remote delivery of Cardiac Rehab.
- Understand the data on the safety and efficacy of virtual/remote delivery of CR.
- Describe current and future prospects for reimbursement by Medicare
- Understand COVID19 Pandemic and the virus.
- Gain knowledge of Post COVID conditions and "Long Hauler" persistent symptoms
- Understand the effects on the Cardiac/Pulmonary system
- Understand the treatment goals in Pulmonary Rehab :Physical conditioning and oxygen titration
- Roundtable Discussions/Q/A: Gain a better understanding of AACVPR performance measures, new PR codes; becoming involved in legislative initiatives, Cardiac/Pulmonary rehab ITP; Integrating VAD patients into programs, group orientation, and other topics of interest
- Gain a better understanding of AACVPR legislative initiatives to increase access to CR/PR services.
- Share SACPR's successful Day on the Hill , 2022 and goals to pass legislation .
- Understand the indications, contraindications and selection for VAD therapy
- Learn the parameters for safe exercise and assessing functional capacity for exercise
- Identify the CR/PR patient –centered performance measures
- Gain understanding of value-based measures related to enrollment and program performance
- Learn how to utilize performance measure data to enhance patient outcomes and program performance

## Continuing Education Credit

*This educational offering is approved for **7.6** nursing contact hours (ABN)  
through the education department of Baptist Medical Center*

*Baptist Health is an approved provider of continuing nursing education by the Alabama State Nurses Association.*

***All attendees will receive an email in the next 2 weeks with evaluation attached and instruction !***

# Program Agenda

8:00a – 8:15a	<b>Login and verify connection</b>
8:15a – 8:30a	<b>Welcome and Introductions</b> <i>Megan Hays, PhD, ABPP, FAACVPR, President SACPR</i> <i>Sylvia Dunn, RN, CVRN Conference host</i> <i>John Jackson, Marketing Communications Manager, ScottCare</i>
8:30a – 9:30a	<b>AACVPR update</b> <i>Amy Knight, PhD, ABPP</i>
9:30a – 10:30a	<b>Virtual Delivery of Cardiac Rehabilitation</b> <i>Todd Brown, MD, MSPH, FAACVPR</i>
10:30a – 10:40a	<b>Break</b>
10:40a – 11:40a	<b>Effects of Post COVID19 Conditions on Cardiac-Pulmonary Systems</b> <i>William “Bill” Saliski D.O., Pulmonologist, Montgomery Pulmonary Consultants</i>
11:40a – 11:50p	<b>Break/Grab lunch</b>
11:50a – 12:40p	<b>Lunch/Learn Roundtable Speakers: Panel Discussions</b> <i>AACVPR Initiatives – Amy knight</i> <i>Program Certification/New Performance Measures – Anne Gavic-Ott</i> <i>Post COVID19 in Pulmonary Rehab/New PR Procedure codes –Anita Jones</i> <i>Day on the Hill: What next! Kathe Briggs/Jeanne Carlsen</i> <i>VAD and inclusion in CR = Peggy Blood</i>
12:40p – 1:00p	<b>Legislative and Reimbursement Update</b> <i>Kathe Briggs, MS, CEP, FAACVPR and Jeanne Carlson, BSN, MS-Exer Phys, CCRP, FAACVPR</i>
1:00p – 2:00p	<b>Cardiac Rehab and VAD and No Pulse: Oh My!</b> <i>Peggy Blood MSN, RN - Director, UAB Department of Mechanical Circulatory Support ELSO Center of Excellence/TJC VAD Certified</i>
2:00p – 2:10p	<b>Break</b>
2:10p – 3:10P	<b>Utilizing Performance Measures to Optimize Patient Outcomes and Program Performance</b> <i>Anne M Gavic-Ott, MPA, RCEP, MAACVPR</i>
3:10p – 3:30p	<b>Closing Comments, Evaluations, Door Prizes and Passing of the Gavel</b> <i>Sylvia Dunn, RN, CVRN President-Elect SACPR</i>

# Key Note Speakers

## **Amy Knight, PhD, Assistant Professor**

Dr. Knight is the Associate Professor at the University of Alabama at Birmingham School of Medicine in the Department of Physical Medicine and Rehabilitation. She serves as the Director of Rehabilitation Psychology at Spain Rehabilitation Center. Dr. Knight and her team provide behavioral health services to the Cardiopulmonary Rehabilitation Program at UAB, including psychotherapy, support groups, and education classes in coping and stress management. She received her doctorate in clinical psychology from the Univ. of Wisconsin-Milwaukee, completing an internship in behavioral medicine at West Virginia University and a fellowship in neuropsychology at UAB.

## **Todd M. Brown, MD, MSPH, FACC, FAHA, MAACVPR**

Dr. Brown attended medical school at the LSU Health Sciences Center in New Orleans, LA and completed his Internal Medicine training at the LSU Internal Medicine Residency in Baton Rouge, LA. Following residency, he completed a cardiology fellowship at UAB where he also obtained a MSPH in health services and outcomes research. He is currently an Associate Professor of Medicine in the UAB Division of Cardiovascular Diseases where he serves as the Medical Director of the Cardiac Rehabilitation Program, Director of Outpatient Cardiology Services, and Associate Program Director of the Cardiovascular Disease Fellowship Program. In addition to his clinical responsibilities, he is actively involved in research focusing on the epidemiology and prevention of cardiovascular diseases including studying the utilization and benefits of cardiac rehabilitation. Dr. Brown has served on numerous AACVPR, AHA, and ACC committees and was AACVPR President from 2017-2018. Pertinent to his presentation today, Dr. Brown was a co-author on the 2019 AACVPR, AHA, ACC Scientific Statement on Home Based Cardiac Rehabilitation.

## **William “Bill” Saliski, MD**

Dr. Saliski is in private practice with Montgomery Pulmonary Consultants, P. A. He serves as the Director of Critical Care Services at Baptist Medical Center South and is the Director of Respiratory Therapy Services at Baptist Medical Center East. Dr. Saliski serves as the Co-Director for Lloyd Nolan Long Term care. He is a strong advocate for Pulmonary Rehabilitation and is Medical Director of a SNF Pulmonary Rehab unit. He is an Assistant Professor of Medicine at Univ. of Alabama Medical School and he serves as a Clinical instructor for both Philadelphia College of Osteopathic Medicine and Auburn College of Osteopathic Medicine. Dr. Saliski has been involved in many abstracts, publications, and studies. He is an advocate for Pulmonary Rehabilitation and speaker at previous SACPR conferences.

## **Kathe Briggs, MS, CEP, FAACVPR**

Kathe is the Director of Cardiac Rehab, Infectious Disease, and the Wound Treatment Center at East Alabama Medical Center. Kathe has implemented tobacco cessation, pulmonary rehab and diabetes disease management services, as well as medical nutrition therapy. She serves as a board member for the Alabama Obesity Task Force and is currently co-writing an Alabama Physical Activity and Nutrition Plan. She is an ACSM Certified Clinical Exercise Specialist and a fellow of AACVPR. Kathe earned her Master of Science with a concentration in Exercise Physiology and a minor in Nutrition from the University of North Texas.

# Key Note Speakers

## **Jeanne Carlson BSN, MS-Exer Phys, CCRP, FAACVPR**

Jeanne Carlson is the Director of Cardiopulmonary Rehabilitation, Outpatient Nutrition, and FGH Employee Wellness at the LiveWell Center at Forrest General Hospital in Hattiesburg, Mississippi. She has her BS degree in nursing and her master's degree in exercise physiology. She is past-president of SACPR and currently serving as a board member in the role of the Mississippi State Representative. She leads the Mississippi advocacy efforts for the AACVPR annual Day on the Hill.

## **Peggy Blood MSN, RN**

Peggy Blood has over 40 years of nursing experience with the over 30 years working with patients requiring therapy for advanced heart failure including pharmacotherapy, cardiac transplantation and mechanical circulatory support. She assist Dr. James Kirklin to establish the VAD program at UAB, is a founding member and past president of ICCAC (a professional society for VAD Coordinators) and is now the Director of the department of MCS at UAB Hospital. She has many publications and has presented on topics related to MCS globally.

## **Anne Gavic-Ott MPA, CEP, MAACVPR**

Anne Gavic is a Clinical Exercise Physiologist and Manager of the Cardiac and Pulmonary Rehabilitation Programs at Northwest Community Hospital in Arlington Heights IL. She did her graduate work in Adult Fitness and Cardiac Rehabilitation at the University of WI – LaCrosse, and completed a Masters in Public Administration at Roosevelt University in Chicago. Anne is a Fellow and Master Fellow of AACVPR and has served three terms on its BOD - including a term as the organization's President in 2012-13. She is currently a member of the Quality of Care Committee which has been responsible for the development and review of the AACVPR performance measures. She also continues to be active with ISCHR, the IL state affiliate and serves on their BOD.

Anne is certified as a Registered Clinical Exercise Physiologist by the American College of Sports Medicine. She has worked in cardiac and pulmonary rehabilitation for over 30 years and is passionate about the benefits those programs can bring to patients managing chronic heart or lung diseases.

In her leisure time, Anne loves to travel and enjoys all outdoor activities including skiing, hiking, biking, kayaking and swimming