



Chapter Meeting Wednesday January 4, 2012



The InterContinental Hotel Yorkville
220 Bloor Street West Toronto ON M5S 1T8
<http://toronto.intercontinental.com/>



Agenda

5:15pm - 6:00pm	Foyer	Registration/Networking
6:00pm - 6:15pm	Barclay Room	Welcome/Announcements
6:15pm - 6:30pm	Dessert Topic	 ZOË ALLIANCE EMPOWERING PEOPLE for LIFE
6:30pm - 7:30pm	Program	 "Fearless Speaking", Lynn Woodman
7:30pm - 8:00pm	Participation	Good of the Order/Networking

Have you noticed how the same people tend to speak up in meetings again and again? Have you ever wanted to contribute to a meeting but felt overlooked and got tongue tied? Have you ever watched a great presentation and thought "I can't do that. I'm terrified of public speaking!?" Have you ever gone blank when you have to answer questions in front of a group of people - or answer difficult questions?



Most people have an overwhelming fear of being caught like a deer in headlights when asked to speak in front of a group of people. Particularly if the group is made up of peers - or worse, people with higher status (bosses, VPs, CEOs, and the like).

Learn how to communicate with ease whether it's done one on one, in a team meeting, or with a large audience:

- Fear and the nature of our minds
- Navigating different communication styles
- When and why you should shut up and allow the quieter participants to speak
- Discover how to invite quiet people to participate and offer their thoughts
- How to take risks and speak up in meetings
- Essential rules for developing active listening
- How to improvise, organize your thoughts, and think quickly on your feet when 'under fire'.

Since 1985, Lynn Woodman has trained hundreds of people to speak with confidence. She works with business professionals from all over the world, focusing all her passion, skill and expertise to deliver on the mission of inspiring, motivating and supporting them to be fearless, passionate and authentic speakers. As the name of her company *Voice Power* - launched in 2007 - suggests, the heart of her work is empowering everyone to confidently, intelligently and skillfully use their full voice to communicate, whether in public, in a meeting, or one on one. She draws upon 30 years of practical experience as a professional stage and screen actor and on an active career as a Voice & Speech and Movement teacher. Her training is celebrated by her clients and she is known as a gifted, knowledgeable, supportive and enthusiastic teacher, facilitator and coach.

1 recertification point awarded

Regular Meal:

Seared Supreme of Chicken Stuffed with Parsley Butter served with Batonnetts of Carrot and French Beans

Registration Fee: Members \$35; Guests \$40
Visa and MasterCard accepted at the door

Walk in attendees will not be accommodated.

Vegetarian Meal: TBD

Dessert:

Painters Tuille of Assorted Sorbets with Strawberry Coulis & Almond Brittle

[Click Here to Register](#)

Register (or cancel if your plans change) no later than 4 pm on December 31, 2011

Dinner is accompanied with Fresh Rolls, Creamery Butter, Freshly Brewed Illy Coffee and a Selection of Fine Tea

We are a non-profit association. Cancellations must be received by the deadline or you will be invoiced.