

# Lindbergh Chapter Communiqué

JANUARY 2010

WWW.IAAP-LINDBERGH.ORG

## BOARD OF DIRECTORS

### President:

Charlotte Kuhn, CPS  
charlotte.j.kuhn@monsanto.com

### President-Elect:

Ann Werner  
werner\_ann@sbcglobal.net

### Vice President:

Charlene Faulkner, CPS  
charlene.m.faulkner@monsanto.com

### Secretary:

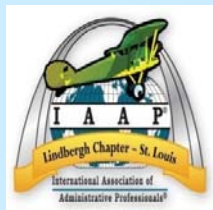
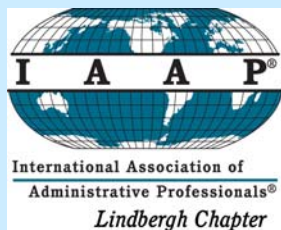
Joy Ihler  
joy.l.ihler@monsanto.com

### Treasurer:

Marilyn Moultrie, CPS  
Marilyn.Moultrie@labarge.com

### Immediate Past President:

Marsha Bright, CPS/CAP



From Your President.

## 10 New Year Resolutions for Lindbergh Chapter Members

1. Encourage a member you don't see very often attending meetings to come. Asking someone personally will make them feel welcome.
2. Resolve to invite another administrative assistant who is not a member to one meeting as a guest.
3. Resolve to continue to work on your Member of Excellence Form you signed for the year.
4. Resolve to help the chapter with our Chapter of Excellence requirements.
5. Plan on coming to our 50<sup>th</sup> Anniversary Celebration. We promise it will be a great program.
6. If you have not earned your CPS or CAP look into taking the test and what the requirements are. You will benefit in the long run.
7. If you have your CPS or CAP remember you must continue with recertification points to recertify after five years. Attending monthly meetings where recertification points are offered will help toward the goal of 90 recertification points.
8. Give of yourself when we are asking for donations to our various charities we support.
9. Remember Administrative Assistants Week and Administrative Assistant Day in April at your company and work to plan some sort of recognition for the administrative staff.
10. Run for office in our chapter or volunteer to be a chair for one of the committees for the coming year.

Charlotte Kuhn  
President

A HAPPY  
NEW YEAR

## Lindbergh Chapter Mission Statement

To be the recognized leader of administrative professionals in the St. Louis area. To encourage and inspire our members to achieve their personal best, by providing resources to develop leadership skills, enhance technical expertise and promote a networking venue.

# Welcome to 2010!

From Your Secretary

Welcome to 2010! I hope all of you had an enjoyable time with family and friends during the holiday season. Stay safe during this winter season as you travel about. Just a reminder...if you know of someone who needs encouragement, who is not well, please let me or one of the Board members know so we can send a card. I look forward to seeing you at the 2010 chapter meetings!

Joy Ihler  
Secretary

Happy New Year to you all! I hope everyone had good holidays and that you are all ready to get back into the swing of things! At our first Lindbergh Chapter Meeting of the year on, Tuesday, January 26th, we will have Craig Venard presenting for us on **“Your Career Development Through Innovation Styles”**. The program deals with Managing your career using Innovation Styles and adding new dimension to your thinking. This relatively new material can specifically be used to better formulate direction and design of your career, while at the same time diversify your approaches in project development and creativity, adding value to both your efforts and your resume. Today more than ever, we need to continue to expand our cognitive perspective by not limiting ourselves to what comes naturally, but by learning other ways to approach the process of innovation.

So plan to attend the January Chapter meeting to find out how Innovation Styles can provide you with a very valuable tool to use to manage your career--now and in the future. One CPS/CAP Recertification point will be awarded for those who attend the meeting. Looking forward to seeing you then.

Charlene Faulkner, CPS.  
Vice President, Lindbergh Chapter of IAAP

## Let's GO GREEN!



Highlighted Item for January....

### GOING GREEN IN 2010 - 365 DAY CHALLENGE!

“Day 17 - I have a guest in my shower  
That's right. I won't be showering alone anymore. I have invited my KitchenAid baking timer into the shower with me. This morning, I was taking a shower and spent far too much time in there, which lead me to wonder just how much water I had wasted. Rather than using the shower as a place to relax, I will find an alternate place. I am limiting my showers to 5 minutes long. When the timer goes, I had better be reaching for the towel.”

[www.greenin2010.blogspot.com](http://www.greenin2010.blogspot.com)



## “potachos”

### WHAT YOU NEED!

- 4 cups kettle potato chips (4 oz.)
- 1 cup KRAFT Shredded Cheddar Cheese
- 1 small tomato, chopped
- 2 green onions, sliced
- 4 slices bacon, crisply cooked, crumbled
- 1/4 cup sour cream

### MAKE IT!

- Spread chips onto large microwavable plate; top with cheese.
- Microwave on High 1 to 2 min. or until cheese is melted.
- Top with remaining ingredients.
- Serve immediately.

[www.kraftfoods.com](http://www.kraftfoods.com)



A HAPPY  
NEW YEAR



## Buffalo Chicken Party Sandwiches

### WHAT YOU NEED!

- 4 cups shredded cooked chicken
- 1/2 cup hot pepper sauce for Buffalo wings
- 1/4 cup water
- 1/4 cup mayonnaise
- 1/4 cup ranch dressing
- 6 stalks celery, finely chopped
- 1/4 cup blue cheese crumbles
- 12 small sandwich buns, split
- 1-1/2 cup shredded cheddar cheese

### MAKE IT!

- Cook chicken, hot sauce and water in medium saucepan on medium heat for 5 minutes, or until heated through, stirring occasionally.
- Meanwhile, mix mayo, dressing, celery, and blue cheese
- Fill buns with chicken mixture, cheddar, and mayo mixture.

[www.kraftfoods.com](http://www.kraftfoods.com)



## Recipe for a Happy New Year

Take twelve whole months,  
Clean them thoroughly of all bitterness, hate, and jealousy,  
Make them just as fresh and clean as possible.

Now cut each month into twenty-eight, thirty, or  
thirty-one different parts,  
but don't make up the whole batch at once.  
Prepare it one day at a time out of these ingredients.

Mix well into each day one part of faith,  
one part of patience, one part of courage,  
and one part of work.

Add to each day one part of hope,  
faithfulness, generosity, and kindness.  
Blend with one part prayer,  
one part meditation, and one good deed.  
Season the whole with a dash of good spirits,  
a sprinkle of fun, a pinch of play,  
and a cupful of good humor.

Pour all of this into a vessel of love.  
Cook thoroughly over radiant joy,  
garnish with a smile,  
and serve with a quietness, unselfishness,  
and cheerfulness.

You're bound to have a happy new year.

— Author Unknown —



## Schedule of Events

### January

- \* January 12, board meeting
- \* January 26, chapter meeting

### February

- \* February 9, board meeting
- \* February 23, chapter meeting

### March

- \* March 9, board meeting
- \* March 23, chapter meeting
- \* **March 26, Three Rivers Council Professional Development Conference**

### April

- \* April 13, board meeting
- \* **April 27, chapter meeting - GOLDEN ANNIVERSARY**

### May

- \* May 11, board meeting
- \* May 25, chapter meeting


### June

- \* June 8, board meeting
- \* June 22, chapter meeting

## FEBRUARY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

## MARCH 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26 	27
28	29	30	31			

## JANUARY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Please mark your calendars for the next Professional Development Conference to be held on Friday, March 26, 2010. The TRC is working hard to solicit stellar speakers, to obtain voluminous vendors, and to secure a handy hotel. Please get the word out to your friends and colleagues about the PDC; we need everyone's support. Hope to see you on Friday, March 26, 2010.

A HAPPY  
NEW YEAR

# Help Us Celebrate and Congratulate

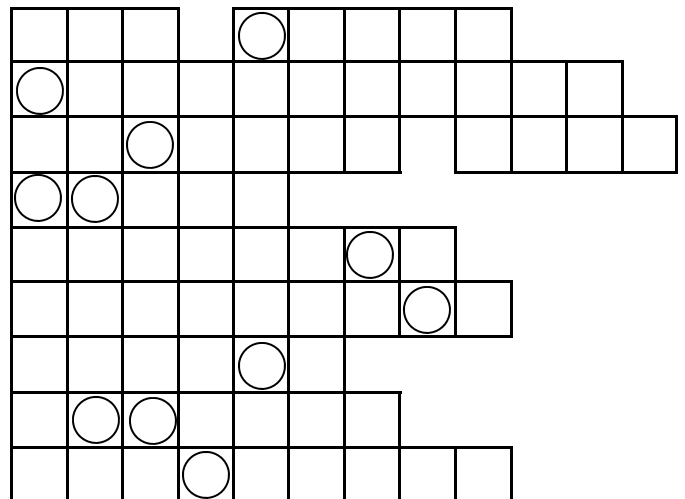
Member Birthdays	
<b>JANUARY, 2010</b>	
Lou Brummet	January 5
Mary Terramara	January 9
Teresa Walker	January 9
Heather Ray Swan	January 28
Lori Stewart	January 31

Anniversaries	
<b>JANUARY, 2010</b>	
34 Years	Susan Doerge
7 Years	Diana Kester
4 Years	Anita Cotton
3 Years	Juanita Juarez Patricia Kern, CPS
2 Years	Lori Stewart Phebe Thompson
1 Year	Jennifer Radmer, CAP Madonna Byerly



## Fun & Games

E N W S E Y R A  
 L O S N E U O I R S T  
 C Y T S A R L B L L A  
 T Y A R P  
 H I G I N T M D  
 D O N T C W U N O  
 S E I S S K  
 J A U Y N R A  
 T E C B E A R E L



P

Unscramble each of the clue words.  
 Take the letters that appear in  boxes and unscramble them from the final message.