



Central Oregon Summer Golf Clinics with Jennifer Duval at Broken Top
WHERE: All clinics will be held at Broken Top Club.

To RSVP for a clinic or for questions text or call Jennifer Duval directly - Jennifer Duval 509-312-9243

WHEN / WHAT:

May 11th - UNDERSTANDING THE BODY – SWING CONNECTION (4-5PM)

\$30 (limit 8 students)

Do you like to workout? Would you like some golf specific exercises?

Learn how your body (strength, flexibility, mobility & stability) determines how you swing the golf club. Discover any limitations you might have and learn corrective exercises to increase distance and consistency.

June 8th - YOU BECOME WHAT YOU PRACTICE (4-5PM)

\$40 (limit 12 students)

Don't know how to practice? No time to practice? Practice on the range not reflected on the course?

Understand how to improve the quality of your practice and how to make it transfer to the course. Learn a warm-up routine before play. Focus on short game (putting, chipping, pitching and bunker).

July 20th - ON COURSE PLAYING LESSON (4-6PM)

\$60 (limit 9)

What does 'one shot at a time' even mean?? Too many blow-up holes? Etiquette?

Play 9 holes at beautiful Broken Top Club and get ideas to incorporate into your game to play better golf. Discover your personal performance routine and how to play smart golf. Learn how to play a troubleshoot and hit higher percentage shots for lower scores.

August 3rd - FULL SWING FUNDAMENTALS

\$40 (limit 12)

Want to be more 'consistent'?

Learn where consistency starts and how to harness it in your full swing. Have specific questions that haven't been covered? The last half is an open forum and you call the shots.

Jennifer Duval is a 10 year class A Member with the LPGA. She is also a Level 3 certified Golf Fitness Instructor with the Titleist Performance Institute. With the LPGA, she has taught at Golf For Women Clinics across the U.S. and has been an instructor at several LPGA Fan Zone Clinics. She has been a featured coach on 'Winning Youth Coaching' Podcast. She was also a Division I Assistant College Coach and was a 2-time Academic All-American playing college golf at Texas A&M. She began playing golf at the age of 11 and as a female, in a male dominated industry, has had a vast array of experiences personally or professionally in the game. She is passionate about getting more females into and enjoying the game of golf. Jennifer lives in Bend with her husband and two children. She enjoys doing Pet Therapy visits for St. Charles and various other organizations with her boxer, Sarge.

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