

# Dolphin Tales

GALVESTON COUNTY CHAPTER

December 2010

## OFFICER'S CORNER

### Merry Christmas, Chapter Friends!



Written by Janine Cmaidalka CPS/CAP  
Past President

It's Christmas and the end of another year already! I was asked to fill the Officer's Corner in this newsletter and it was suggested I write a note on "What Christmas Means to me." Every family celebrates the season in different ways and for different reasons, but there is a universal act in which most participate and that is the act of Giving.

I was brought up with the Bible and the historic record of the birth of Christ can be found in Matthew 1:18 - 25 and in Luke 2:7 - 21. I learned about the gifts I receive from God and about the privilege of giving gifts from my heart.

In our family, we attend church on Christmas Eve and open gifts on Christmas morning. It's a joyful time where family members work together to prepare everyone's favorite dish and share gifts with each other. We had a couple traditions when my sons were small that I look forward to beginning with my grandchildren. One of those traditions was for them to help bake a birthday cake for Jesus; I look forward to continuing this tradition with my granddaughter. I think she will be ready for it next year! We also read the "Christmas Story" at bedtime throughout the holiday season. We also chose a service project to volunteer a little time and a charitable cause to somehow donate to. Like most families today, we can easily get "caught up" in the commercialization, we just have to step back and re-evaluate what Christmas is really about from time to time.

Somewhere far in the past, I read an article about the 3 Golden Rules of Conscious Gift Giving that I try to remind myself of at Christmas and I will share them with you.

- Don't add to your debt. Overspending in the holiday season also adds anxiety and stress. (I can certainly attest to that when I forgot this rule in years past!)
- Think consumables. Many of us have too much Stuff in our lives already. Use your imagination, think outside the box, give consumables (cookies, fudge, etc.), personal services or memorable experiences. (It's fun to make and receive "I promise to do"

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## Calendar of Events

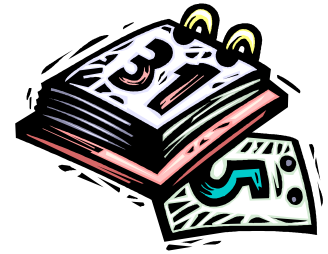
January 6, 2011	Office Team
February 3, 2011	Building Trust to get Results Jennifer Huey, Franklin Covey Houston
February 7, 2011	Galveston County Annual Seminar Galveston Hilton
February 15, 2011	CPS/CAP Deadline
March 3, 2011	TBA
April 7, 2011	Officer Nominations
May 6 & 7, 2011	CPS/CAP Exams
May 11, 2011	Election of Officers
June 2, 2011	Installation of Officers

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at:

<http://www.iaap-txgalv.org>

Become a Fan on our  
Facebook Page:

<http://www.iaaacebook.com/pages/IAAP-Galveston-County>



*The Galveston County Chapter Holiday Party held on Thursday, December 2nd at Dickenson Bar-B-Que was a success. All those who attended had a wonderful time.*

*The winner of the Blanket Raffle was Cathy French, who donated it to the TAMUG group to raffle again.*



*Please keep those articles, recipes or items of administrative or organizational interest to the Newsletter Committee.*

Newsletter Committee: Karla Villeneuve CPS [kvilleneuve@standardparking.com](mailto:kvilleneuve@standardparking.com), Mary Contreras CPS [Mcontreras@leaguecity.com](mailto:Mcontreras@leaguecity.com) and Rhonda Driver CPS/CAP [rhonda.driver@nasa.gov](mailto:rhonda.driver@nasa.gov). The Galveston County Chapter Newsletter "Dolphin Tales" is a monthly publication. The deadline for submission of materials is the following Monday after the monthly chapter meeting each month.

**Save the Date!**

**Monday, February 7, 2011**

# Galveston County Chapter Annual Seminar “Unmask Your Potential”

(7 Recertification Points Pending)

**At the beautiful the Hilton Galveston Island Resort**

**5400 Seawall Blvd.**

**Galveston, TX 77551**



**Early Bird Special—\$119 ends 12/31/2010**

For more information contact:

**Deborah Grounds-Sanders CPS/CAP, Seminar Chair**

**deborah.sanders@centerpointenergy.com**



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notes.)

- Gift yourself. Don't think of it as selfish, but treat yourself to an item or experience that contributes to your personal well being. It makes you better for your family too.

Through the years our family has had both kinds of Christmas holidays; those that are commercialized and those that are simple. I pick simple as the best! May we all try to celebrate with love, compassion and peace in our hearts and avoid the tradition of over-spending and waste.

*Merry Christmas to each of you!*

*I look forward to seeing everyone at our meeting in January.*

*Happy New Year!*

“...TREAT  
YOURSELF TO  
AN ITEM OR  
EXPERIENCE  
THAT  
CONTRIBUTES  
TO YOUR  
PERSONAL WELL  
BEING...”

## “Holiday Craft & Gift Fair” Fundraiser for GCC-IAAP

Submitted by Annette Barham CPS/CAP



*Attendants from left to right: Deborah Sanders, SANTA, Margaret Cuellar, Annette Barham, Teresa Ramirez, Janine Cmaidalka, and Rikki Killebrew*

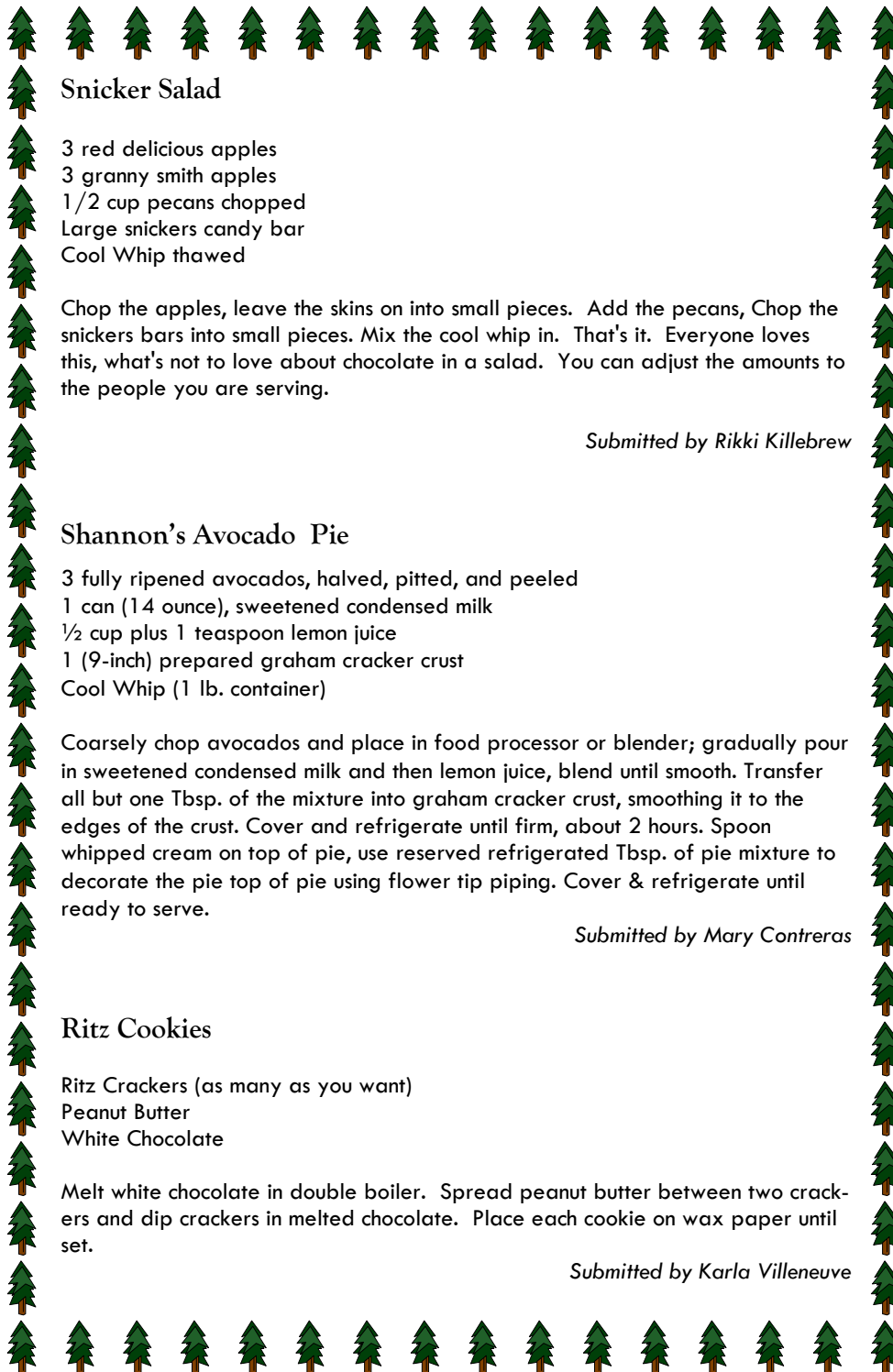
I really wanted a chance to thank all of our members that participated in the “Holiday Craft & Gift Fair” at the Sea Aggie Center Lobby on December 3<sup>rd</sup>, 2010.

I wanted to send a big THANK YOU to the members shown above (minus Santa) for coming to the fair and helping out with the sell. The fair was a great success for us as a chapter. We learned a few things for next year. By the way, college students love cookies.

Hopefully, if we are interested next year, the A & M Staff Advisory Committee will ask us to join them again. What a lovely set up they had. And of course THANKS to Margaret for getting us the best tables at the fair. We made money, made friends, we spent money and we had a great time.



## Holiday Recipes



### Snicker Salad

3 red delicious apples  
3 granny smith apples  
1/2 cup pecans chopped  
Large snickers candy bar  
Cool Whip thawed

Chop the apples, leave the skins on into small pieces. Add the pecans, Chop the snickers bars into small pieces. Mix the cool whip in. That's it. Everyone loves this, what's not to love about chocolate in a salad. You can adjust the amounts to the people you are serving.

*Submitted by Rikki Killebrew*

### Shannon's Avocado Pie

3 fully ripened avocados, halved, pitted, and peeled  
1 can (14 ounce), sweetened condensed milk  
1/2 cup plus 1 teaspoon lemon juice  
1 (9-inch) prepared graham cracker crust  
Cool Whip (1 lb. container)

Coarsely chop avocados and place in food processor or blender; gradually pour in sweetened condensed milk and then lemon juice, blend until smooth. Transfer all but one Tbsp. of the mixture into graham cracker crust, smoothing it to the edges of the crust. Cover and refrigerate until firm, about 2 hours. Spoon whipped cream on top of pie, use reserved refrigerated Tbsp. of pie mixture to decorate the pie top of pie using flower tip piping. Cover & refrigerate until ready to serve.

*Submitted by Mary Contreras*

### Ritz Cookies

Ritz Crackers (as many as you want)  
Peanut Butter  
White Chocolate

Melt white chocolate in double boiler. Spread peanut butter between two crackers and dip crackers in melted chocolate. Place each cookie on wax paper until set.

*Submitted by Karla Villeneuve*

## *IAAP December Anniversaries*

*Rikki Killebrew  
12/1/2001*



Annette Barham CPS/CAP  
Janine Cmaidalka CPS/CAP  
Rhonda Driver CPS/CAP  
Georgina Eastmond CPS/CAP  
Cathy French CPS/CAP  
Deborah Ground-Sanders CPS/CAP  
Bobbie Guyton CPS/CAP  
Janet Kidd CPS/CAP  
Lynn Wyatt Maida CPS/CAP  
Renee Pearcy CPS/CAP  
Lynne Purdue CPS/CAP  
Teresa Ramirez  
Pam Stout CPS/CAP  
Karla Villeneuve CPS

*Congratulations to the above members for their achievement!*

## *IAAP Birthdays*

*Linda Lindquist  
December 17th*

*Pam Stout  
December 23rd*



*Renee Pearcy  
December 27th*

*Thank you to our sponsor!*



## **Galveston County Chapter 2010-2011 Board of Directors**

**President, Annette Barham CPS/CAP**  
**President-Elect, Rhonda Driver CPS/CAP**  
**Vice President, Karla Villeneuve CPS**

**Secretary, Cathy French CPS/CAP**  
**Treasurer, Georgina Eastmond CPS/CAP**  
**Past President, Janine Cmaidalka CPS/CAP**

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