

## Incoming VACVPR presidents letter

Hello VACVPR members and industry stakeholders,

My name is Tara Steadman, BS, MHA and I consider it a privilege and an honor to be serving as your VACVPR president for 2025-2026. I'd like to take this opportunity to introduce myself, I am an Exercise Physiologist of over 12 years with a Master's in Health Administration. I have spent most of my career in leadership positions having been a director of intensive cardiac rehab in 2016 as well as a practice manager for a primary care physician office in 2019 through the pandemic. I hope to express my vision for the organization's strategic objectives for the year and use my years of leadership and project management experience to elevate the experience of our board and volunteers to bring the best of VACVPR to our membership and our industry at large. I am extremely passionate about clinical excellence as well as creating opportunities for our industry to pursue continuing education and find community.

This year, we plan to streamline our communication as an organization by acquiring a better platform for expedited communication and collaborative sharing of documents. By leveraging a platform, we anticipate enhanced planning of our annual conference, centralized storage of our documents, and streamlined communication in developing our newsletter and our virtual webinar. Ultimately, in implementing modern technology, we will bring more to our member base annually.

Another of our annual objectives for the year is to initiate innovative ways in which we deliver our continuing education and communication to ensure promotion of regular and relevant information via the newsletter, website, and social media accounts including the pending launch of our new LinkedIn page! Please follow our account at [www.linkedin.com/company/vacvpr/](http://www.linkedin.com/company/vacvpr/)

There will be opportunities to volunteer for our organization whether contributing on the board, in a subcommittee, or in a new role we're calling "micro-volunteering". We are actively seeking a Treasurer to train in 2025-2026, learning from our fantastic Treasurer Leann McCusker, and serve the next term starting in 2026. If you're detail oriented, good at math, interested in serving our industry in a new capacity and would like to be considered, please let us know. We invite you to inquire with us about joining in the activities and contributions of VACVPR. If you're interested, please contact me or Whitney Trump, your president-elect, keep an eye out on our website and social media for announcements for vacant board positions or volunteer opportunities or find us in person at our VACVPR board booth at the annual conference in April.

Lastly, please save the date for our 36<sup>th</sup> annual conference on April 25-26 in Fairfax, VA!  
Coming soon, we'll be announcing a virtual webinar for CEUs free to members in March!  
Stay tuned, more to come!