



AMERICAN MENTAL HEALTH
COUNSELORS ASSOCIATION
107 S. West Street #779, Alexandria, VA 22314
703-548-6002 x108 www.amhca.org/conference

We are truly living out
our conference theme by:
RECOGNIZING the current situation,
REFRAMING our way of thinking about our
conference, and **RESTORING** the quality and
engagement that is unique and important to
AMHCA conferences. **UNITE** with us as we
adapt and push forward with new
innovations and perspectives!

PRE-CONFERENCE MONDAY, JUNE 14

12:00 - 4:00pm

E Considerations in the Treatment of Eating
Disorders with Laurie Cooper

IBH Understanding Psychotropic Medications
with Joseph Kertesz

T The Neurobiology of Trauma and Its Application to
Successful Treatment with Judith A. Swack

D Diversity Pre-Conference Title TBD

SPECIALTY AREAS

AMHCA's 2021 Conference Planning Committee is proud to present this
year's schedule full of much-needed topics including Trauma, Addictions,
Diversity topics including LGBTQ+ and Social Justice, and much more.

Please use this key to find presentations that interest you!

- | | |
|------------------------------|-----------------------------------|
| SU ADDICTIONS | IBH INTEGRATED |
| A ADVOCACY | N NEUROSCIENCE |
| CA CHILD & ADOLESCENT | SCA SPECIALIZED ASSESSMENT |
| CF COUPLES & FAMILY | S SUPERVISION |
| D DIVERSITY | TAC TECHNOLOGY |
| E ETHICS | T TRAUMA/CRISIS |

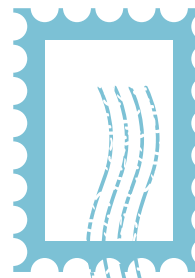


The American Mental Health Counselors Association (AMHCA) has been
approved by NBCC as an Approved Continuing Education Provider, ACEP
No. 1012. Programs that do not qualify for NBCC credit are identified with
an asterisk. AMHCA is solely responsible for all aspects of the programs.

UNITE!

*Recognize.
Reframe.
Restore.*

AMHCA ANNUAL CONFERENCE
PRESENTED VIRTUALLY
FROM JUNE 14 - 25, 2021





TUESDAY, JUNE 15

12:00 - 1:30pm

T Moving Trauma Informed to Trauma Responsive to Trauma Specific Services with Theresa M. McCafferty

12:00 - 5:00pm (2 Parts)

N What Mental Health Clinicians Need to Know About the Immune System with Peni Jean Gracefire

SCA Can I Do That? The Counselor's Guide to Psychological Testing with Aaron Norton

WEDNESDAY, JUNE 16

11:30am - 1:00pm

A Advocating Social Justice & Educating Future Social Change Agents with Devona M. Stalnaker-Shofner

11:30am - 3:30pm (2 Parts)

CA Getting Unstuck: Understanding Co-Occurring Disorders in Teens with David Flack

D Disordered Eating and Body Positivity: An Intersectional Approach with Lori Kucharski

4:00 - 6:00pm

E Creating Ethical Self-Care While Providing Client Care in a Crisis with Rebecca K. Rucker

T Telemental Health Counseling for Integrated Disorder Processing with Gray Otis

THURSDAY, JUNE 17

12:00 - 1:00pm

T Blindsided by COVID-19: Endeavoring Through Unexpected Death-Related Loss with Marcela Kepic

TAC Creating Community in a Virtual Training Clinic with Jessica Gutheil

2:00 - 3:15pm

CA Utilizing DIRFloortime for a Child of ASD and ACEs from an Immigrant Family with Hyangmi "Mimi" Kang

2:00 - 5:30pm (2 Parts)

SU A Multi-Faceted Approach to Cravings Mgmt with Doug Paul

4:00 - 5:30pm

The Spectrum of Suicide: Using Multicultural Empowerment to

T Understand Suicide Narratives and Foster Reasons to Live with Brynna Arnold

FRIDAY, JUNE 18

12:00 - 1:00pm

S Mentoring as a Supervision Technique with Daniel Amparbeng
T Supporting Resilience Skill Building During the COVID-19 Era with Raissa M. Miller

Keynote Session

2:00 - 3:30pm

Finding Inner Peace During Difficult Times with Self-Compassion Practices with Coralie Solomon

Keynote Session

4:00 - 5:00pm

UNITER: Realism! Authenticity! Wisdom!

with Kent Butler

MONDAY, JUNE 21

12:00 - 1:00pm

T Self-Compassion for Trauma Survivors with Shede Tavakoli
CF Family Interventions in Problem Gambling Treatment with Cheryl B. Almeida

2:00 - 3:15pm

T The Darker Side of Sleep: Identifying and Treating Trauma-Induced Insomnia with David Engstrom

TAC Progressive Muscle Relaxation for Anxiety, Stress, Pain and Other Disorders with Joseph Kertesz

4:00 - 5:30pm

D The Intersections of Marginality: Working with LGBTQ+ People of Color with Juan Eric Arevalo

D Are We Really Helping? Counseling Diverse Clients with Eating Disorders with Paula Edwards-Gayfield

TUESDAY, JUNE 22

12:00 - 1:00pm

D Mental Health Issues Impacting Disparate Birth Outcomes Among Black Women with Shoshanah B. Yehudah
D Effectively Working with African American Clients in a Small Practice with Angel Dowden

2:00 - 3:15pm

S Foundations of Supervision with Katie Ruscitto
D Being Mindful Behind Bars: Effective Approaches for Incarcerated Clients with Sara Pickett

4:00 - 5:30pm

SCA CBT for OCD: Restoring Freedom, Functioning, and Peace with Fredrick Dombrowski

SCA DSM-5 Resources for Differential Diagnosis with Aaron Norton

WEDNESDAY, JUNE 23

12:00 - 1:00pm

S Embodying Inner Resources to Prevent Counselor Burnout in the COVID-19 Era with Laurel Shaler
IBH Performance of Mental Health Counselors in Integrated Care with Dogukan Ulupinar

2:00 - 3:15pm

TAC Technological Therapy in Tough Times with Susan Meyerle
T From Shame to Pride with Christopher Checke

4:00 - 5:30pm

SU Impact of Military Culture on Mental Health and Substance Abuse with Katherin Williams

S Addressing Religious-Based Values Conflicts in Clinical Supervision with Anita Neuer Colburn

S Creating School-Based Mental Health Collaborations in Rural Communities with Tracie Rutherford Self

THURSDAY, JUNE 24

12:00 - 1:00pm

CA Spark Sessions: Condensed Therapy Intervention with Maya B. Galathe

SU SUD and Resilience: The Missing Link with Caitlin Senk

2:00 - 3:15pm

N Feed Our Body To Feed Our Mind: Nutrition as a Mental Health Intervention with Sophia Sills-Taylor

D Cultivating Cultural Empathy to Create Change in the Counseling Room with Sunnycho Teeling

4:00 - 5:30pm

E Vulnerability in Supervisory Relationships: An Ethical Imperative with Matthew R. Shupp

N Neuroscience-Informed Counseling with Children and Adolescents with Michelle R. Ghoston

FRIDAY, JUNE 25

12:00 - 1:15pm

CF Growing Pains: Understanding Parentification and Cultural Implications with Valerie Kuykendall-Rogers

S Increasing Connection in the Virtual World with Angel Golson

Keynote Session

2:00 - 3:30pm

COVID-19, Demographics and Mental Health: An Evolving Picture with Dr. Ipsit Vahia

