



FASNating News

FLORIDA ASSOCIATION OF SCHOOL NURSES

Volume 22, Issue 2

November 2017

FASN strives to improve the health and educational success of students and the school community by developing and providing leadership to advance school nursing practice.

Inside this issue:



President's Message	2
Conference Updates	3-4
Conference Registration Information	5
Director's Message	7
FASN Candidates	8



The Conference is Coming!

As I look forward to the 2018 FASN conference: "School Nurses: Maintaining Balance as We Care for the Whole Child", it is difficult for me to believe I have been attending my professional conferences for almost 20 years! This year as I reflect back on all FASN has offered in the ways of relevant continuing education, excellent topics and top notch speakers, as well as fun in the basket raffles, 50/50's, Purses for Nurses and receptions, I can't help but feel there is even more value in the relationships I have made with School Nurse colleagues across the state. I learn and grow by networking with these peers and am inspired by the obstacles we all overcome to further our voices as School Nurses. So why should you attend the FASN conference? To further your professional development – yes, to have some fun while doing so – yes, to meet new friends, revisit with the "old" and get to know your co-workers – yes. But for me and I hope for you, most importantly, to give School Nursing your voice! You matter, your role as a School Nurse matters, the education our topics exude helps build upon your professional confidence. With personal gains,

come professional gains and recognition by others who might not understand we are more than band-aids and ice packs. Our conference is a great place to begin your own campaign for advocacy, no matter how big or small that might be. My involvement as a Board Member is coming to a close, but not my participation in the organization. I am passionate about School Nursing! I am passionate about my school, the children and families I serve, I am passionate about taking my role into the community to have my voice be heard. I started attending a conference as a fairly new nurse, listened and learned, was encouraged and mentored, stepped in and up when asked and found my voice. Where is your voice? I hope it is attending the 2018 FASN conference! Registration is now open and scholarship applications are online. Can't wait to meet you, greet you and have the opportunity to grow even more as a School Nurse Organization.

Shelley Bumm, Past President 2016-18

22nd Annual Conference
February 2-3, 2018
*School Nurses: Maintaining Balance as We Care
for the Whole Child*
The Florida Hotel and Conference Center
1500 Sand Lake Road,
Orlando, Florida 32809



President's Message

Paula Alford, RN
President, FASN



Fall Greetings!

Florida had a rough September!

Florida School Nurses were tasked with utilization of their vast skill set. Personal loss and damage to homes and belongings, competed with assisting in clean up and reorganization of work space. Families and students looked to their school nurse for direction, reassurance, and guidance with health and social instabilities. Never underestimate the perseverance of a School Nurse!

Caring for the "whole child" is not for the faint of heart, especially during times of disaster.

Framework for 21st Century School Nursing Practice certainly comes to mind: Community /Public Health-Care Coordination/Leadership-Quality Improvement-Family and School Community- Students Healthy/ Safe/ Ready To learn.

Coordination of health services requires the knowledge of a professional school nurse. A student and/or family assessment requires skilled professional expertise. Family and school involvement by a school nurse leads to a better understanding of exactly what will best serve the student and family.

As you continue to work through your personal

recovery, please remember to take time for self-reflection and rest. Emotional and physical stability are important. We have had a rough month. I strongly encourage you - be kind to yourself.

You are an important piece of the network that makes a difference in children's lives.

Your professional growth does make a difference to the children you serve. Utilize your FASN/NASN website for information. Professional growth requires one to do more than your minimum CE requirements.

We want to see you in February at the 22nd Annual FASN Conference: Professional development, continuing education, networking, and camaraderie with school nurses. It is most invigorating to spend quality time and fellowship with other same - career professionals. We have a fantastic membership with some very impressively credentialed school nurses. I bet you're one of them!

Paula Alford



Bee a Pollinator for FASN



Promote FASN—Like Us on Social Media

Conference Information!!



*22nd Annual Conference
February 2-3, 2018*

*The Florida Hotel and Conference Center
1500 Sand Lake Road,
Orlando, Florida 32809*



Register NOW

*School Nurses: Maintaining Balance as
We Care for the Whole Child*



Registration for rooms at the Orlando Florida Hotel at the Florida Mall must be made *separately*.

Room rate is \$129/night—No Service Charge: includes free in-room internet, 2 bottles water daily, free parking, 24 access to fitness and Business Center. May be canceled up to 24 hours prior to arrival.

To reserve by phone, call 1-800-588-4656, asking for *Florida Association of School Nurses group rate*

Access online hotel registration at [FASN 2018](#)

Scholarships Available!



Scholarship Applications are OPEN!!!

Apply for yours today!!!

The Florida Association of School Nurses (FASN) is excited to be able to offer 15 Scholarships which cover the Annual Conference Registration Fee. FASN membership is not required to apply for the scholarship. Apply soon. The deadline for applications is November 30, 2017.

[Click here for Application!](#)



FASN is honored to welcome NASN's President, Nina Fekaris, MS, BSN, RN, NCSN, to our 22nd Annual Conference!

President Nina, has been a school nurse in the Beaverton School District in Oregon for 27 years. She provides nursing service to a comprehensive high school, a middle school, an elementary school and an alternative earth science high school program. She also provides supervision to two classroom nurses who provided direct nursing care for medically fragile students.

Nina graduated with her Bachelor of Science in Nursing from Graceland University in 1979, and received her Master in Science from Central Missouri State University in 1983. She became a Nationally Board-Certified School Nurse in 2008.

Nina is the current NASN President and Executive Committee member. She served as Director on the NASN Board of Directors as well as past-president of the Oregon School Nurses Association. She was recognized as Oregon's School Nurse of the Year in 2008/2009 and was honored to be named NASN's National School Nurse of the Year in 2009/2010. As President, Nina is Co-Chair of the NASN Governance Strategic Planning Committee, serves on the Executive Committee of the American Academy of Pediatrics Council on School Health, and

(Cont. to pg. 6)

Come to the Conference and Join the Fun!

FASN members have a lot of fun at our conference and most don't go home empty-handed. Every dollar we raise in our Basket Raffle and Purses for Tropical Nurses goes towards payment of conference registration fees for school nurses who receive scholarships. Our 50/50 raffle proceeds support research in school health.

Bring your \$5's, \$10's and \$1's!



Purses for Tropical Nurses. County Liaisons and Regional Representatives are asked to donate a new purse at the FASN annual conference to be entered into a silent auction. The highest bidder gets to go home with a beautiful purse. This has enabled us to offer funding for about ten scholarships each year for the last few years.

Super Sensational Basket Raffle. A fun way to showcase your county! Each county puts brings a basket or baskets.

Some baskets have county themes and others have fun stuff and great ideas. There is something to delight everyone! You put your raffle tickets in the bag for the basket (s) you would like to win, and if your ticket is pulled you will be taking home a fabulous basket.



RAFFLE

50/50 Raffle: Throughout the conference we will be selling tickets. Winners will be going home with **half the money** that is raised!

The tickets for the Basket and 50/50 Raffles are

6 tickets for five dollars or one dollar each.

So, come with cash in hand and you may be going home with a beautiful purse, basket or more money in your wallet!!

Have fun and good luck!!

“School Nurses: Maintaining Balance as We Care for the Whole Child”

February 2-3, 2018

Registration Deadline January 23, 2018



Early Birds!!!

Registrations received by midnight December 14, 2017 include preconference session at NO CHARGE!!!

To register **online**, please [click here](#).

Payment with a **credit card** can be made when registering **ONLINE ONLY**, using secure server.

To register by mail the form can be [downloaded here](#) and mailed to: *FASN Registration, 12606 Chelmsford Ct, Orlando, FL 32837* with **CHECK OR MONEY ORDER** payable to **FASN**.

Registration includes: Sessions, Reception, Vendor Access, Continental Breakfast, Saturday Lunch, Breaks, Program Materials, CE's. No less than **12 CE Credits** can be earned if participants complete **preconference** and **attend all** sessions.

Direct **Registration Process** or **FASN Conference** questions to **Janie Sailors** at sailorsrn@aol.com. Direct **Speaker or Session** questions to MarcyB@leeschools.net



\$109 (Member), inc. **FREE** preconference—before **12/14/17 @ midnight**



\$130 (Non-member), inc. **FREE** preconference- before **12/14/17 @ midnight**

\$119 - Member = (\$109 Conference Fee + \$10 Pre-Conference Fee) - **Dec. 15, 2017-January 23, 2018**

\$145 - Non-Member = (\$130 Conference Fee + \$15 Pre-Conference Fee) - **Dec. 15, 2017-January 23, 2018**

\$109 - Member, No-Preconference - Dec. 15, 2017-January 23, 2018

\$130 - Non-Member, No-Preconference - Dec. 15, 2017-January 23, 2018

Onsite rates will be charged after January 23, 2018

\$145 - Onsite Registration – Member and Non-Member

Join the Learning, Laughter and Networking with other School Nursing Professionals!

There is no separate registration fee for attending only one day. Fee for registration is as above.

Cancellation Policy: Refund (less \$10.00 processing fee) will be made if notice received before **January 23, 2018**. Unfortunately, we cannot refund registration fee after **January 23, 2018**.

If you require Americans with Disabilities Act (ADA) accommodations, please contact us at SailorsRN@aol.com at least 4 weeks prior to event date so that we can work with you to ensure full accessibility. We can guarantee services only to those who register and notify us at least four weeks prior to the event date. Services for late registrants may be impossible to provide on short notice.

Are you the next School Nurse of the Year?



Within all of us as School Nurses, there is a greatness that sets us apart from our colleagues, makes us shine if you will. It's who we are and why we do what we do daily for our students, staff and school campuses. For each of us there is that uniqueness and strength that drives us to excel. It might be our ability to assess and triage and implement that outcome, to self-evaluate and grow professionally, to educate our students, families and staff, to collaborate and communicate within our communities. It can be all of these and more! Florida is looking for the 2018 School Nurse of the Year! The standards are high and based on criteria used by the National Association of School Nurses. A full explanation of the selection criteria and application directions may be accessed @ [School Nurse of the Year](#). While lengthy and at times wordy, please do not let this deter you from applying. You are also able to nominate a col-

league or other school nurse in the state whom you feel is a candidate. We are constantly evolving our School Nurse practice and from growth comes greatness. We know that Florida has some awesome school nurses that have been doing an outstanding job. This is what we are looking for in our next School Nurse of the year! It might just be you!

Add header

(Cont. from pg. 4)

serves as a liaison on the Board of Directors for the National Board for Certification of School Nurses.

In her remarks at NASN2017, Fekaris said, *"The school nurse voice is more powerful than most of us realize. It is when we help a teacher understand how to alter lesson plans so students with food anaphylaxis can participate in all learning activities. It is when we teach children healthy habits, so they can grow and thrive."* *"The story of school nursing is what we do every day."*

Fekaris added, *"School nurses must recognize the importance of what we do, and recognize our own importance in carrying out this work. We (school nurses) are the health and wellness experts in the school, and we need to recognize and embrace this. We need to find our voice."*





FASN Director's Message

Lisa Kern RN, MSN, NCSN
FASN Director

As the first semester of the 2017 – 2018 school year comes to a close, I want to THANK all Florida school nurses and extend

FASN best wishes for a safe and blessed holiday break. Many across our state are still struggling with recovery from Hurricane Irma and others are extending a helping hand to those who have been displaced by Hurricane Maria. Your expertise in handling trauma and mental health needs has been invaluable to your school communities. The hard work that you, as health leaders, do every day to support the health and wellbeing of Florida's children has a direct and significant impact on students' academic success and future. FASN appreciates YOU!

This is my second year representing Florida on the board of the National Association of School Nurses (NASN) and my dedication to professional school nursing has expanded to include membership on the NASN Executive Committee and chair of the Healthy Communities Strategic Committee. Directors from across the nation meet with NASN staff monthly to discuss how NASN's strategic plan continues to support the critical work of school nurses.

During the June 2017 board meeting, the NASN board of directors unanimously approved this statement: To optimize student health, safety and learning, it is the position of the National Association of School Nursing that a professional registered school nurse is present in every school all day, every day. This stance is congruent with the American Academy of Pediatrics recent (June 2016) policy statement recommending a minimum of one professional school nurse in every school and will be referenced in all future NASN position documents.


The NASN board of directors representing states from across the nation will meet again in February in our nation's capitol to review and approve revised documents, celebrate successes, and identify opportunities for growth and support. During the NASN

board of directors annual 'trip to the hill', I'll have an opportunity to discuss the legislative priorities of NASN and Florida school nurses with our state legislators. I am hopeful that by January, Congress will have enacted legislation to support the 400,000 Florida children covered by CHIP.

When we advocate for school nursing, we are advocating for a safe and supportive health environment for all children in school. If we are to make a difference in the lives of our children, school nurses must begin courageous conversations with school boards, district leaders, and local legislators, armed with their county (or school) specific data. Reality check: It is estimated that one in four students in the U.S. may have a chronic health condition and Florida's state data support this estimate with 27% of our students reported as having a health condition such as asthma, diabetes, or life threatening allergy.

Students with chronic health conditions deserve access to a registered professional school nurse all day, every day to ensure health and safety.

Florida school districts must recognize that school nurses, as health leaders, are important members of their interdisciplinary support teams who can and do make a significant and sustainable contribution to students' academic success, and life long health. Given opportunity, time and access, FASN believes that Florida school nurses (YOU!) are uniquely positioned to help their communities identify and develop creative ideas, supports and partnerships committed to improving student health and access to care.

We look forward to seeing all of you at the 22nd Annual FASN Conference in January Maintaining Balance as we Care for the Whole Child! Follow me on Twitter @lkern12 



FASN BOD Elections

President—President-Elect—Treasurer

President



Janet Jones has been an active member of FASN/NASN since 2004 and served as FASN treasurer from 2014 to 2016. She has been

caring for students in Broward County's Parochial, elementary/middle schools for the last 14 years and provides clinic services in those schools admitting a high proportion of 'Step Up for Students' scholarship recipients. Janet is a preceptor for RN-BSN and BSN students and enthusiastically promotes school nursing during their clinical experience. She serves on Broward County School Health Advisory Committee, the Immunization Action Coalition and the Broward Human Trafficking Coalition. Janet is currently President-Elect of FASN.

As President of FASN, Janet, will continue to advocate for more school nurses in the state of Florida and support practicing school nurses in their goal of promoting student health and academic success. She will promote partnerships with community organizations willing to support FASN/NASN membership. And will continue to work to advance the practice of school nursing by dissemination of professional knowledge and information through the FASN website and newsletter and the annual FASN conference.

President-Elect



Kathy Browning has served Pasco County Schools as a School Nurse for 23 years. She has retained national certification in school nursing since

2001 and continual membership in NASN/FASN since 1998. Kathy is child-centered, health-focused, and is dedicated to the population she serves by collaborating with community resources for improved access to various services. She is devoted to reducing barriers to education for all students and particularly those with chronic health conditions.

Kathy, a "Gator Nurse" (UF 1983), is married and has two sons. She loves spending time with her grandchildren, working in the garden, and volunteering at church.

Kathy would like the opportunity to serve at President-Elect to increase communication with school nurses statewide thereby advocating for the role of standards-based school nurses in our Florida schools and student health issues. She has been the recipient of the educational and collaborative opportunities afforded by membership in FASN. And has served in FASN leadership and contributed to the internal work of the organization as recording secretary, nominating committee chair/member, and bylaws committee

member. As President-Elect, she will remain dedicated to both school nurses and student health outcomes while maintaining focus on the strategic goals of the Florida Association of School Nurses.

Treasurer



Nancy Mooney received her BSN from the University of Central Florida in 1993. She worked in critical care at Florida Hospital-Orlando before ac-

cepting her current position as the school nurse at Winter Park High School. Nancy is married and has four children. She enjoys spending time with her family, practicing yoga, biking, walking her two dogs and reading.

As the FASN treasurer, Nancy, will strive to serve the organization in three ways: actively participate in all FASN meetings throughout her term; contribute to the retention and acquisition of members; and meticulously manage the funds of the organization.

Vote Today
At



FASN Elections
Elections close Dec 1st!



End Notes



Join the FASN Website!

If you haven't joined the FASN Website already, please take a few moments and join as a follower. By joining you will receive announcements, event invites, group communications and access to the members' only areas.

The steps are easy:

- Go to the FASN website: FASN.net
- Click the "sign up" icon at the upper right hand corner of the screen
- Enter the *required ID information
- Create a password
- Click create your account

You are now ready to start receiving e-mail updates and stay connected with FASN!

**REFER
a
FRIEND!**

And Watch Us Grow!

Refer a friend for FASN membership.

It's an easy way to earn \$10 in e-commerce credit.

You can use your Refer a Friend credit to help decrease your own membership fee!



Board of Directors

President
President Elect
Past President
Treasurer
Recording Secretary
Membership Secretary
Affiliate Director

Paula Alford
Janet Jones
Shelley Bumm
Martha Hanna
Nancy Carrera
Karen Bodwell
Lisa Kern

Committee Chairs

Advocacy
Awards
Communication
Education
Finance
Nominating
Research

Kathy Browning and Lisa Kern
Michele Candiano
Karen Bodwell
Marcy Burnes and Janie Sailors
Martha Hanna
Margaret Polk
Open

