

Connie Brown
Sioux City Public Library
529 Pierce St.
Sioux City, IA 51101-1203

PLEASE ROUTE TO:
All
Office Professionals

Seminar and Luncheon

Lisa Gunderson
presents

Creating New Mindsets and Amazing Results

and

Pencil “Me” In

Wednesday, March 23, 2011

Sioux City Convention Center
801 4th St.
Sioux City, Iowa

Sponsored by
Sioux Chapter
International Association of
Administrative Professionals®

AGENDA

Wednesday, March 23, 2011
Sioux City Convention Center

- 8:00 a.m. Registration
- 8:25 a.m. Welcoming Remarks
- 8:30 a.m. Lisa Gunderson
Creating New Mindsets and Amazing Results
- 10:00 a.m. Break
- 10:15 a.m. Lisa Gunderson
Pencil “Me” In
- Noon Lunch & Program
Lunch Menu: Grilled Citrus Chicken w/Dessert
- 1:00 p.m. Event Concludes

ABOUT IAAP®

The International Association of Administrative Professionals is a not-for-profit professional association for office professionals with approximately 28,000 members and affiliates and nearly 600 chapters worldwide.

Our mission is to enhance the success of career-minded administrative professionals by providing opportunities for growth through education, community building and leadership development.





Lisa Gunderson

Lisa speaks from experience! Lisa rallies groups and individuals to make life and leadership changes that truly make a difference. She helps audience members face areas in their lives in which their current approaches simply are not working—not creating the results desired or the quality of life aspired.

On the professional front, Lisa is a talented speaker and trainer with a vast background in finance, conducting personality assessments using Myers Briggs Type Indicator and facilitating several focus groups for top businesses. Some of her clients include the Argosy Casino, Go Red for Women, American Red Cross, Clemson University and Dakota County Leadership. She holds a B.A. in Business from Briar Cliff University. Lisa does consulting work with Cy Wakeman, Inc. and Fred Pryor/CareerTrack Seminars, nationally known groups who work with organizations that have learned to succeed in these challenging times.

Creating New Mindsets and Amazing Results

You will be challenged to “unfreeze” your old patterns of thinking and behaving so that new possibilities can be created. You will realize that many of the disappointments you face are due to your own self-imposed limitations. Leave with a renewed appreciation of your role in shaping the continued success of your day to day life. Lisa delivers a great message with humor and candor. Her take on reality is refreshing and pointed. She shows participants first-hand how to recreate mindsets—their own and the mindsets of others—so that they can lead and serve in new and revolutionary ways.

Pencil “Me” In

Why are the airlines so concerned that we moms take care of ourselves first and firmly attach our own mask before we attempt to assist others with theirs? Because they know that unless we put ourselves as a priority, no one will survive... So it is time to check in and see how firmly your air mask is attached—to put yourself first as a priority so that you can be your best when supporting the significant others in your life. In Lisa’s entertaining session, she will give you tips and techniques to help you not only intend to put yourself first but to actually “pencil yourself in” each and every day on your calendar so that you can truly be the best for others in your life.

REGISTRATION

One form per person; duplicate for additional forms.
(Please Print)

Name: _____
Company: _____
Address: _____
City: _____
State: _____ Zip Code: _____
Telephone: _____
E-Mail: _____

Registration fee: \$50
IAAP members: \$40

Registration includes seminars and lunch
 Special dietary needs _____

Registration Deadline
Wednesday, March 16, 2011

Please return this completed form and payment (payable to *Sioux Chapter, IAAP®*) to:

Sue Conway
436 East 26th Street
South Sioux City, NE 68776

If you have questions or need additional information, please contact:

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