



TAMPA BAY CHAPTER
PO Box 20265
Tampa, FL 33622
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Celebrating 32 years in Tampa Bay!
1987 - 2019

CONSTRUCTION FINANCIAL MANAGEMENT ASSOCIATION

Workers Compensation/OSHA Update

Understanding Workers Compensation, and how to be OSHA compliant and avoid penalties and fines.

DATE: Thursday, March 28, 2019 *Mark your calendars!*
TIME: 7:30 a.m.: Breakfast / Networking
8:00 a.m.: Program (Our programs last approximately 1.25 hours)
Includes One Hour of CPE
SPEAKERS: Josh Helmuth, Lykes Insurance
Joan Spencer, U.S. Department of Labor-OSHA
PLACE: The Centre Club, 123 S Westshore Blvd #8, Tampa FL 33609
Urban Centre, Top Floor, East Elevators
Business casual is appropriate, no jeans please
SPONSOR: **Big Sur Technologies**  **BIG SUR** TECHNOLOGIES | MAKING IT EASY

PAYMENT: \$25.00 (members) / \$35.00 (non-members) -- **No cash at the door please**
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RSVP: Respond to tampabay@cfma.org or by fax 813-864-6724.

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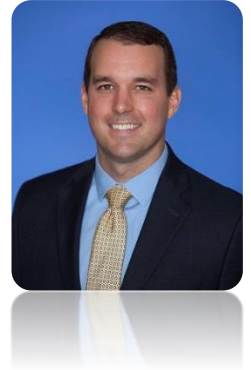
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ABOUT OUR SPEAKERS

Josh Helmuth, CIC **Lykes Insurance**

Josh joined Lykes Insurance in 2011 as a risk advisor specializing in corporate risk management and insurance program design, with a particular focus on business owners in the construction, agriculture/food services and manufacturing industries. He had previously been with Brown & Brown Insurance of Sarasota. A graduate of the University of Florida Warrington School of Business, he received a Business Administration degree with a specialization in Finance. He is a member of Association of Corporate Growth (ACG) Tampa Bay Chapter, Emerging Professionals; Gulf Coast Builders Exchange; Manasota Air Conditioning Contractors Association; Sarasota Plumbing, Heating, Cooling Contractors Association and Business Networking International, where he was 2012-2013 president. He has served as an advisory board member of the Sarasota Family YMCA as well as the Friends of Scouting Council and received the Eagle Scout award.



Joan Spencer, Compliance Assistance Specialist **U.S. Department of Labor - OSHA**

Joan is presently employed as the Compliance Assistance Specialist in the Tampa Area Office of the Occupational Safety and Health Administration. Ms. Spencer provides advice, education and training to businesses, labor organizations and other associations to promote voluntary compliance with OSHA's safety and health standards. Ms. Spencer began her employment with the Agency in 1990 as an Industrial Hygienist. As an Industrial Hygienist, Ms. Spencer conducted health-related field inspections in general industry, construction and maritime establishments. Prior to OSHA, Ms. Spencer was employed as the Safety and Health Coordinator at a secondary lead smelter and as an Environmental Scientist with an environmental regulatory agency. Ms. Spencer holds a Bachelor of Science degree in Chemistry from the University of Tampa and a Master of Public Health in Industrial Hygiene/Safety Management from the University of South Florida. Ms. Spencer was certified by the American Board of Industrial Hygiene in 1994.



UPCOMING MEETINGS

Thursday, May 16th – Topic: Lien Law Update
Thursday, August 22nd – Topic: TBD
Thursday, September 19th – Evening Event – Chapter Summit
Thursday, November 14th – Topic: Year End Tax Update