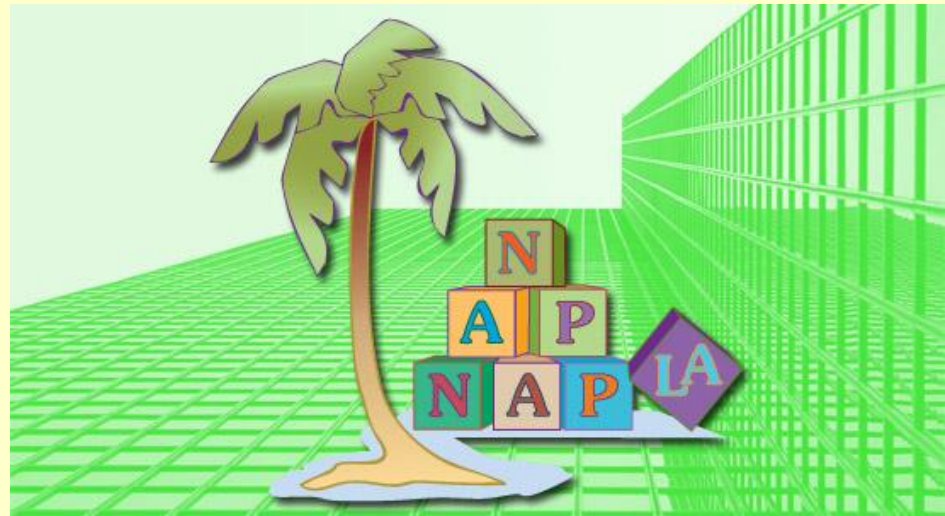


# May 2011 Newsletter

Editor: Patty Quan



## President's Message

### Inside This Issue

- 1-2** President's Message
- 2-3** Member Spotlight
- 3** Legislative Update
- 4-6** Committee Updates
- 7** Job Opening

In 1965, Loretta Ford, a Public Health Nurse (PHN), recognized the need for greater access to primary care for children and families living in rural Colorado. Together with Henry Silver, M.D., Ford developed a model for the Pediatric Nurse Practitioner (PNP) role, which would allow nurses with additional education and training to focus on well care and prevention for the underserved. Ford's vision was to increase access to health care using PNPs. Today there are over 150,000 NPs providing health care in a variety of settings throughout the United States.

Access to quality health care for the uninsured, under-insured and underserved continues to be a challenge in 2011. Forty-six years after the inception of the Advanced Practice Nursing role, it is more important than ever for NPs to continue to be an integral part of the solution to our national health care crisis. As we practice in our individual settings, we can daily make a difference in the lives of our patients, their families and their communities. Together, as members of the Los Angeles Chapter of the National Association of Pediatric Nurse Practitioners (NAPNAP-LA), we can accomplish so much more. There are many voices in the ongoing debate over health care; NPs must be heard as we work to overcome barriers and increase access to the comprehensive, quality care that we provide.

NAPNAP-LA needs ALL of its members to contribute their ideas, expertise and effort as we move forward as a professional organization in these uncertain times. Won't you please consider getting involved in some way? Write an article for our website or newsletter about an area of interest; mentor a graduate student or new NP; attend the annual conference or a dinner lecture; become a NAPNAP-LA committee member or committee chair; or consider running for executive office. There are as many ways to be involved as there are NAPNAP-LA members! Together we can shape the future of our role in health care delivery in the United States.

On behalf of the NAPNAP-LA Co-Presidents, Catherine Goodhue, Lynn Messenger and myself, we would like to thank the NAPNAP-LA 2010-2011 Board for their excellent work on behalf of the children, families and communities that we serve. We welcome all members to join with us as we

continue the work of NAPNAP-LA into the 2011-2012 term. If you are interested in becoming more involved, feel free to contact me or any of the NAPNAP-LA Board via e-mail or phone.

Please take the time to stay informed about NAPNAP-LA's accomplishments by reading our quarterly newsletter and visiting the website ([lanapnap.org](http://lanapnap.org)).

Thanks for all that you're doing to promote the wellness of children and families!

Leslie Chaskes Larsen, RN, MS, CPNP

## Member Spotlight

### **Linda Maywood, MSN, CPNP**

Linda is a Certified Pediatric Nurse Practitioner (CPNP), Child Care Health Consultant (CCHC), and a Lactation Educator. She graduated from UCLA in 1978 with a B.A. in Bacteriology and in 1981 with a B.S. in Nursing. In 1988, she became a CPNP and in 1989, she graduated from California State University, Long Beach (CSULB) with a M.S. in Nursing (MSN). She has worked in a variety of settings as a nurse. She began her career as a maternity and newborn nursery nurse at St. John's Hospital in Santa Monica, CA. After she became a CPNP, she worked at Harbor-UCLA Medical Center in the newborn nursery, on Cedars-Sinai Medical Center mobile medical van for underserved children, *COACH for Kids* and Little Company of Mary Health Services, *Partners for Healthy Kids* mobile medical van. In 2001, she became the Program Coordinator and Child Care Health Consultant for *Healthy Connections* at The Children's Clinic in Long Beach, CA, a First Five LA Grant program. Since 2005, she has worked at Miller Children's Hospital in Long Beach as the CPNP and Case Manager for the Spina Bifida Clinic. She is an adjunct professor for the Health Information Technology AA degree program at Santa Barbara City College. She is also does consulting work as a Child Health consultant with private child care sites. She is currently taking classes toward her online teacher certification from @one.

She has won numerous awards and most recently, in 2008, The Nursing Excellence Award in Clinic Care from Miller Children's Hospital and Long Beach Memorial Medical Center and was a Finalist for the California State NuresWeek 2008 Excellence Award in Clinical Care. She is a member and Fellow of the National Association of Pediatric Nurse Associates and Practitioners (NAPNAP). In every position she has held, she has played the role of teacher and mentor. She enjoys teaching and empowering her families to lead healthier lives.

She started a collaboration with The Painted Turtle Camp, one of Paul Newman's Hole in the Wall Camps, for children with chronic medical conditions that led to Spina Bifida Family Weekend. They just celebrated their fifth year of taking families to camp this April.

She is married and the mother of fraternal twins. She is celebrating her 32<sup>nd</sup> wedding anniversary this August. Her children are sophomores in high school. She enjoys traveling, golfing, reading and knitting. You can find her every weekend at the beach or on a golf course.

## Legislative Update – May 2011

By Demetra Bastas

To keep a lamp burning we have to keep putting oil in it.”— Mother Teresa of Calcutta so wisely proclaimed. On Thursday, April 14, 2011, the U.S. Department of Health and Human Services (HHS) announced four initiatives that will help reduce costs for states and families, while providing states greater flexibility in adopting innovative new practices to provide better, more coordinated care for people with Medicaid and Medicare.

Why is this so important you might ask to us as PNP's and FNP's ? Many of us serve the millions of low-income Americans who otherwise would lack access to health care. We care for children with disabilities and recognize the challenging in coordinating care and resources.

For this edition, we decided to highlight the four initiatives to provide you with the framework for what is coming. For more information about these announcements, visit [www.cms.gov/apps/media/fact\\_sheets.asp](http://www.cms.gov/apps/media/fact_sheets.asp).

1. Coordinated care for Medical and Medicare eligible
  - a. Funded by Affordable Care Act
  - b. 15 states awarded \$1 million each—California is one of them!
  - c. Focus is to implement top strategies to coordinate primary, acute, behavioral and long-term supports and services
2. Helping people with disabilities live in their communities
  - a. People with disabilities choose to live in their communities rather than in institutions
  - b. Allow individuals to participate in the design of their own array of services and supports, including such things as personal care and respite services for caregivers.
3. Developing and Upgrading Medicaid IT Enrollment Systems
  - a. Provide 90-percent of the cost for states to develop and upgrade their IT systems to help people enroll in Medicaid or the Children's Health Insurance Program (CHIP) – and 75-percent of ongoing operational costs.
  - b. The rules establish performance standards for the improved eligibility systems to promote greater efficiency and a more consumer-friendly enrollment process.
  - c. [www.ofr.gov/inspection.aspx](http://www.ofr.gov/inspection.aspx).
4. Expanding Health Coverage in New Jersey
  - a. Expand health coverage to nearly 70,000 uninsured, low-income people through the Work First New Jersey program.

It's an exciting time to be NP!! “Nobody can go back and start a new beginning, but anyone can start today and make a new ending”—Maria Robinson. Get involved...visit

## Committee Updates:

### COMMUNITY OUTREACH

By Shareemae Salvador

We have received great feedback from parent evaluations on “Raising a Healthy Tweenager” at Peary middle school, Newcomb Academy, and Stanford middle school. Community Outreach has had the privilege in coming back to Peary Middle school twice in the last year! This last presentation, held last April 9<sup>th</sup>, 2011 at Peary Middle school, had a great turnout of 39 parents in attendance! This has been the largest group of parents present that Community Outreach has seen yet! Our goal is to educate as many middle school parents as possible about the normal development of early adolescents, warning signs to alert parents of a problem, how to get help, and being a more effective parent. We are slowly branching out to middle schools in the Los Angeles County and would like to thank you all for the continued support and encouragement.

The next outreach opportunity will be at Peary Middle School on May 21<sup>st</sup> from 9am-12pm. NAPNAP-LA will be hosting a health information table at their community festival. We would love to see you there!

If you are interested and would like to get involved in Community Outreach, please contact Helen Lau or Shareemae Salvador at [helenlau01@hotmail.com](mailto:helenlau01@hotmail.com) or [sharee\\_salvador@yahoo.com](mailto:sharee_salvador@yahoo.com).



Shareemae Salvador & Shannan Stephenson at Stanford Middle School

## PROGRAM

Together NAPNAP and the Advanced Practice Nurses of Children's Hospital Los Angeles held another successful conference at Long Beach Memorial Hospital on February 12, 2011, entitled "Reflections on Teen Health. We were fortunate to enroll 122 attendees. Thanks to the numerous raffle ticket sales, and tempting door prizes, we were able to earn \$ 361 in cash donations towards NP student scholarships.

We were delighted to have a wide variety of topics from renowned speakers at this year's conference. Our speakers and topics were as follows: Bryna Kane, MD :Adolescent Dermatology; Diane Tanaka, MD: Teens and Contraception: What's New? and From K-Holes to Spice: Update on Drugs of Abuse"; Shannon Stephenson PNP: "Strategies to Raise a Healthy Tweenager"; Joana Duran: "Legislative and Professional Practice Issues that Affect the Healthcare Professional"; Leo Mascarenhas, MD: Common Malignancies in Teens and Bill Sanders, PhD,: Gang Youth and Public Health Concerns: Research and Recommendations."

We were fortunate to have the support of our dedicated vendors and exhibitors: Appreciation Events, Baxter, Eloquest, Elsevier, Genentech, GlaxoSmithKline, Kimberly-Clarkm Reach Out and read Program, Silpada Jewelry, and The Painted Turtle. Baxter Pharmaceuticals was very generous to sponsor both breakfast and lunch for all attendees at the event.

This day wouldn't have been possible without the help of our educational conference committee which included the following nurse practitioners: Margaret Bottcher, Leticia Boutros, Margaret Brady, Debbie Browne, Melissa Reider-Deemer, Joana Duran, Anna Evans, Debbie Jury, Leslie Larsen, Jenifer Lipman, Lynn Messenger, Meghan Middleton, Bobbie Nelms, Maki Okada, Karen Rodriguez, Aimee Snow, Shannan Stephenson, Mary Whitten, and Judi Zimmerman.

We would like to thank all of the NAPNAP members and friends who attended and helped to make our 2011 NP conference such a success! We look forward to seeing you again next year!

Catherine Goodhue and Debbie Harris

Educational Conference Co-chairs

## **SOCIAL**

By Judi Zimmerman

Please mark your calendar for Sunday June 5<sup>th</sup>, 2011.

The NAPNAP-LA Luncheon is at the Ayers Hotel, Hawthorne, CA

11:30AM-2:00PM.

This a wonderful opportunity to network with your colleagues

From NAPNAP-LA, honor our scholarship recipients, and thank our very dedicated 2010-2011 board members.

We look forward to seeing all of you at the Luncheon.

An E-Vite invitation will be sent soon to the NAPNAP-LA Membership.

For Questions please contact Judi at 310-545-3563.

## **JOB OPENING**

The Painted Turtle, a year round camp for children with chronic and life-threatening medical conditions in Lake Hughes, CA, has an opening for Nursing Director. This position is a full time opportunity for a uniquely qualified and experienced pediatric nurse. BSN required. Candidates with management, charge nurse and camp experience are preferred. California Nursing License, PALS, and ACLS will be required prior to/upon hiring. If you wish to be considered for this position, please send your current resume / CV and cover letter to: [ginaj@thepaintedturtle.org](mailto:ginaj@thepaintedturtle.org)