

Message from the President

July/August, 2010

Happy New Year! Doesn't it feel strange to hear that phrase this time of the year? I chose to use that phrase because effective July 1, we began a new IAAP year. Just like in January, this new year is also brimming with exciting possibilities for all of us. I hope you're as excited as I am!

The 2010-2011 IAAP International theme is "Passion & Purpose." The new logo appears in the upper right corner of this page. I love this new theme! I believe many of us joined IAAP because we had a particular passion for what we do. We were seeking out a group who shares an understanding of the daily challenges and struggles we face in our jobs and who understands the sense of passion and purpose we pour into our work every day. Somewhere along the way, a few of us may have lost some of that original sense of passion. Somewhere, deep down inside of you, that passion still exists, or you wouldn't be continuing your membership. I'm hoping we'll be able to help you recapture your passion this year.

I encourage you to find ways to share your passion of IAAP with your chapter and division. Many of you are already doing this by serving as officers or committee chairs. If you're not yet ready for that level of commitment; there are many other ways you could share your talents with IAAP. You could assist with a committee rather than serve as the chairperson, you could contribute an article to a future issue of this newsletter, you could help hand out materials at a chapter meeting or help pick up after a meeting has ended, or you could offer to mentor a newer chapter member to ensure they receive the full benefit of their membership.

I also encourage you to share your passion for IAAP with others outside our organization. In doing so, you will not only raise the awareness of our association within the community, you may even recruit a new member or two!

With IAAP, as with much of life, I truly believe you reap what you sow. If you choose to sit back, and wait for the benefits to come to you, you're going to be disappointed. But if you decide to engage, become involved, and seek out the benefits available to you, you'll find an abundance of personal and professional benefits waiting for you!



Personally, I find attending Wisconsin Division IAAP meetings is a great way for me to recharge my passion and enthusiasm. Each time I attend a Fall Education Conference or Division Annual Meeting, I find I return to work rejuvenated with fresh ideas and excitement. If you haven't yet had the opportunity to attend one of these events, I hope you'll consider asking your employer to invest in your continuing education by supporting your attendance at one of these meetings. If your employer says no, please consider investing in yourself!

This newsletter issue is full of great information to help kick start a new IAAP year full of passion and purpose. See page 2 for a complete list of all our chapter meeting dates, locations, programs, and presenters along with important Wisconsin Division and International meeting dates.

Ann Dahlke, CPS
Wausau Chapter President

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Important Chapter Dates for 2010-2011

Aug. 11, 2010	Program: Meeting Planning Made Easy, Good Planning Ideas to Great Results Presenter: Susan Kainz, ConferenceDirect Place: Tony Roma's, Rothschild, WI Host: Nancy Kowalski, CPS	Jan. 12, 2011	Program: Office Technology Presenter: EO Johnson Representative Place: Banker's Life Host: Jolie Weiler, FLMI, ACS, AIAA, CSA
Sept. 8, 2010	Program: Lean Office Presenters: Dan Rickert Place: River Valley Bank Host: Lu Prahl	Feb. 9, 2011	Program: Social Networking Presenter: Sartori Creative Place: Stage Stop Restaurant, Mosinee, WI Hosts: Lynette Hieronimus, CPS
Oct. 13, 2010	Program: IAAP Certification Program and Newly Announced Changes Presenter: Sheila Rovang, CPS/CAP Place: UWSP Campus, Stevens Point, WI Hosts: Jean Scherer & Brittany Rossman	Mar. 9, 2011	Program: Business Law Basics Presenter: Ellyn Fuchsteiner Place: Aspirus Wausau Hospital Hosts: Sheila Rovang, CPS/CAP
Nov. 10, 2010	Program: Microsoft Tips & Tricks Presenter: Dianne Carroll Place: Marathon County Public Library Hosts: Angela Vaughan & Dianne Carroll	Apr. 2011	Program: 6th Annual Administrative Professional Event (Date & location to be determined by committee)
Dec. 8, 2010	Program: Holiday Social Place: TBD Host: Janet Tharaldson, CPS	May 11, 2011	Program: Annual Meeting & Elections Place: Stoney Creek Inn & Conference Ctr. Hosts: Betty Dotseth, CPS/CAP

Important IAAP Dates for 2010-2011

Aug. 15 2010	Registration deadline for CPS/CAP Exams in November	Mar. 6-9, 2011	Spring Conference (former Certification Conference) Hyatt Regency Tampa, Tampa, FL
Oct. 17-20, 2010	Fall Conference (former Professional Education Conference) Hilton Seelbach Hotel, Louisville, KY	Apr. 24-30, 2010	Administrative Professionals Week® (APW) Administrative Professional Day® (APD) is April 27
Oct. 22-23, 2010	Wisconsin Division Fall Education Conference (FEC) Heidel House, Green Lake, WI	May 6-7, 2011	CPS/CAP Exams
Nov. 5-6, 2010	CPS/CAP Exams	May 13-14, 2011	Wisconsin Division Annual Meeting (WDAM) Sheraton Brookfield, Brookfield, WI
Feb. 15 2010	Registration deadline for CPS/CAP Exams in November		

Summer Networking Events

Sometimes it can be difficult to find time to network as much as we would like at our monthly meetings, so we organized two networking gatherings for our members to keep in touch over the summer.

Our first event was on June 17 at The Bar in Rothschild. We gathered on the patio on a beautiful sunny summer evening to network and enjoy each other's company.



Pictured left to right are: Jean Scherer; Sheila Rovang, CPS/CAP; Lyn Hieronimus, CPS; Betty Dotseth, CPS/CAP; Ann Dahlke, CPS; Cheryl Haebich, CPS; Renee Munnik; Brittany Rossman; and Angela Vaughan.

Our second event was on July 14 at the Fox Tale and Silver Fox Retreat, in Hamburg, northwest of Wausau. We weren't sure the stormy weather would hold off long enough for us to gather, share a meal together, and go on the tour—but as luck would have it, after a strong storm blew through, a delightful break in the storm arrived and we were treated to a remarkable trip "back to the past" by Gary Mason, current owner of the facility.

We visited the buildings and grounds owned by the Fromm Brothers in the early 1900's and toured the building where world fur auctions were held, where the likes of Albert Einstein, Frank Lloyd Wright, and many



Pictured left to right are: Brittany Rossman; Jean Scherer; Amanda Godleske; Lyn Hieronimus, CPS; Ann Dahlke, CPS; Candy Landwehr, CPS; Betty Dotseth, CPS/CAP; and Janet Tharaldson, CPS.

other giants of the era purchased their chosen pelts. The brothers gambled on holding such auctions in this rural area—instead of New York or London—and they managed to pull it off very successfully!

We also saw the research laboratory where the onsite doctor developed the canine distemper vaccine, which is still used today. The vaccine helped keep as many fox healthy as possible, which sometimes numbered as many as 70,000. Another huge feat for the Fromm brothers!

We were treated to a long, fascinating tour which reminded us what a historical gem we have in our backyard; a company which started out raising ginseng (>9,000,000 lbs. total) and evolved into raising fox for all the very stylish ladies (and gentlemen) of the day—some of whom were quite probably secretaries!

Chapter Contacts 2010-2011

Ann Dahlke, CPS, President	ann.dahlke@umr.com	715-841-6808
Sheila Rovang, CPS/CAP, Vice President	sheilar@aspirus.org	715-847-2117
Shirley Ecker, Secretary	shirleye@aspirus.org	715-847-2000, X52395
Cheryl Haebich, CPS, Treasurer	chaebich@graebel.com	715-848-6444
Betty Dotseth, CPS/CAP, Newsletter	betts5@aol.com	715-848-6147
Sonia Miller, Webmaster	sonia_a_miller@prescriptionsolutions.com	715-841-5096

Committee Chairs 2010-2011



Thank you to these members for serving as chairs and co-chairs of the following committees for the coming year. We appreciate your time and efforts on behalf of the Wausau Chapter!

Administrative Professional Event (APE)

Chair: Sara Gast
Co-chair: Amanda Godleske

Bylaws & Standing Rules

Patty Pippenger, CPS/CAP

Certification

Sheila Rovang, CPS/CAP

Historian

Jolie Weiler, FLMI, ACS, AIAA, CSA

Librarian

Bonita Buchberger, CPS/CAP

Membership

Nancy Kowalski, CPS

Newsletter (We're still looking for new editors!)

Editor: Betty Dotseth, CPS/CAP
Co-editor: Ann Dahlke, CPS

Nominations

Chair: Luann Prahl
Co-chair: Mary Palmer

Publicity

Ann Dahlke, CPS

Retirement Trust Fund

Betty Dotseth, CPS/CAP

Scholarship/Education

Kathy Ruenger, CPS/CAP

Webmaster

Sonia Miller

CAP Study Group

Have you earned your CPS designation but put off earning your CAP? Would you like to start studying for the CAP exam? Good news, you don't have to do it alone! A group of chapter members have formed a CAP study group.

The group is using the Prentice Hall textbook as a study guide and meets every other week to discuss the chapters they've read. The cost of the textbook is \$69.81 with the IAAP discount and can be ordered at: [http://vig.pearsoned.com/store/home/1,1205,store-](http://vig.pearsoned.com/store/home/1,1205,store-14242_id-2,00.html)

[14242_id-2,00.html](http://vig.pearsoned.com/store/home/1,1205,store-14242_id-2,00.html).

If you are interested in joining the group, contact Ann Dahlke, CPS at ann.dahlke@umr.com or 841-6808.

Remember, if you do plan to take the November exam, the deadline for registrations is August 15.

For answers to other questions related to certification, contact Wausau Chapter Certification Chair, Sheila Rovang, CPS/CAP at 847-2117 or sheilar@aspirus.org.

Tip and Tricks



This month, Janelle Christensen provides us with another helpful tip to use in Excel.

If you want to modify text within a specific cell, right click the cell you wish to modify, then hit the F2 key. This will move your cursor to the end of the text in the cell you have chosen. To move to the beginning of the text in the cell, use the Home key.

Chapter Survey Recap

Wausau Chapter members were recently asked to participate in a short survey to gather information about how we can better serve our members. Thank you to everyone who completed the survey.

There were two incentive gifts available to encourage participation in the survey. The winners were:

- \$25 gas card—Bonita Buchberger, CPS/CAP
- Mary Kay Gift Basket—Mary Grams

Here is a summary of the questions from the survey along with a sampling of the top responses:

1. Member's first and last name

We won't list the names of the 37 members who responded to the survey, but we had a fantastic response rate of almost 62%! We truly appreciate your input.

2. Which days do you prefer for chapter meetings?

Top two responses were:

- Second Wednesday of the month—47%
- Second Tuesday of the month—44%

3. Which meeting start time do you prefer?

Over 70% of you indicated you prefer to begin our meetings at 5:30 p.m.

4. When do you prefer to have the meal on the agenda?

Over 55% of you said you prefer to have the meal before the guest speaker presents.

5. Are you willing to host a chapter meeting?

Ten chapter members indicated they were willing to host a monthly chapter meeting.

6. Indicate any specific topics you would like featured at chapter meetings. Would you be willing to present?

We received a great variety of responses to this question! Thanks to your input, we're planning to offer programs on Microsoft Tips & Tricks, Social Networking, and Lean Office, among several others in the 2010-2011 year. (See page 2 of this newsletter issue for the full schedule.)

We need to have 60% of our programs qualify for

recertification points in order to earn a point in the Chapter of Excellence program. One requirement for a program to qualify for recertification points is that it must be a minimum of one hour in length.



7. Are you interested in serving on a committee?

The respective committee chairs will be in touch with members who indicated an interest in serving on specific committees.

8. In 2011, the Wausau Chapter will celebrate our 50th anniversary. What type of celebration would you like to hold to recognize and honor this achievement?

The top three responses were:

- Combine with the APE to avoid planning two separate events—65%
- Small, private chapter event—28%
- Large public event with dinner & speaker—20%

(Note: the total percentage exceeds 100% because more than one response was allowed.)

9. For the past five years, our Administrative Professional Event (APE) has been an afternoon conference followed by an expo and reception. Do you like this format or do you think it's time to shake things up and try something different?

The top responses were:

- Don't mess with success—55%
- Keep as a half day afternoon event but serve lunch instead of reception—47%
- Discontinue vendor expo and offer more education—16% (tied for third)
- Change to a half day morning event and serve continental breakfast—16% (tied for third)

(Again, more than one response was allowed so the total percentage exceeds 100%.)

10. What suggestions do you have to improve our Wausau Chapter?

Thank you for your candor and suggestions for improving our chapter. Your newly elected Board is seriously considering all the great responses to this question. We're excited to implement many of the ideas you have suggested.

Getting to Know One of Our Members—Sara Gast

Who am I? Good example: I'm the type of person you'll meet in the grocery store, in aisle 9, when you're holding two jars of marinara sauce and wondering which one to buy. I'll see the look on your face, unsure about either product for whatever reasons, and I have no qualms about giving you, a perfect stranger, my two cents as to which product I've used, haven't used, enjoyed, and/or disliked. Maybe this is intrusive, but I've yet to have someone tell me "Take a hike, lady!" Guess it is just part of my Aries nature—a "damn the torpedoes!" sort of attitude. So when I was approached to write this spotlight article, I have to admit not only was I flattered, but I stopped short, thinking, "Oh boy, what do I say? In comparison to many who read this publication, I'm a 'rookie' with little career experience or achievements under my belt. Heck, I just joined IAAP a mere year ago!" But like the Ram, I charged ahead, to share my story.



In my nearly 30 years on this planet, I honestly cannot remember a time when I didn't work, at least in some facet. Growing up on a dairy farm in northeast Wisconsin, I was taught at a very young age the value of a hard day's work and getting your hands dirty. Cows didn't milk themselves, and even when other kids my age were warm and asleep in their beds, I was in hand-me-down clothes from elder siblings, trudging through snow drifts at 5 a.m., to stick my hands and a washrag into a bucket of hot water mixed with iodine over and over again, as 40 "bossies" needed their udders cleaned before the milking equipment could be put on. It might have been a tough way to grow up, but all those years on the family farm instilled in me the work ethics I put into action to this day. My dad especially was a stickler for quality, efficiency, and productivity. It amazes me how 18 years of such "training" sticks with you; even now, in all which I undertake at work or home, those three virtues are how I measure the day's personal success when my head hits the pillow each night.

During high school and after my parents sold their farm, I worked various part-time jobs mainly in customer service or accounting, starting when I obtained a work permit at age 15. After graduating in 1999, I pursued college away from my small farming community—heading two hours west to UW-Stevens Point. I'll never forget

my tour of the campus during orientation; I knew the moment I saw "Old Main" that was where I belonged for my college education. Between classes and being "Stephanie Pointer" (UWSP's mascot), I worked more part-time jobs, this time focusing more heavily on accounting, which at that time was my major. Graduation in May, 2003 gave me two of my proudest moments up to that point in my life: obtaining my Bachelor of Arts Degree in Business Administration, and securing an Assistant Controller position with a local agricultural cooperative.

UWSP is also where I met my husband, Lance, who is a native of the Wausau area. So in the summer of 2004, newly engaged,

I moved from Stevens Point to the new home we purchased in Weston and I began to settle in, creating a new life for myself in this area of the state. I began employment with Graebel Companies in Accounts Payable that summer, and then in early spring 2005, I changed employment to Wausau Financial Systems, Inc. as their Accounts Payable-Expense Reports Specialist. Lance and I married in fall 2005, and in the summer of 2006, the opportunity arose for me to make a change from Accounting to Human Resources, more specifically, handling Payroll for Greenheck Fan Corporation. While I had pretty much 10 years experience in various accounting roles by this point, something inside me just craved a big change; I needed to find something where I felt more purposeful, not just pushing paper 24/7.

God must have heard my prayers, but He gave me the answer in a startling form: I lost my job only a few days into 2007. Faced with uncertainty of what the future held, but knowing in my gut I really didn't want to stick with the same paths I'd followed in the past, I pursued different avenues—even applying for jobs as a Dental Hygienist and a Veterinarian Assistant! I knew my strengths and also knew I wanted to do more with people, so when my husband heard of a potential opening as an assistant to the District Sales Manager with American Family, I had to submit my resume for consideration. Something inside said "Yes, this feels right!" even from the moment I interviewed for the position, and it continues to feel right to this day.

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Getting to Know One of Our Members, Continued

(Continued from page 6)

I now hold a license from the State of Wisconsin in all four lines of insurance (Casualty/Auto, Property, Health, and Life) and this July marks my third anniversary as DMA with District 20 of American Family. I truly hope to continue in this role for a long time to come. I honestly love what I do and all the people I work with, from my manager all the way down to each agent and staff person within the 10-county area we manage. Having to be a “jack of all trades” in this job—doing everything from event planning and marketing to advertising and general administration—scratches the itch I felt inside all those years, and allows me to always dive in and get my hands dirty, just like this farm girl used to do! I feel very blessed with how my life has turned out thus far; all the opportunities I’ve been given, lessons I’ve learned, pro-

fessionals I’ve met, and I am excited at what the future may hold.

Outside of the office, I give my attention to Lance and our almost 1-year-old daughter, Leah. We also have two cats and two dogs, the latter being Bichon-Frises, and owning that breed for the past several years got me into a side “hobby”—dog grooming! Since having Leah, I’m fairly limited on time now, only grooming my own dogs as well as a few friends’. But hey, you just never know what the future might bring, and what career paths to leave open as options, right? And if that doesn’t pan out, I can always set up a booth in aisle 9 to help you decide which marinara sauce will suit your taste.

Sara Gast
District Manager Assistant
American Family Insurance

If you would like to be featured in a future newsletter issue, e-mail betts5@aol.com or ann.dahlke@umr.com.

Recipe For Busy Administrative Professionals

Rhubarb Torte

(Double this recipe for a 9 x 13 pan.)

Bottom crust:

1 cup flour
4 Tbsp. powdered sugar
1/2 cup butter

Blend together with pastry blender. Spray square pan with Pam cooking spray. Spread crust on the bottom of the pan. Bake at 350 degrees for 10-15 minutes.

Meringue:

1 1/3 cup sugar
1/3 cup flour
2/3 tsp. baking powder

Mix these together. Add 2 beaten eggs. Stir in 2 cups of cut up rhubarb. Pour onto the baked crust.

Bake at 350 degrees for 45 minutes or until the meringue is set.



Submitted by Betty Dotseth, CPS/CAP
Wausau Chapter Newsletter Editor

To submit a recipe for a future newsletter issue, e-mail betts5@aol.com or ann.dahlke@umr.com.

IAAP's Mission Statement



IAAP's MISSION

"Enhancing the success of career-minded Administrative Professionals by providing opportunities for growth through Education, Community Building, and Leadership Development."

Member Milestones



Janet Tharaldson, CPS
obtained her recertification
in November, 2009.



Audrey Mueller, CPS
obtained her recertifica-
tion in November, 2009.



Teresa Anderson, CPS
achieved the Certified
Professional Secretary
rating in May, 2010.

Member of Excellence Update

**Congratulations to the following Wausau Chapter members
who achieved Member of Excellence status for 2009-2010**



Ann Dahlke, CPS
2008-2009
2009-2010



Cheryl Haebich, CPS
2009-2010



Lynette Hieronimus, CPS
2008-2009
2009-2010



Nancy Kowalski, CPS
2008-2009
2009-2010



Candy Landwehr, CPS
2009-2010



Luann Prah
2009-2010



Sheila Rovang, CPS/CAP
2008-2009
2009-2010



Angela Vaughan
2008-2009
2009-2010

For information on how YOU can achieve Member of Excellence status go to <http://pathways.iaap-hq.org>

Pathways to Excellence (P2E) Progress Chart

Chapter Criteria (need 14 of the 19)	July/ Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	MET!
Six meetings offer recertification points		★		★		★	★	★	★			★
One member earn CPS and/or CAP (you?)					★							★
Sign commitment agreement	★											★
Six newsletters or e-newsletters	★	★		★		★		★		★		★
Participate in IAAP web community	★											★
Annual calendar & marketing plan	★				★							★
Annual budget & monthly statements	★	★	★	★	★	★	★	★	★	★	★	★
Maintain full slate of officers & four chairs	★											★
Leadership/succession officers/chairs tng	★		★	★								★
Delegate to WDAM & delegate/proxy to Int	★									★		★
Member on Div or Int. committee/officer	★											★
Have a seminar, APD or Exec event									★			★
Apply for Avery or IAAP chapter award						★						★
Have 15 members & 80% retention											★	★
Conduct at least one recruitment meeting			★						★			★
New member orientation												N/A
12% membership increase												N/A
Sponsor new prof. or student chapter												N/A
Strategic plan & member survey	★		★	★								★

As of the end of June 2010, Wausau Chapter met 16 of the 19 criteria (we needed 14!) in the Chapter of Excellence program. Thanks to everyone for helping us reach this goal. We earned Chapter of Excellence status for 2009-2010, for the second year in a row!

Report from International Education Forum & Annual Meeting (EFAM)

IAAP's 65th International Education Forum and Annual Meeting (EFAM) was held in Boston, MA from July 18-21, 2010 at the Hynes Convention Center.

I was excited to have fellow Wausau Chapter member Angela Harris-Weiss attending this year. I enjoyed spending time with her, learning more about her job, her family, and her thoughts about IAAP. It's always fun to share these trips with a fellow chapter member.

The most difficult part of attending EFAM is selecting the educational sessions. When you first see the brochure listing all the breakout sessions, it feels like all the sessions you want to attend are scheduled at the same time! Eventually, you are able to narrow them down and choose the sessions which will benefit you the most. In the end, I earned 20.5 recertification points for all the sessions I attended!

Angela and I both arrived a day early and attended the pre-conference seminars on Saturday. Our presenter was June Cline and she presented two sessions for us *Lead, Laugh, or Get Out of the Way* and *I Blew It, I Knew It, and What I Learned Through It*. I enjoyed both of these sessions and felt they were a good way to kick off the conference.

On Sunday, we attended the Opening Business Session where the International Board was introduced and we heard reports from the credentials committee, the Retirement Trust (RTF) Chairperson, and International President, Susan Shamali's speech on the State of the Association. The past year was a difficult one for IAAP, just as it was for many other businesses.

President Shamali also outlined some important changes to IAAP's certification and recertification program. (Wausau Chapter Vice President and Certification Chair, Sheila Rovang, CPS/CAP; recently outlined some of these



Pictured left to right: Mary Ramsay-Drow, CPS/CAP, 2010-2011 International President; Ann Dahlke, CPS; and Angela Harris-Weiss, CPS.

changes in an e-mail to chapter members. I encourage you to attend our October chapter meeting to learn more about the coming changes.) A complete copy of President Shamali's speech is posted on the Web Community at <http://community.iaap-hq.org/>.

Sunday afternoon, we attended the Great Lakes District Caucus where Great Lakes District Director, Wendy Melby, CPS/CAP, from the Wisconsin Division, Waukesha Chapter presided. Afterwards, we attended the Office Expo with thirty-three vendors. We received so many goodies at the expo, I had to ship two boxes home via UPS!



Pictured left to right: Angela Harris-Weiss, CPS; Wendy Melby, CPS/CAP; and Ann Dahlke, CPS.

Sunday evening brought the Evening of Welcome with a baseball theme. We enjoyed getting together with the other members of the Wisconsin Division to chat and dance the night away!

On Monday morning, I fulfilled one of my responsibilities as your chapter representative and voted for the 2010-2011 International officers. Since many of the candidates were running unopposed, it didn't take long.

Monday afternoon, the Business Session reconvened and the delegates voted on the proposed Bylaws and Standing Rules for IAAP and the RTF. Following this, the newly elected officers were introduced and installed.

Executive Director, Donald Bretthauer, CAE; spoke on the "State of the Profession." A copy of his speech is available on the home page of the IAAP Web Community at <http://community.iaap-hq.org/>.

Tuesday morning began with a keynote presentation by Vernice Armour, the first African-American female combat pilot. What a way to start the day! Vernice was a ball of unstoppable energy and enthusiasm. If EFAM

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Report from International EFAM, Continued

(Continued from page 10)

attendees purchased 401 copies of Vernice's book, *Who Needs A Runway? Take Off From Where You Are! The Ultimate Action Guide To Creating Breakthroughs For The Administrative Professional*, Vernice pledged to donate funds to the IAAP Research & Education Foundation. The books were selling briskly and I heard an unofficial report that over 500 copies were sold!

Tuesday evening's keynote speaker, Erin Brockovich, was a bit disappointing. Her choice of language and gestures offended many of the attendees, especially those from foreign countries. Her presentation was more biographical than motivational and it definitely lacked the energy and enthusiasm of Vernice Armour's presentation earlier that morning.

Wednesday was another day of education sessions followed by the awards banquet. It was exciting to hear Mary Ramsay-Drow's first official speech as International President! It's also posted on the Web community at <http://community.iaap-hq.org/>.

Following the banquet, I had the unique experience of riding in the elevator with past International Presidents



Pictured left to right: Julie Thomas, CPS/CAP, WI Division President; Kitty Knight, CPS; Angela Harris-Weiss, CPS; Mary Ramsay-Drow, CPS/CAP International President; Pat Falkenhagen, CPS; Suzy Borchers, CAP; Ann Dahlke, CPS; and Kathy Princeton, CAP, WI Division Vice President.

Barb Horton, CAP; and Judy McCoy, CPS/CAP. We talked about how different it is for them to attend EFAM since their terms have ended!

Thank you for allowing me to be your chapter delegate this year. I'm already looking forward to attending the 2011 EFAM in Montreal. Will you attend with me?

Ann Dahlke, CPS
Wausau Chapter President

EFAM in Boston

Well, I've made it there and back. That is, to and from EFAM in Boston and what an amazing adventure! This was my first ever trip to EFAM and after a 90 minute delay, I arrived on Friday evening in time to have a late dinner with Ann Dahlke, incoming Wausau Chapter President, and Pat Falkenhagen, outgoing Wisconsin Division President.



Pictured left to right: Ann Dahlke, CPS; Vernice Armour; and Angela Harris-Weiss, CPS.

In the opening business session, I was amazed to see the Parade of Nations, where 23 flags were represented. I feel I was able to take something from every one of the education and keynote sessions I attended.

One of the most inspirational moments for me was the keynote presentation by Vernice Armour. Vernice is the first black female combat pilot and she also served in Iraq. Her message was, "Who needs a runway when you can take off from here?" No matter where you are, you can work toward the goals you want to achieve.

After this trip, I feel better connected to our Wisconsin Division members. Thanks so much to Ann Dahlke, who lead the way and made sure I felt at home and made connections as well. Going away from this, I can now say I have friends from around the globe to connect with via our IAAP website at any point in time.

Angela Harris-Weiss CPS
Administrative Support Coordinator
Ministry Health Care

Happy Birthday!

Happy Anniversary!

Date	Name
August 7	Kay Pomrening
August 12	Brittany Rossman
August 14	Shirley Ecker
August 15	Cindy Wilke
August 19	Arlene Kroening
August 20	Vicky Radunz
August 22	Nicole Kubiacyk
August 26	Pamela Karttunen
August 28	Renee Munnik
September 2	Penny Ellenbecker
September 10	Heather Renzelmann
September 14	Janet Hopfensperger
September 14	Jean Scherer
September 18	Sonia Miller
September 23	Kalynn Pempek
October 4	Kristina Bung-Riddle
October 18	Jean Marquardt
October 19	Sarah Myszka
October 27	Nicole Brummond
October 31	Vicki LaPorte-Gesicki

Date	Name	Years
August 1	Kristina Barbier	2 years
August 1	Penny Ellenbecker	2 years
August 1	Mary Palmer	2 years
August 1	Jolie Weiler	6 years
September 1	Mary Grams	1 year
September 1	Jessica Benton	1 year
September 1	Sheila Rovang	11 years
October 1	Carrie Heckendorf	2 years
October 1	Melissa Siikarla	2 years
October 1	Marcie Light	13 years
October 1	Betty Dotseth	15 years
October 1	Patty Pippenger	20 years

Save Lids to Save Lives



Yoplait's signature pink lid program *Save Lids to Save Lives*[®], is taking place during September and October 2010 to once again raise funds for Susan G. Komen for the Cure[®], the world's largest grassroots network of breast cancer survivors and activists. Watch for pink lids to begin appearing in local stores in late August.

For every pink lid collected and mailed in by December 31, 2010, Yoplait will donate 10 cents to Susan G. Komen for the Cure, up to \$1.5 million with a guaranteed minimum donation of \$500,000.

I have a small supply of collection boxes you can use to collect lids at your workplace, let me know how many you need and I'll bring them to a chapter meeting.

Mail your washed lids to the following address:

Save Lids to Save Lives
PO Box 420704
El Paso, TX 88542-0704

(You can mail up to 12 Yoplait yogurt lids in a #10 business envelope with one U.S. first class postage stamp.) Or, bring the lids you've collected to a monthly IAAP meeting and I'll mail yours along with ours.

Be sure to include your return address with zip code on your envelope. Lids submitted are tracked by zip codes, which allows the donated funds to go directly to each sender's local Komen Affiliate. That means every 10 cents donated for each lid you mail in will come directly back to the central Wisconsin area to help women in Langlade, Lincoln, Marathon, Portage, Taylor, western Shawano, and Wood counties.

For a wealth of additional information about the program, answers to FAQs, or to download free posters and other lid collection tools, visit Yoplait's website at <http://yoplait.com/sls/> or visit www.komen.org for more information on Susan G. Komen for the Cure.

Ann Dahlke, CPS
Wausau Chapter President

Central Wisconsin's Inaugural Race for the Cure

The Central Wisconsin Affiliate of Susan G. Komen for the Cure is hosting their inaugural Race for the Cure on the 400 block in downtown Wausau on Sunday, August 22, 2010.

The event includes a 5k run/walk and a family-friendly 1-mile walk. Participants are encouraged to help raise funds by soliciting pledges. For more information or to

sign up for the Race online, go to the affiliate website at www.komencentralwisconsin.org.

There will be many other activities for those not participating in the run or walk, including displays by Komen national sponsors and a tent dedicated to children's activities, so stop down for a fun and educational time!

Trivia Question

Everyone who correctly answers the following trivia question in the 14 days following the publication of this newsletter issue will be placed in a random drawing for a prize. We'll draw two winners and announce those names in the following issue.

How many points did the Wausau Chapter earn in the 2009-2010 Chapter of Excellence program?

Hint, the answer can be found in this newsletter!

E-mail your answer to ann.dahlke@umr.com. Good luck!

The correct answer to the May/June trivia question was: *"The newly elected chapter officers will be installed in August."*

Congratulations to Candy Landwehr, CPS and Mary Palmer, whose names were randomly drawn from those who submitted the correct answer to the trivia question in the previous issue.