

2018 Secondary Workshop Descriptions

Conference workshops have been scheduled for 50 minute sessions with a 10 minute break in between.

Behind the Scenes Tour: Take a walking tour behind the scenes of Dover Downs Hotel as you learn the ins and outs of operating a hotel. Session will be limited to the first 20 participants. (Registration Pre-function Lobby) Sessions begin at 10 am, 11 am, 2 pm, and 4 pm.

Give What You Seek: This workshop will provide a talk on beginning leadership. Questioning what makes a good leader and what makes people want to be led. The discussion will culminate with the idea that in order to lead we must first take a look at ourselves and what drives us. Once we have then we can go to work. (Chesapeake) Sessions begin at 10 am, and 11 am.

Internet Safety & Cyberbullying: The workshop is a compilation of power point, video and active discussion around the privilege of internet use. Topics to be discussed, directly germane to teens, include: digital citizenship, cyberbullying, permanency of posting, sexting, sending pics, usage of apps, and the future professional impact for a young adult. (Chesapeake) Sessions begin at 2 pm, and 4 pm.

Planning for College: The workshop will provide tools for successful college planning. Topics will include FAFSA, scholarships, and financial aid. (Silver Lake) Sessions begin at 10 am, and 11 am.

Weapons of Influence – the Science of Persuasion: Researchers have been studying the factors that influence us to comply with the requests of others for over 60 years. There can be no doubt that there is a science to how we are persuaded, and a lot of the science is surprising. When making a decision, it would be nice to think that people consider all the available information in order to guide their thinking. But the reality is very often different. In the increasingly overloaded lives we lead, more than ever we need shortcuts or rules of thumb to guide our decision-making. Based on the classic text, INFLUENCE: THE PSYCHOLOGY OF PERSUASION, this workshop will explore the basic principles of persuasion and influence that can increase your chances of persuading others. (Silver Lake) Sessions begin at 2 pm, and 4 pm.

Dream Bigger: The workshop will review the steps of setting goals using SMART; Specific, Measurable, Attainable, Realistic, and Time bound. Discussion on how SMART goals can benefit each student in education, work and life. Emphasize will be placed on not only setting the goals but searching for the motivation and discipline to achieve the goal. It is not only about the goal but the journey and growing as an individual each and every day. (Delaware) Sessions begin at 10 am, and 11 am.

Dress for Success: The workshop will provide the tools to be successful in interviews and how to properly dress for them. A good first impression can make a world of difference. (Delaware) Sessions begin at 2 pm, and 4 pm.

Transition from High School to College: The workshop will provide tips for success as you enter your first year of college. It will include insider tips and tricks for academic success, social stability, and career building. (Sussex) Sessions begin at 10 am, and 11 am.

Veteran's Appreciation: The workshop will provide an opportunity for you to show your appreciation to veteran's in Delaware. You will be able to make thank-you cards and pictures to be delivered to the Delaware

veteran's hospital and VFW posts statewide. **(Kent)** *Sessions begin at 10 am, 11 am, and 4 pm.*

How Do You Define A Successful Career?: This workshop will be tailored for students interested in learning about college life in terms of general education requirements, career choices in business, planning for financial aid, looking for work-study or campus jobs, and internships. **(Kent)** *Session begins at 2 pm.*

Personal Finances for Life and Career: The workshop will be facilitated by Lauryn Williams, a 4-time Olympian, 3-time Olympic medalist and the first American woman to medal in both the Summer and Winter Olympics. As the founder of Worth Winning, she will share with you how organized finances and good financial habits will set you up for success. **(Ballrooms B/C)** *Session begins at 3 pm.*