

**Carey Walton, CPS/CAP
Division President**

The 10 Commandments of Leadership

To be an effective leader, you must do the things that effective leaders DO! Consider the exceptional leaders you have known about or experienced in the past. Reflect on the positive impact they've had on others. You now have the same opportunity to make a difference. This is your time to "pay it forward."



**Marilyn Taylor, CPS
Division President Elect**

212°—The Extra Degree

At 211°, water is hot. At 212°, it boils. And with boiling water, comes steam. And steam can power a locomotive. Raising the temperature of water by one extra degree means the difference between something that is simply very hot and something that generates enough force to power a machine. Our every endeavor should push us to make the extra effort in every task we undertake. 212° serves as a reminder that seemingly small things can make tremendous differences.



**Lana Egan
Division Secretary**

The Non-Verbal Advantage

The workplace is a "blink" world. Studies show we form opinions of one another within 7 seconds of meeting, and that 93 percent of the message people receive from us has nothing to do with what we actually say. Good nonverbal communication skills are a huge professional advantage. Learn to understand what we and the people we work with are saying without speaking through the science of body language.



**Rachael Barnett, CPS/CAP
Division Treasurer**

Confident Public Speaking

Public speaking encompasses our lives every day. Whether you are speaking to your manager, a small group at a meeting, or 200 people, there are tips and tricks to get you ready. In this presentation you will learn how to prepare your objective and be organized to get your message heard. You will learn some real world techniques to calm your mind and increase confidence. We will discuss opportunities to practice and polish your personal style and how to recover from a mistake or huge blunder.

Making the Leap To Remarkable

**2011 State Education Forum
Three Saturdays in October
9:30 a.m.—4:00 p.m.**

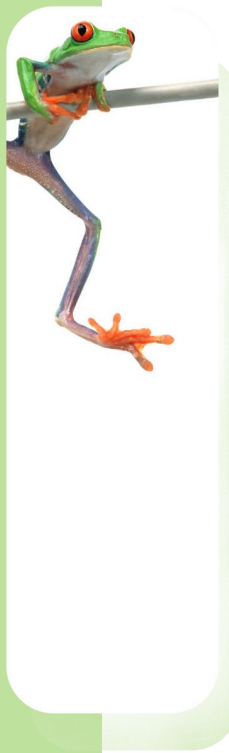
IDAHO-OREGON-UTAH DIVISION

- 9:30—Welcome and Introductions**
- 9:50—President’s Message**
- 10:00—Confident Public Speaking**
- 11:00—The Non-Verbal Advantage**
- 12 noon—Lunch**
- 1:00—212° The Extra Degree**
- 2:00—The 10 Commandments of Leadership**
- 3:00—Member Discussion/Brainstorming**

Every member is invited and encouraged to attend! This is a great opportunity to spend time with IAAP members from a variety of Chapters, meet your Division officers, and earn recertification points. Also, invite potential members—what a great way to learn about IAAP.



**For more information or to register, call:
Rachael Barnett (503) 561-2278**



REGISTRATION

**\$35 Merited and Student Members
\$40 Professional Members
(includes lunch)**

3 State Trainings to choose from:



October 15—OREGON
Salem Hospital
665 Winter Street SE
Building C, Rooms ABC
Salem, OR 97301



October 22—IDAHO
Best Western & Convention Center
800 N. Overland Avenue
Burley, ID 83318



October 29—UTAH
McKay Dee Hospital
4401 Harrison Boulevard
Ogden, UT 84403

Mail form and registration fee to:

**Rachael Barnett, CPS/CAP
1429 Cresthill Ave NW
Salem, OR 97304**

Phone: (503) 561-2278
Fax: (503) 561-4844
E-mail: Rachael.Barnett@salemhealth.org

Name _____

Address _____

E-mail _____

Phone _____

Forum Attending:

- Oregon—October 15**
- Idaho—October 22**
- Utah—October 29**

Payment must accompany registration form

You will receive an e-mail verifying your registration.