# **Objectives**

#### At the completion of this conference, the successful learner will be able to:

- Review changes in respiratory therapy philosophy, technology, and treatment options that impact patient care
- Understand the cardiovascular applications and outcomes that can be achieved with Al
- Describe how a whole food, plant forward diet follows the "Food as Medicine" principles
- Be able to define what HIIT Training is and how it differs from moderate continuous exercise
- Describe the Peripheral Remodeling via Intermitted Muscular Exercise (PRIME) approach to exercise rehabilitation
- Demonstrate the importance of aligning associate experience with patient experience in healthcare settings, and provide strategies and insights on how enhancing the associate experience can lead to improved patient satisfaction, quality of care, and overall healthcare service excellence
- Understand and implement emergency response for a patient with an LVAD
- Increase flow in your department and reduce barriers to enrollment
- Review new technology and treatment options related to cardiac electrophysiology and pacemaker technology
- Identify and understand current therapies of fibrotic ILD

### **Continuing Education Credits**

Applications for 10 AACVPR and/or AARC-approved CEUs have been filed and approval is pending. The planning committee members report no relevant financial relationships to disclose. Disclosure statements for all speakers will be provided

## Agenda

### **Friday, May 3, 2024**

**7:00 pm** Meet and Greet Social: Join the VACVPR Board at the bar located within Quench on the second floor

### Saturday, May 4, 2024

7:00-7:45 am Registration and light breakfast

7:45-8:00 am Opening Remarks

8:00-9:00 am Respiratory Therapy: Past, Present, and Future Eric Kirkland, RRT, MBA

9:00-10:00 am <u>Application of Artificial Intelligence in</u> Cardiovascular Disease *Michael Menen, MD, FACC* 

10:00–10:45 am Break and Visit with Vendors

10:45-11:45 am Making Food a Medicine Your

Patients Want to Take Denise Keller, Clinical Dietitian,
Sentara Careplex Hospital

11:45-12:15 pm Business Meeting

12:15-1:20 pm Lunch- sponsored in part by Pritikin

1:20-1:30 pm Afternoon remarks

1:30-2:30 pm The Safety, Efficacy, and Effectiveness of High Intensity Interval Training in Cardiac Rehab Anton Pecha, MS, ACSM-CEP, EP-C, AACVPR-CCRP, Ph.D. Student

2:30-3:00 pm Break and Visit with Vendors

3:00-4:00 pm Aligning Associate Experience with Patient Experience: A Path to Exceptional Healthcare Services Megan Jernigan, MBA, Market Director, Experience of Care Bon Secours Richmond

**4:00-5:00** pm PRIMEing the Periphery for Exercise in Heart Failure Patients Jason David Allen, MD, Ph.D. UVA Professor, Director: Exercise Physiology Graduate Program

5:30 pm Social Networking: Join us in celebrating our members, colleagues, and patients with Cinco de Mayo themed activities!

Online: Please visit www.vacvpr.com to register! Use the QR code on the back.

**Or...** 

By Mail: Please complete registration form and mail in with payment

# Agenda

### Sunday, May 5, 2024

**7:00-7:45 am** Breakfast

**7:45-8:00 am** Welcome and Announcements

8:00-9:00 am <u>Heart Failure and LVADS: Empowering Cardiac Rehab Staff for Comprehensive Care</u>
Crista Morris, RN, Lead RN LVAD Coordinator Bon
Secours Advanced Heart Failure Center

9:00-10:00 am Achieving Operational Success in Cardiac and Pulmonary Rehab Ross Barber, MS, VACVPR President

10:00-10:30 am Break and Visit with Vendors

10:30-11:30 am Innovations in Cardiac
Electrophysiology and Pacemaker Technology
Harpreet Grewal, MD, Richmond Heart and
Vascular Associates

11:30 -12:30 pm Treatment of Fibrotic ILD: past, present, and future Apostolos Perelas, MD, Assistant Professor, Director of the PFF Care Center and the LAM Clinic at VCUHS

12:30-1:30 pm Wrap-up, raffle and CEU's

### **Accommodations**

The VACVPR has reserved a block of rooms for your stay at the - Delta Hotel by Marriott 555 E. Canal St., Richmond, VA 23219

To make your reservation contact the hotel directly at 1-804-788-0900, use the code "VACVPR" to get the group rate of \$162/night. Rooms are limited and reservations must be made by April 25, 2024 to receive the group rate. You may also visit www.vacvpr.com to reserve online.

#### **PARKING**

A complimentary parking voucher will be provided by the VACVPR for the hotel on-site parking deck. Public parking options and on street parking are also available near the hotel.



Return with check payable to VACVPR Postmarked after 04/14/2024

e-mail:

Hospital/Organization:

Name:

Student \$75 Registration

Student \$65

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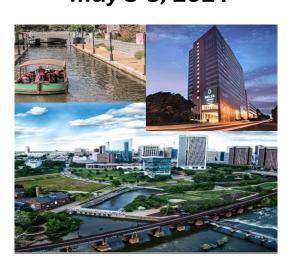
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# The Future of Cardiopulmonary Rehab: Emerging Innovation and **Clinical Collaboration**

34th Annual **VACVPR Conference** May 3-5, 2024



**Delta Hotel by Marriott** 555 E. Canal St. Richmond, VA 23219 804-788-0900

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