

Westport Wheel

Volume 68, Issue 11 August, 2009

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Schedule of Events

September 8, 2009

"Everyone's A Leader"

Kay Enlow

Cardiovascular Consultants

October 13, 2009

Financial Seminar

Jennifer Hicks

MARC Offices

November 10, 2009

Holiday Dinner

Cinzetti's Restaurant

Overland Park, KS

January 12, 2009

Alphabet Soup

Cardiovascular Consultants

Westport Chapter Delegate Report: 2009 Educational Forum and Annual Meeting (EFAM), Minneapolis, MN

2009-2010 International Board of Directors

President Susan Shamali CPS/CAP

President Elect Mary Ramsay-Drow CPS/CAP

Vice President Tamra Goodall CPS/CAP (ran against incumbent Sam W Gill III CPS)

Secretary Janine Riemersma CPS/CAP (a 2nd yr)

Treasurer Karlena Rannals CPS/CAP (a 2nd yr)

Southwest District Director, Antoinette Smith CPS/CAP (2nd yr term)

Southeast District Director, Virginia Boyd CPS/CAP (the only District that had to vote 3 times)

Northeast District Director, Judith Yannarelli CPS/CAP (2nd yr term)

Northwest District Director, Valerie King CPS/CAP (2nd yr term)

Canada District Director, Sharron Buttler CPS/CAP

Great Lakes District Director, Wendy Melby CPS/CAP

Affiliate Representative, Jennifer Hinkson CMP (2nd yr term)

New RTF International Trustees: Linda Boulay CPS/CAP and Kathrynne Hampton CPS/CAP

International Bylaws and Standing Rules Proposed Amendments—Results

(The marathon business session Monday afternoon that ran until 6:40 pm. Our Division dinner was planned to start at 6 pm but not a problem with the restaurant - all went well. Fish tacos - yum!)

Proposed Bylaws Amendment 1 regarding new membership dues was amended and **passed as amended**. The amended amounts for members residing in the United States and Canada are: professional \$83, professional-merited \$47, student \$50, associate \$180. The amounts for each category for members outside the United States and Canada are \$20 higher. The dues increase is effective January 1, 2010. Yes, you can renew your dues early at the current amount. (Don B. said it.)

Proposed Bylaws Amendment 2 on a \$15 processing fee for all new members **passed**. (previously students did not have to pay the processing fee)

Proposed Bylaws Amendment 3 on raising annual affiliate fees from \$130 to \$155 **passed**.

Proposed Bylaws Amendment 4 on payment of renewal of membership dues within 30 days after renewal date was amended and **passed**.

Proposed Bylaws Amendment 5 on election of district directors and eliminating some no longer needed wording **passed**.

Continued on page 2

Continued from front page;

Proposed Bylaws Amendment 6 on association members-at-large representation at EFAM and election of delegate and alternate **passed**.

Proposed Bylaws Amendment 7 on changing the words "annual convention" to "annual meeting" **passed**.

Proposed Bylaws Amendment 8 on adding a new membership classification of institutional group **failed**.

Standing Rules Amendment 1 on changing the words "annual convention" to "annual meeting" **passed**.

Attendance on Sunday began with 1,080, Monday the number was noted as 1,284 but the final count announced during the banquet was 1,270.

President Barb Horton began EFAM sharing with us that she was finished with chemo treatments. She looked great – wanted to go without a wig but her head wasn't ready – just fuzz. She shared the changes and accomplishments made in the association during her year in its quest to become a remarkable association. She used the "7 Measures" as the main plumb line. Action teams were used during the year and subcommittees for governance issues. Every Board member went above and beyond all year long multiple times and she enjoyed the journey of strategically planned change. Changes/accomplishments:

- Redefined the mission and value statements and the core values were aligned with each statement.

- Created a baseline member survey which will be used as an annual survey.

- Evaluated the position of the Executive Director and the Board and made adjustments on how they spend their time.

- Created a new Web 2.0 think tank

- Started a look at R&E

- Pathways to Excellence was launched. Division Presidents were key participants in this.

- The ability began for new members to join chapters online.

- ID'd collaborations

- Created three documents in support of the dues increase proposal.

Avery Dennison gave out their generous annual awards: (255 chapters submitted applications)

Chapter Prestige Award: Alabama Power Chapter, Birmingham, AL \$3,000

Chapter Distinction Award (40+ mbrs): **Springfield Metro Chapter, Springfield, MO** \$1,500

Chapter Distinction Award (> 40 mbrs): Polaris North Star Chapter, Westerville, OH \$1,500

Chapter Honorable Mention Award (40+ mbrs): Memphis Chapter, Memphis, TN \$500

Chapter Honorable Mention Award (> 40 mbrs): Sunny Isles Chapter, Nassau, Bahamas \$500

Division Prestige Award: Kansas Division \$1,000

Sunday afternoon, SW District Director, Antoinette "Toni" Smith CPS/CAP met with district members to share district highlights, recognize member accomplishments "Excellence in Action" and an opportunity to answer any bylaws questions.

Highlights: Of the 1,291 IAAP members who achieved Member of Excellence, 287 of them were in the SW District and 37 chapters and 3 divisions in the district (yeah MO!) reached this achievement as well. Twelve chapters disbanded and five new chapters began during the year; 120 SW District members passed the certification exams. Toni will be using the MO Division eGroup (IAAP website) to communicate with members this next year to encourage members to use the community website. Read the Action Direction newsletter to keep current on SW District activities. Continue reaching excellence, mentoring and succession planning. Joyce Hawkins reported on the Trust and recognized individuals who donated at the Sustaining and Above level. \$11,014.42 total was donated to the RTF from SW District members.

A Town Hall meeting was held to discuss the dues amendment. Many points were discussed. Barb stated that if chapters provide value to members, members will pay the dues. We all need to invest in ourselves and IAAP is an excellent network - now is not the time to drop your membership. Concerns for students was a big topic (there are 2,200 student members)- several shared that chapters will find a way to help students with dues, possibly with a fundraiser (note that budgets are not to fund any member's dues). Why not a smaller increase? Barb shared that past presidents did not want to deal with a dues increase during their term. The last increase was \$5 in 2006.

Sunday night's Evening of Welcome was co-hosted by Avery and Hallmark. The "Minnesota State Fair" atmosphere was fun. Our snacks were provided in Hallmark-donated "mudcloth bags" handmade in Mali, West Africa and is one of Hallmark's RED™ products. The symbols on the bags tell a story. To learn more, visit www.Hallmark.com/RED. All the attendees were touched by this product.

Monday morning was voting polls time, went to the leadership lunch - enjoyed a great speaker, Steven Iwersen who talked on "Let's Make a Deal: A Different Kind of Motivation." Later I bought his book, *Dealing with Porcupines* (it is about people). I am currently sharing it with the Division Board then will make it available to any of our chapter interested in borrowing the book. In the afternoon we learned the results of the elections (listed above) and the SE District was the only group who had three votes to determine their new director. An interesting RTF report was given (should be available at www.iaap-rtf.org). There was no new business presented. The location for the 2015 EFAM was announced to be held in Louisville KY July 26-29. Everyone seems interested in attending next year's EFAM in Boston July 18-21. The invitation (given by Paul Revere) made the city sound very enjoyable and big on history. The meeting will be held at the Hines Convention Center, connected to hotels with walkways. As I mentioned earlier, Monday's session finally ended at 6:40 p.m., 70 minutes later than planned due to the dues amendment discussion.

Tuesday morning we enjoyed the keynote speaker, Warren Evans who spoke on "The Future: Take It or Make It." Yes, I bought his book and anyone may borrow it. The book was written for administrative professionals and has suggestions on how we should develop our role in this profession. Those who attended the annual meeting several years ago in Calgary, Canada, heard him speak there. Among many thoughts he gave us he said we should see the big picture and make it happen.

Executive Director Don Bretthauer CAE gave the State of the Profession. Items noted: we have 33% fewer attendees this year, Headquarters has trimmed their budget and looking for more efficient work processes. The Bylaws state that EFAM locations are to be set six years out - he will be discussing possible changes about this with the Board this year. He ended with an African proverb: Smooth seas do not make skillful sailors.

Office Team sponsored a panel discussion on Administrative Excellence in Today's Economy and afterwards opened the discussion for questions from the floor.

Following an afternoon of educational sessions, the Evening of Entertainment by Cirque Voila was amazing (an aerial performer, a singer/contortionist, two men of strength and a juggler) and hilarious (a mime and the juggler fits in this category too) and enjoyed by all. Unfortunately no cameras were allowed.

Wednesday was a full day of educational sessions then we enjoyed an excellent banquet, awards were presented and Incoming President Susan K. Shamali CPS/CAP gave her speech (following her family's introductions of her (two daughters and a very funny husband). Points noted: Division Presidents will be receiving training materials to share this year. Activities are on track for Phase 2 of the project plan for IAAP to reach "remarkable by 2010." Webinars will be available soon for all officer positions. She encouraged us to streamline, commit to walk the talk, use the same theme (Power of Commitment), the same mission statement, branding and message, and to collectively use our talents. Susan was impressive when she spoke at the 2008 MO Division Annual Meeting and I became more impressed with her during the banquet. This will be another good year for IAAP.

Final items noted as Barb Horton was presented with closing gifts of appreciation:

Her Vancouver Chapter presented a \$1,000 check to R&E on her behalf, Canada districts presented a \$7,690.80 (Canadian \$) check to the RTF. Barb emphasized that there is no such thing as over-corresponding with providing information to your chapter members.

Thursday's Leadership Workshop was great with a very enthusiastic speaker, Wilney Audain who encouraged us to set a goal to accomplish something we need to do that we have put aside and determine how to accomplish it. Some attendees had a plan in place by the time the session ended.

During the session, Susan Shamali announced a few IAAP changes to trim the budget: new member packets will now be distributed by e-mail, there will not be a sponsor/presidents pin this year, awards for the membership growth program is being reviewed in light of the expenses review, IMPACT programs will be called membership recruitment programs and the membership department will be creating a PowerPoint presentation for chapters to use.

What a great EFAM! I encourage you to attend next year's meeting in Boston if you are able to go.

Terry Anderson

Delegate

A Word from the President

Lori J. Wilson

"Your worst days are never so bad that you are beyond the reach of God's grace.

And your best days are never so good that you are beyond the need of God's grace." ~ Jerry Bridges

Back (Snack) to School is upon us again. As everyone in the Westport Chapter knows, child hunger is a cause very near and dear to my heart. The idea of any child not having food brings tears to my eyes (yes, they are there now). Harvester's Kansas City needs our help! No child in our nation should be hungry. Yet in Kansas and Missouri, an estimated 400,000 children under age 18 are food insecure, meaning they lack dependable access to enough food for an active, healthy life. One in every five children in Missouri and one in six in Kansas are at risk of not having enough to eat. In times where people are losing their jobs, not receiving COLA's or a raise, we forget how fortunate some of us really are.

We are all guilty of driving into Starbuck's or McD's for breakfast, lunch on the run at Wendy's, or just stop off at Texas Roadhouse on the way home for dinner because we are too tired. How much did you spend today in take away food? This week? How much was spent on empty calories (junk food)? Set a goal, figure how much you spend weekly on fast food and junk food. Now cook something at home – the difference? Westport IAAP will gladly take that money and deposit it at Harvester's Back (Snack) program. The goal is 10,000 children for the 2009-2010 school year. Remember, it is only \$200 to feed a child for a YEAR! That is 365 days of a full tummy! Now isn't this worth a little time at the kitchen table with your family?

"Be who you are and say what you feel because those who mind don't matter and those who matter don't mind." ~ Dr. Seuss

L.

Board of Directors

President: Lori J. Wilson
 Vice President: Janice Chronister CPS
 Treasurer: Thressa Allen
 Secretary: Doris Yonker

Committees

Membership/Sunshine Committee:
 Pamela K. Creasman CPS/CAP
 Bylaws & Standing Rules:
 Suzanne Hutchinson CPS/CAP
 Newsletter:
 Crystal L. Thomas CPS/CAP
 Website:
 Thressa Allen
 RTF/R&E:
 Janice Chronister
 Ways & Means:

Westport History

The Westport Chapter was chartered on October 12, 1943. Westport IAAP belongs to the Missouri Division, within the Southwest District.

Westport Mission

To be acknowledged, recognized leaders of office professionals; to enhance their individual and collective values, image, competence and influence; to provide education and training; and to set standards of excellence recognized by the business community in the Kansas City area.

Next Westport Chapter Meeting:

Tuesday, September 8, 2009

Cardiovascular Consultants

5:30 Networking, 6:00 Dinner, 6:30 Program

"Everyone's a Leader"

by

Kay Enlow CPS/CAP, Hallmark Chapter

Please RSVP

Thressa Allen by 11 am, September 4th

Tallen@marc.org - or - 816.701.8371

Westport Wisdoms

Returning to school is the perfect time to clean out the cobwebs! Here are a few helpful hints to get you started:

Recently in the *KC Star*, they ran an article "A-to-Z Storage Tips". These were tips to help reduce clutter throughout your home. For more information, check the original article from July 26, 2009. Here are a few: Vases – you really only need three: bud (one or two stems), cup shape (for small bouquets), and a cylindrical (long-stems).

Jewelry – use the clear plastic, 80-pocket Hanging Jewelry Organizer (www.containerstore.com) or put each necklace in a separate zippered plastic bag. The snack zip-locks are perfect size.

Batteries – store batteries in original container in a drawer. Secure any loose batteries with a rubber band so that all positive ends point the same way.

Electronic cords – you can corral them by using your paper towel roll. Slice the roll down one side and wrap tubing around cords. You can decorate with different contact paper – use a "wood" look for those cords around your wood floors.

Household papers – buy a scanner and use it! Add a title page for each folder on where the original is kept for those papers that cannot be destroyed (taxes, mortgage, etc).

Ask every member of your family to pick at least five items they no longer use – post for sale or better yet, DONATE! To determine the amount of your deduction, go to www.goodwill.org, then "Claim Your Deductions" and finally "Valuation Guide for Material Donations". This not only helps you with a tax break, it helps your community.

Clean out your car! Hauling unnecessary gear can decrease your fuel efficiency up to 5%! Let's remember Mother Earth.

Rattlesnake Eggs

By Debbie Mapes, Contact Representative

1 8oz pkg Cream Cheese

1 lb cooked and drained sausage

2 Tbsp diced jalapeno's

1 large tube of crescent rolls

Pre-heat oven as directed on crescent roll tube. Mix cream cheese, sausage and jalapenos. Lay out crescent rolls and spoon mixture in and roll up, sealing edges. Bake as directed on crescent roll tube, until golden brown. Cooking time may be a little longer than directed depending on your oven. Serve hot.

I got this recipe from a co-worker of mine. Debbie made them for a potluck breakfast we had during training, and now she has to bring them all the time! They are that good!

Crystal

Answers for July Brain Teasers:

**HISTORY
HISTORY
HISTORY
HISTORY**

History Repeats Itself

ICE³

Ice Cube

M1LLION

One in a Million

EMPLOY__T

Men out of Work

READ

Read Between The Lines

**MIND
MATTER**

Mind over Matter

Y J U L Y U J U L Y U J U L Y
L J U L Y Y Y Y J L Y L U J U
U J J J J L Y L L U Y Y Y Y Y
J U U U U U L U U J L L L L L
Y L U J L J U J J J Y U U U
Y Y U J Y Y J U J Y U Y J J J
J L J U L Y L U J U L Y J U U
Y U U L U Y L U J U Y U L L L
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U U J Y J U L Y L Y U L L L J
L L J U L Y L U L U J U U U J
Y Y Y Y L Y J Y J U J J L U J
J U L Y L Y L U J U J Y L U J
J U U U J U L Y L U J Y L U J
J U J U J Y J U L Y L Y L U J

How many times does the word July appear in the puzzle above?

77

Fun Stuff

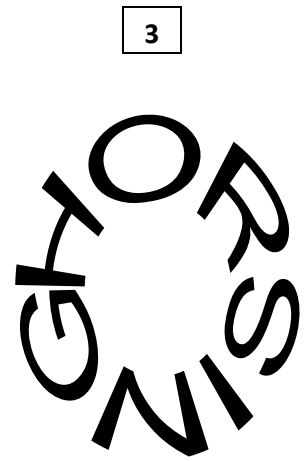
(Westport is not responsible if your Boss catches you!)

Brain Teasers: What are these? I'll publish the answers next month.



2

HAY
HAY
NEEDLE
HAY
HAY



4

CONTIN ENTAL



6

POC\$\$KET

Educational Forum and Annual Meeting 2009 Photos



From left: Mary Madick, CPS/CAP, Missouri Division Treasurer; Terry Anderson, Missouri Division Secretary; Antoinette Smith CPS/CAP, Southwest District Director; Cindy Busby, CPS/CAP Missouri Division President.



Terry Anderson, Missouri Division Secretary
Yolanda Thomas, CAP, City of Fountains Chapter



From left: Terry Anderson, Missouri Division Secretary; Cindy Busby, CPS/CAP Missouri Division President; Susan Shamali, CPS/CAP, International President; Mary Madick, CPS/CAP, Missouri Division Treasurer.



Missouri Division Members at the Final Night Banquet.



Hallmark Chapter, AKA "The Women In Red"

Ladies Room? Down the hall to the right, first door on the left.



Conga Line!



Boogie Down Ladies, Boogie Down!



Hey! How did I get stuck holding everyone's purse?